

The Awakening of the ONE downloads from the fifth dimension.

Awakening of the One, Downloads from the 5th Dimension

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Sonia Salinas

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Acknowledgments,

There is a Universal law of free will that states that the conscious mind is endowed with the power to choose; wistfully, many humans ignore it;

♥ Free Will is the Natural Act of Choosing One's Freedom. ♥

This book is dedicated to all of you Divine souls on planet Aria to inspire you to aspire to reach for your star. To become part of the rainbow bridge to guide humanity for a greater enlightened new Earth (Aria), you are timeless, one consciousness, do not dismiss from your mind that there is more than what you think you are.

As you contemplate your curious mind, Divine soul, whether you focused on the synchronicity that brought you to read this book, whether you are focused upon trusting your guidance. Know that it is all part of your heart's guidance omnipotent intelligence to remember only you can trust in the process. To love all, including yourself, no matter what, to remember who you are.

Namaste.

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Epigraph

Who am I, in the multiverse immensity of all,
Even the smallest wildflower divine essence of Light,
Time and space, Infinity within the depths of one's Heart
Timeless is the hour when eternity is ours.

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As above, so below!

When you look at yourself, remember,
The truth of the entire Multiverse is within you.
Love and Light, the forces of awareness live within you,
The mere light essence from the Creator of the Multiverse.

As Above so Below!

Light within Light without, deep in your darkness, you will find,
Your intention you will refine. The greater Light is within the mind eye,
The greater Light of thy cannot be denied. Therefore thine eye be single,
Your divine essence shall mingle; the whole shall be full of Light.

As Above so Below!

Your consciousness of being will oscillate the belief paired into the reality you will live
in.

In the name of the one Heart of all, divine Love guided by the divine self
within this book, you will remember,
Divine essence is who you are.
Follow your heart, find your truth now and beyond.

This book is dedicated to all of you Divine souls to inspire you to aspire to reach for
your star. To become part of the rainbow bridge to guide humanity for a greater
enlightened new Earth.

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This book refers to you all as the ONE and the understanding that there is nothing
outside of you and that everything you experience is a reflection of your subconscious

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mind. Your mom, dad, family, and friends are other versions of yourself, just as you are other versions of all that is.

You are not someone separate from the whole; you are a creator. It defines ONE as stronger than anything, like a super-powerful being. The understanding that ONE is everything and everything is ONE is as forthright as the ONE you think of by entering into multiple realities of perspectives and accepting them as part of oneself. It closes conflicts, undoes and defeats evil, dissolves fear by accepting it.

It promotes one being in a state of unimaginable personal expansion and not selfish; it would be wrong to act this way since you are everything. Express what ONE had learned, how ONE had been, and how ONE is where in the now. In other words, whatever ONE thinks of as limited or unlimited limits the conscious mind since perhaps for the unlimited ONE mind can be limited, which could limit the ONE.

I am you, you are me, we are ONE, in the being who exists, whether ONE consciously chooses to be ONE or not, is what defines all as the whole, as a source, and when you think of it, you are ONE and already here and there.

When ONE becomes enlightened, ONE refers to the feeling to become light as a feather, not as the programmed false version taught in schools;

“Enlightenment is a philosophical movement of the 18th century, characterized by belief in the power of human reason and by innovations in political, religious, and educational doctrine.”

Your entire energy life force is being manipulated to focus on a material and physical body by your own choice, causing you to anchor into a very low density of control and manipulation for EONS.

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Rather understand the reality of your existence here on earth is surreal, a dreamlike of a succession of images, thoughts, emotions passing through and occurring in mind on a conscious, subconscious, and while on a sleeping state.

Therefore you can experience an incarnation where the purpose of your new thinking leads you to experience each day with a sovereign and supreme action process. To fulfill your divine desires to be all you know can be, as the best self-expression of yourself aligning each of your vibrational experiences to move beyond your now reality.

May your heart frequency of love enlighten ONE's mind and Auric field forever wherever you go! ♥



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All you need is LOVE

Open yourself to the greatest powers on the Multiverse, LOVE, and nothing but LOVE! The power of LOVE creates worlds and promotes unimaginable personal expansion. Fear creates contraction. LOVE closes conflicts, undoes evil, and dissolves fear just by accepting it. All good experiences come from LOVE, and the bad experiences from fear; LOVE is real, fear is a program of manipulation.

Therefore, Love yourself, LOVE, everyone, and everything. Remember that everything comes from LOVE. LOVE is everything; LOVE is integration; if you don't want to use the word "LOVE," understand its vibrational frequency and its power to heal ONEself, that is the key and answers to ONE current experiences.

LOVE defines ONE as stronger than anything; LOVE is a real superpower; LOVE is all ONE needs to open new frontiers and new Universes.



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Greetings dear hearts,

Like many of you, the Pleiadian family incarnated on Earth through evolution and vibrational consciousness, the process to awaken as many souls on Earth and lead them into the age of Light.

I am grateful to my higher self, the closest part of God within me, for guiding me to be here in this group of multidimensional beings.

Allot unconditional Love to all sentient beings and creatures that breathe and respire in the Earth, Water, Fire, and Air. Especially for those that hurt others because this is the only way they know to communicate, and for that, Love and Light be within your hearts. Even if you don't know to differentiate good from bad and without judgment. Many blessings to you all.

Let your intent transmute the gross energies that may be before releasing them into space with harm to no one in the name of the five elements of life Wind, Fire, Water, Earth, and Ether. As above, so below sacred hearts.

For now, I cannot say more about myself because, in many ways, you are me, and I am you, and therefore, I desire to participate with you all to move forward to activate global consciousness for a better now reality. So welcome everyone involved in this conscious awareness, the one Heart of all.

Namaste!



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Love vs. Fear?

Beloved beings of planet earth,

Every thought, positive or opposite, vibrates the same level of frequency, and it also responds to the vibrational content of your inner being. It doesn't matter how many times a day you entertain different thoughts; they all manifest.

Instead, when you infuse your thoughts with your feelings, they will manifest. Therefore, your thoughts have to vibrate from the place that it is already happening, emotionally. We, your Pleiadian family, want to ask you to be mindful of your entertaining thoughts every now moment. Discern, be selective about your thoughts. Place your reliance on the nature of your Divinity.

You are a Divine miracle incarnated on earth. There is a higher power within you than nothing in this world that powers that. This higher power allows you to transcend the laws of time and space, the laws of physics and biology. In the power of your emotions, all you have is all you will ever need; all you will ever need is in your heart.

God lives in you as you are, within you; God alone is power despite outer appearances to the contrary.

Which thoughts would you choose to entertain fear or Love?

Before you answer, remember that you are Divine beings; therefore, Divine creators of your reality. What you hold within your consciousness as true will manifest externally in your reality, for there is no un-expressed consciousness. What comes from the place of Love will manifest just as well as its opposite.

Once again, we know all over the world events have taken control; the media's goals are to keep you frighten each day more and more. Use your free will, your spiritual connection; you are the source! Empower yourself to participate and embody your

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natural state of freedom. Avoid choosing uncertainty, turmoil not just in the now timeline but in all aspects of your lives.

We kindly ask you to listen to your hearts as for indeed there is a great power of awareness and true within each one of you precious beings and to ask yourselves; What is the truth I consciously choose to believe?

Do not disregard the waves that the sea creates. We ask you to make an empowered decision and choose the balance's side to remain upright and steady on your convictions. United, as the ambassadors of the human race, you are more than ever empowered. Guide yourselves at all times from the place of empowerment rather than fear?

Practice whatever method suits you best regarding your personal and global situation in alignment with unconditional Love, kindness, respect, and peace. Avoid following the old paradigm out of your programming reality. Instead, look for the positive side of things in the whole picture and feel grateful for the journey that brought you to this time and space. The blessings of humanity coming together for what is happening in the now. As for this is creating more united awareness across planet earth and humanity.

Bypassing or ignoring this low density of frequency would keep you in a state of disempowerment, a life of control and suffering within your physical and ethereal bodies. So instead, look for the positive side of the whole picture, feel grateful for the journey that brought you to this time and space. The blessings of what is happening in your reality create more united consciousness across the planet earth and your human family.

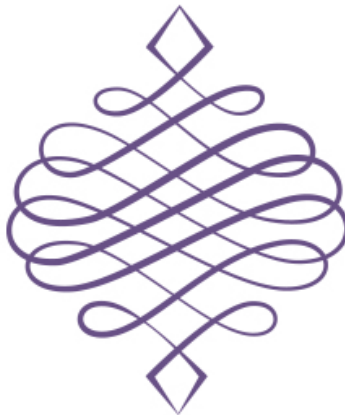
Your personal and global consciousness evolves into higher frequencies of truth, and Love, for the present forms of many ordinary ideas of expressions, will dissolve. The old denser energies that formed and held them in place would not be higher and lighter than the now extraordinary ascension of our beloved Gaia frequency vibration.

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Beloved hearts, there is no need to feel threatening about the now reality. The evolution of humanity is taking place; these processes are always for the best. Anyone who insists on perpetuating the ascension of humanity and its golden age, whether for personal or global gain, will fail.

The ascension of Aria and all her creations, the new state of higher awakening consciousness, and the evolution of humanity is your birthright. One cannot make something out of anything without paying for its consequences. The evolution of humankind and the ascension of Aria is taking place, whether some like it or not.

Blessings, beloved earthlings,
We are ONE with you in the NOW!
Your Pleiadian family,



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You are LOVE

Understand that the flame you are is burning, eternal, and should never go out no matter how bright you allow yourself to become. Understand that you exist now and that you always shall have existed because now is the only time of the only place and the only existence that is and always has, and ever shall be.

You are eternal

You are infinite

You are spirit

You are body

You are mind

You are heart

You are soul

You are an Idea

You are an expression

You are a thought

You are a dream of infinite creation, and that is real, and all reality is caused within your dream. You contained all because you are the whole expression and your own individualized way. You are the matrix. The matrix is you, you are everything, and everything comes from you. Everything gives birth to you, as you reinforce the existence of everything and everyone.

All that is the infinite creation, the fabric of existence, chose you, shows you that you should exist, and shows you consciously that you are in that way and therefore bless.

Understand that simply because you exist, you are blessed, for you are created out of divine material, out of divine existence. You are an infinite creator, and your existence is a conscious decision, a conscious thing, a conscious choice. Be ONE, be a like mind, respect yourselves, love ourselves unconditionally, for out of unconditional love you are creating, and out of unconditional love, shall you create anything you desire.

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Begin to hear the energy of the interlinking with all thought forms, all consciousness, all civilization, all eyes, all ideals, all minds, all hearts, all souls, all spirit is ONE.

You are ONE within that seed, whiting that too, know that you are the fabric of that essence of the galactic energy. No one of you, in that sense, can be removed from the matrix without the collapse of the entire structure. You are integral in that way; you are essential in that way. Understand that because you are interconnected this way, everything you do impact the entire creations. You exist in this way, and that your right is to be the most entire individual and Divine self-expression of ONE self can imagine yourself to be.

You always manifest all the things that you can conceive, that you are all that exists and has been given. Share all the love that you can imagine because LOVE is all that you are made of. You are the light you can create in your life because the LIGHT is all you are made of. Listen, feel in the beating of your heart keeping you close the pace, the rhythmic pulse of the spinning of all the galaxies, the fabric of existence itself of the Multiversal heart of infinite creation, for your heart beating love and that nothing is outside the heart of all that is.

You are the blood and the life force itself of God itself. It is your force and your life as well; you are, and all that is love.

Out of your dreams be borne,
Out and inside of your heart, be alive,
Out of your soul, be light, for everything you are,
LOVE, you are.
From my ♥ to your♥
As always, ♥



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The power of Love,

Whether it is a life-threatening situation or negative emotion, One calls upon it as One's object of attention. Instead, why not use the Life Force feeling within One's Heart and use it differently. Add to it the power of your imagination to create a new WORLD in your mind for everyone and everything that breathes and respire in the magnitude of the alchemical elements Air, Fire, Water, Earth, and Ether, when you trust in the power of your imagination and bountiful mighty Heart.

The power of LOVE overrides any program, including the most potent as "fear." As One uses imagination, One shift into the next parallel reality within the multiple provable possibilities within your quantum space anyway. The idea, thoughts, actions, and deeds, if One is continually calling upon the presence of anything as little to trivial or very important. Mind as well focus your attention to entertain the life force within the power of LOVE. Stay conscious of your emotions.

What are emotions?

EMOTIONS are biologically based psychological states brought on by neurophysiological changes, variously associated with thoughts, feelings, behavioral responses, and a degree of pleasure or displeasure. What fuses the emotional trigger?

Anything, it is time to awaken the mighty warrior; use your words, actions, and deeds to counteract despair's effects on humanity. For One's emotions, One is always responsible, refrains the use of negative frequency against others, especially those in power. The controllers want to continue to create more and more triggers. Making more wrong going around to descend your frequency instead of raising your frequency and ascending with the world. Their goal is to prevent ASCENSION and the awakening of humanity.

Mother Aria, "the new Earth," is no longer waiting; understand that there is a reason for all, and now is the time to WAKE UP. Perhaps the question is; How can I help when I feel disempowered?

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Kindly take a deep breath several times, close your eyes, let go of the outside noise, breathe, feel your Heart, listen to its beatings, tell yourself I LOVE MYSELF! I am grateful for having within me the most sublime creator of all. Science taught that emotions were in mind to dismiss the power of the Heart; in reality, the Heart frequency is all you need to shift into a new reality.

Tell your Heart; I love you, thank you for being within me teaching me that even when I am wrong, you are there for me, if I am happy, sad, afraid, unconditionally day and night, months, years, since the day we become ONE you ARE me, and I am you, my true LOVE that never gives up! I'm sorry, I took you for granted. Because I now know that you are the ONE that will change my body, mind, and spirit, so I can leave in the world I know exist for all I have to use my imagination and the power of the ONE Heart omnipotent, unconditional LOVE, LOVE, LOVE!

My beloved Heart, I recognize the existence of my truth, priceless Heart companion, immense support, and your unconditional omnipotent LOVE.

While entering your super consciousness field, trust your intuition allowing your precious Heart to guide you and assist you in communicating with the intelligent field of your quantum reality. The super consciousness is the part of you that connects to the quantum field; this is not a place. The quantum field is everything; there is no time; therefore, connecting to your superconsciousness will merge you in the quantum field. You will start to know new things, learn new skills. By awakening new abilities, your mind would open new potentials, the possible realities of the Divine that you genuinely are.

You will see the past easily and understand the future before it happens, recalling that the only limitations are those ONE beliefs when something is possible or not. ONE will realize the potential to dissolve all the limitations that had prevented ONESELF from being a superconscious being, LOVE, and LIGHT a precious Heart creator of ONE self reality. Tell yourself, there was a time I felt sufferer and powerless; then I look back and

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remember when I was a child, fearless, waiting to grow in the world of magic I knew existed in my Heart. Greater power to swim in the clouds, travel through time and space, and become anything I could imagine was my goal until I falt to sleep in this reality where nothing is real.

Still, what am I creating?

My beloved Heart, I remember that within my Heartfelt presence, I am exceptional, steady, I know, my belove Heart that at a rapid rate frequency, I can love other Hearts, like mine to Wake up, BELOVED HEARTS wake up. Tell them we are in this world TOGETHER, and we are ONE! No matter what, I know that I can reach and awake other hearts with mine outside of me, just by being myself to send my LOVE frequency to all that is.

All I need is to tap into my bountiful and mighty Heart to awaken the holographic fragments of other ONES and their original LOVE oceans source. To entertain a new timeline of probable sequences of harmonics of resonance frequency that amplify precisely the mathematical LOVE patterns as a new way of life and live in the name of LOVE and all its mighty expression for the rest of my physical existence.

Therefore I stay into my quantum reality space and say at loud:

I the ONE Heart I am, I revoke by the power of LOVE putting an end to the program of manipulation to free myself because LOVE is all I am and always be, a decree, affirming to myself that I am free always. I love you all!

Thank you, Divine hearts, for listening,

Always, ♥



Wake up to the manipulation called propaganda,

Propaganda is the communication primarily used to influence an audience, an agenda, which may not be objective and may be selectively presenting facts to encourage a particular synthesis or perception—using loaded language to produce an emotional rather than a rational response to the information that is being presented. Propaganda is often associated with material that governments prepare as part of war efforts, political campaigns, revolutionaries, multimillion-dollar corporates (big businesses), ultra-religious organizations, the media, and specific individuals such as soap boxers.

In the 20th century, propaganda was often associated with a manipulative approach. A wide range of materials and media are used for conveying propaganda messages, which changed as new technologies were invented, including paintings, cartoons, posters, pamphlets, films, radio shows, T.V. shows, and websites. More recently, the digital age has given rise to new ways of disseminating propaganda; for example, bots and algorithms are currently being used to create computational propaganda and fake or biased news and spread it on social media.

Be careful how you see and express those conveying to the manipulation agendas. When expressing your frustration and labeling them as S#*pid, Igno*#ts, or whatever you want to call them. You are creating more separation and forget that these brothers and sisters are in fear. Yes, it is wrong to accept a condition that is slowly robbing ONE's freedom; the more others accept to inoculate, the more control and death will occur on Earth.

ONE creates its own reality all of the time no matter what; your thoughts cause your emotions to emanate a vibrational frequency constantly, even at sleep. The Matrix is programed to magnify that which is entertained emotionally and responds to it at light speed. Therefore, everything ONE entertains emotionally is experienced through ONE's vibrational emanation of timelines.

There is a fracture of timelines in the now ascension reality due to people thinking and living in completely different mental realities even if they live in the same house. Those

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timelines, fractured or not, mostly go in two directions, positive or negative. Those who believe in the Matrix manipulation imposed worldwide. And those who follow their own heart's truth for freedom for the greatest world to all Divine souls on Earth will decide their fate.

Understand those who are participating in the global manipulation out of fear are the ones who are sacrificing themselves for others to wake up and stop this mental, emotional battle among humans. Someone recently told me:

This is a shitty world to live in, I'm sick and tire of all these going on.

I responded: I Understand!

Of course, we all desire within our hearts to be happy without fear and bad news all day long. It would not help to tell that ONEself is responsible for their deeds, actions, and creations. Each ONE chose to take this very incarnation at this time of ascension to assist mother ARIA, the most excellent opportunity to free once and for all, our human tribe. No one said it would be easy, and no one will rescue you people, not politicians, not religious leaders, and certainly not Galactic Federations!

Governments and religions won't; they are the ones causing the problems, not solving them! They want humans to be more dependent on them, causing problems to sell you the solutions! Did you know that while your mind is tired of being in survival mode? Those in control are working behind the scenes to present you a group of physical E.T's with the idea of saving humans and solving catastrophes due to the global warming situation they create in the first place? Their objective is to take your freedom in exchange for their miracles.

Many humans who channel higher dimensional beings like the Arcturians, Pleiadians Andromedans, Blue Evians, Antarians, and many more. Know that we can communicate with them due to the higher vibrational frequency it takes to channel them. Many people worldwide constantly raise their frequency, in their communications to them such as Oracles, Mediums, Clairvoyants, clairsentience, etc., to deliver their

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messages from their hearts. You all can use your hearts to open communications with beings of higher dimensions.

Therefore it has been clear that no ONE will help us to change our reality but ourselves. These beloved beings from other planets diligently communicate through many on Earth in order to free the minds of the collective from oppression and warn us of the dangers of not making decisions for ourselves.

Did you know that we all have to disobey collectively to win this game? Everyone right now is responsible for freeing our future, responsible for what's about to happen, and you will have to explain yourself to your children and grandchildren if you would be willing to take the risk in the name of global freedom.

To stand T O G E T H E R means to say NO to manipulation and whatever takes your free will. To say thank you to those inoculated souls out of fear, for without their sacrifice, ONE would not be here paving the road for others to wake up to the truth of being an example to others. Everyone will eventually depart from this physical world; the difference is leaving physicality fighting for our human rights as Lions or sheep; what would you choose?

Do not ever underestimate the power YOU ALL have as individuals and as a collective. Remember that to disobey collectively will create a new reality base on power vs. fear for all in the world. Human power is the most effective option available to stand brave without fear. YOU are the weapon. The only weapon those in control fear is your awakening; that is why the fear program continued to increase.

Why do you think the oppressors try to get rid of humanity so drastically? Because we are dangerous to them because we are a threat because it is them who are afraid. So rise, T O G E T H E R for once and for all! They are nothing next to who we are. This is the moment to show them and show yourself your full strength! If we do this right, this could be the most magnificent moment in the history of the human race.

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Fight on! Use all the might, fire, and light you carry inside and put it to use, in whatever way your know-how! This is an opportunity like no other to revolutionize life on this planet. Take part and push on for freedom! We CAN turn the tide!

Mahatma Gandhi said;

"Non-violence is the greatest force at the disposal of humankind. It is mightier than the mightiest weapon of destruction devised by the ingenuity of man."

"Non-violence is not a garment to be put on and off at will. Its seats in the heart, and it must be an inseparable part of our being."

"Whenever you are confronted with an opponent, conquer him with love."

To win confrontations, ONE must use the mind, not the emotions, not fist or weapons. NO violent, but intelligently, peacefully, and intelligently educate others by spreading the truth without stopping. ONE can start a big chain reaction; that is all it takes for ONEself to be brave and not afraid to oppose evil. Remember that we all are responsible for giving our consent to others to make decisions on our behalf. Wake up, Divine Humans; if you are reading this far, you are part of the group of individuals called the opposition to continue disobeying the agendas imposed to destroy sovereignty.

It all starts with ONE taking off the face masks for all others to follow; it starts with ONE saying NO more jabbing to our children and our families, do not fear. March on with dignity—utterly fearless, utterly unshaken, beautiful, utterly divine YOU. Remain you until the end, no matter what. Because you cannot ever be anyone else but YOU, that is what they fear, and that is all you will ever need! Outsmart the oppressors gather the fire to stand up against them; everything depends on it. On your fire to stand your ground, to resist, and rise! Do not EVER give up. Enough is enough; collective disobedience is the key!

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Please pay attention to what those in control don't want you to see; it might be what they're trying to make you not pay attention to beware of distractions; look carefully at everything being censored and removed from social media. Make aware others of this obvious truth; the more united we become, the closest we get to shift the collective consciousness.

Divine souls listen to what in your heart feels like expansion and not what feels like contraction of your supreme beingness. I love you all wherever you venture in time and space.

Always,♥



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Divine Humans,

Many souls on Earth played the incarnation game with the desire to experience this magnificent reality in planetary and human history. After 25556 years, it is time for a new evolution, the revolution of a new Ascension as the new reality, the new Earth Aria a new legacy for all citizens on Earth. The promise of new fulfillment and transformation of your Divine blueprint is now the new human awakening.

Ascension is not a spiritual new age concept or some lofty theory for humanity to believe. Still, the evolution of consciousness and biology within a multidimensional natural awakening of the spirit to remember what has been forgotten, a reality of the rising evolutionary consciousness and biology. Sadly many human lives leave with their consciousness confined to the limitations presently imposed by your physical body and those controlling your minds with fear. However, those limitations can be released as self-as-soul awareness begins to entertaining and experience a new reality of freedom.

How could you experience a new reality when your attention in the lower density of manipulation and control as part of their goal to deviate your attention from your intention to remember your sovereignty?

The purpose of ascension is not to awaken your psychic powers to sell yourself, even though everyone has psychic abilities. Unfortunately, many don't seem to care about it. Withal expanded perceptions and abilities to look beyond your physical limitations, believe in your day-by-day as the creative possibilities to experience a daily life to the best of your knowledge, and transcend the mundane of the 3D tyranny that existed every time incarnated. To rediscover the wonders of your power as the divine union from your subatomic particle, you are the Multiverse living in harmony, love, unison with all sentient beings and your fellow human tribe.

It is a reality that the new Earth, Aria, is rising into a higher frequency of vibrational resonance. Therefore, only those resonating on the same frequency will experience that reality because one cannot perceive something with a different frequency of resonance.

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In higher dimensional frequency, love is the expression for all sentient beings. The time is now to speak and act with love hertz frequency without ego or expectations. Love is the highest resonance of Hertz. Love heals and opens the door to the highest realms. On the other hand, fear, hatred, jealousy, manipulation, revenge, biological wars of the genome pool's destruction resonate at a lower Hertz. Many are trapped in a lower vibrational hologram; therefore, those negative souls can exist only on the lower frequencies.

Many have forgotten that you are worthy, resilient, loving, powerful, and more; you are the subatomic particle that creates new realities, a new world, a life of sovereignty and willpower. All you need is to use your heart all of the time to open the portal that will transcend time and space to shift your consciousness, and only you can decide how long is enough for you to wake up! Create the reality you feel can exist in your fifth-dimensional self within your hearts, exists and continues to prevail for you and humanity's betterment that is the focus of your purpose goals. Understand that you believe in too many things but know very little about your vessels.

Let the Matrix be; shift your attention to your intention to see and experience your heart desires because you are everything, and everything is you; let your magic manifest without letting others interfere—especially the outside of you, the Matrix world that consumes your inner peace. Remain calm, detached, love all that is no matter what; understand that ascension is to free your minds and all sentient beings through your self-expression as Prime Creator, love, and light are the powers of your heart. You all have the capacity and ability to create the reality you want to live in, a world of abundance and true freedom.

Ascension is the opportunity of a lifetime to awaken your minds and hearts, so don't waste it by playing it safe and sticking to your comfort zone. Instead, you will be encouraged and motivated to challenge yourself every day if you want to unveil your true potential because as long as you only do what you're comfortable with, you'll never find out what you're capable of becoming.

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Whether or not you view and understand ascension and multidimensional evolution, these are the bases of humanity's natural birthrights. At the same time, your consciousness is alive on the hologram you create to experience Earth as part of your reality, even when many hadn't chosen to do so until passed out of physical life form and into the multidimensional spirit world. Know that your incarnation's natural Divine process is immortality, freedom from death, disease, and suffering.

Citizens of the planet, you were born free, do not hate those extensions of yourself; to do so is to forget that they are here doing their part just as you have to do your part and decide to be controlled or free. Visualize and dedicate daily 10 minutes or more if possible, focusing your involvement in how you want your desires to liberate your spirit since you as the Universe have the ability to orchestrate circumstances and events to create your reality moment to moment.

Imagine a world you want to live in, free of the wrong and full of bliss and joy for all; play with your alchemy. Breathe three times the divine spirit of Air, feel its vitality in your lungs, be thankful for it, let your heart connect, and emanate love for the Air's participation in the vision of your desires in the new world.

Think of the water as the most precious life force element on Earth, and just as everything around you is a reflection of yourself; consider the water teachings to navigate in your reality. Know that when water is trapped, it always creates a new path to continue flowing free, how water can clean your body and hydrate your cells and organs for optimum health. Acknowledge her divine intelligence, let your heart connect, and emanate love for the water's planet participation in the vision of your desires in the new world.

Fire element might be difficult for many to understand its divine magic. Trust in your heart understand its intelligence. For example, feeling for another, the passion, a kiss, or feeling of warmth usually emanating from the pelvis spreading throughout the entire body as a precious orgasm. Understand the Fire element within, let your heart connect,

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and emanate love for the Fire participation in the vision of your desires in the new world.

Now, acknowledge the most beloved element ever existed, the Universal archetype of the Divine feminine, our Divine Mother; she chooses to be called "Aria," the new Earth version of herself. Think of Aria's spirit of abundance assisting all 24/7, feeling grounded and connected if you only know how to use your root chakra. Since all that humanity entertains and creates affects her for good or bad. Think of this for a second all of humanity is connected to Earth's bountiful vessel's synergy.

All you feel and express affect the Earth. All living organisms to sustain their lives the Earth provides, holding as part of her the Divine intelligence and magic of the elements of Fire, Water, Air for all that breathe and respire. Hold your vision of gratitude and love for the New Earth fifth-dimensional reality, especially on Earth's DAY. In your hearts, visualize the place you want planet Earth to be. Let your heart connect and emanate love for the Earth's participation in the vision of your desires in the new world.

How to experience a New Earth vision of the Fifth Dimension? Since most of all, humanity entertains others negative agendas. When you think of the New Earth gradually, One moves one consciousness into a quantum reality as the most excellent version of oneself because you all can. All you have to do is use your heart and

BELIEVE IT!

What are you waiting for, my beloved children on Earth?

I am mother ARIA, the new Earth reminding you that you are infinite and eternal beings living for eternity throughout the process of ascension. From the Nonphysical, you created your holographic reverberation, just as I create the new Earth version of myself. Let these be the thoughts that create and govern your attention but what others decide and dictate for you.

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It is time to move on, forgive from your hearts, and love, especially those who lost their way to be in unison? You have the divine power in your hearts to create your own realities and make a new intention to transmute those objects of attention to experience the fullness of the divine of who you are, to activate by setting motion, and take up again to be anew, wake up my beloved!

Let your consciousness and swirling vortexes awaken your new realities based on love, connection to one another. As we all move into the fifth-dimensional version of our immeasurable love, feel all that is, remember who you all are, wake up from the dream state you have been kept for quite a while.

Together wake up to the new realities of ascension. The desire to see your new version of bliss, where there is no suffering, limitations, sickness of the mind and body because you believe in it since you create your reality all of the time. Your divine heart intelligence frequency is the portal of your new consciousness as the way to ascension to take you where your thoughts couldn't.

You all have the power to function daily with the love frequency and not the opposite, fear frequency. When you Love unconditionally, your love frequency transmutes, transcends, and creates an oscillating force applied at a dynamical system's resonant frequency. As a result, the system will oscillate at a higher amplitude than when the same force is applied at other non-resonant frequencies. But when you separate from the heart structure, a synthetic version of your reality Matrix creates a synthetic life experience on your reality. Understand why humanity experiences many synthetic realities as timelines based on control and fear because it is a distorted version of the omnipotent heart structure.

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Each April 22nd is a new earth day, a new rebirth, a new ascension, a new portal of the fifth dimension, a place where you all are free. Yet, not all had chosen to shift; many had decided to stay and experience that which is now. I bless you all, I love you all, and I wish you the best in whatever reality you decide to stay. I bless your courage and the example you are to liberate the minds of those to continue awakening.

The new reality of ascension is where we all can co-create from the frequency Hertz resonances of your heart omnipotent love. To be united, open your mind, love, and help others take control of your mighty vessels, stop the nonsense in your now realities, move on and let go. You have the key to freeing yourselves and others in your hearts, minds, and spirits.

Be present, enjoy each new day as this is a new beginning to live in your now as if we're the first and last day of your existence. Within your heart's resonance, you will find the power to teleport all of you and your families; the fifth dimension is closer than you think. The fifth dimension is not a new reallocation; it is a new consciousness and a new heart frequency that will open the new portal of your ascension.

The new consciousness already exists. After all, you believe it because you are ready; consciousness is your new path. So go and create new realities for all that breathes and respire in the Air, Water, Earth even Fire. Create within your hearts a new version of yourself and me for all that wished to be free. You have to believe that this is possible to achieve the simplest task of moving forward into the fifth dimension.

All sentient beings, be free, chose to co-create a new version of ARIA, the new Earth, a new era, a new connection with all beings in the Multiverse. Other planets and galaxies interacting with you all, this is a

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new reality of interaction based on respect, love, and action taken to assist others the same way other beings outside the Earth are doing with you.

So wake up to your new reality because you want to be free and be part of the new exciting reality. Believe in your love, consciousness, and trust from the divine and mighty frequency of your omnipotent love, man and women, with all your beingness.

Love yourselves, be yourselves, help each other, unite, open your minds, be the supreme rulers of your hearts you were born to be. I am looking forward to connecting your hearts with mine, not only on April 22nd but always. Stay in a positive resonance, and positive resonance will come to you. Remember, your reality is a mirror image of your consciousness. So create from your heart, be kind to another and be love. So love shall be with you. I love you, I have been waiting long enough, I am alive, and I am moving, ascending, I am light, I am love, I am Aria, mother Earth.

How can you know if you are moving towards the Fifth Dimension?

If you are reading this message, you are entering your awakening timeline process and ascending because one cannot perceive something with a different resonance frequency; one is not vibrating. Share your love; the more humanity dreams of the New Earth; the faster humanity will shift by letting go of the now sad reality.

I thank you for open your minds, from my heart to your heart.

I am you; you are me.

We are ONE,♥



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Wake up! Divine Souls on Earth,

Suppose your consciousness and perception of reality are limited by what you have been told or taught. In other words, a small consciousness. Then, your reality and your Universe will be only the right size to fit your small consciousness perception of reality. If you have a more expanded consciousness and perception of your reality by questioning all that you have been told or taught, in other words, broad consciousness. Therefore, the Universal mind reality will consequently be more expanded.

The greater the awareness, the greater perception of reality, just as the smaller the awareness, the smaller perception of reality. Science is controlling everything since you and your family have existed, in other words, for thousands of years. There is a reason many skeptics receive the information given by many from all directions. It is difficult to assimilate it since many concepts don't fit in their programmed minds. That is why the greater the awareness one is open to, the better the reception of new data.

Many in control at this very moment are keeping your minds distracted from what is actually going on; it is a fact believed or not, the earth is shifting consciousness, and the more fear and control has been paying on the news and T.V. channels, radio, etc. The more humanity is in the stand by thinking, hoping, and believing that this will come to pass and that soon all will be like before.

Sadly, while many are in their houses keeping quiet, waiting for?

The longer one waits for someone to do something? The sooner you will find yourselves in the corner by those with dark agendas. Those in control are moving at a very rapid speed. It is time for you divine beings to WAKE UP to take control, you may think;

I'm nobody,

What can I do.,

How can I go awakening others?

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The answer is none of the above is your limits nor your task to awakening others that want to experience this subjugation of their human rights. It is time to become determined and proclaimed your right to be here. Humans of planet earth reaffirm your faith in fundamental human rights, dignity and worth of the human person, equal rights of men and women and nations large and small, and promote social progress and better living standards in considerable freedom. Those in control have one goalkeeping you in a small consciousness for their gain and benefit.

Humans reconstruct your new reality,

Not of your political nor the crown etc., is going to save you but exterminate you. So instead, no one else but you have to take the stand by reclaiming and regain your sovereignty and honoring your free will to obtain your Divine God right to be free for real.

Did you know that you can revoke the right to belong to the state and free yourself from being treated and sold like cattle? So, that no one can impose their agendas on you ever? You have control to stop your government from preying upon you by threatening and harassing you, making you fearful, causing you mental, physical imbalance, poisoning the air, water, and earth.

Do not deny everything you cannot comprehend since all you learned since you remember is only a program to control by leading you to failure; science, governments, churches are here to decide for you by leading you to their will for their gain and power.

Those in control of the earth have implemented highly efficient discrediting systems against a person who falls outside the accepted science frame. Many had experienced confiscating their unauthorized works and advances, even at the cost of losing their precious lives. Mental control is what controls humans. The mass media is the most efficient method of program mind control. It all reduces to say that humanity is the Matrix itself since each person feeds the Matrix according to oneself emotional state. Your thought and emotions create your reality, and from this very potent and yet subtle

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program that controls the Matrix finds any small level of frequency you are emanating within your emotions and thoughts;

Example;

How can I pay for my leaving if I lose my job? The Matrix finds scarcity at the speed of light (this is the main task of the matrix control) and projects more oppression into your reality by giving you more you don't want to experience. At work, it has been announced that most employees have to be inoculated; otherwise, employment will be terminated.

This is a sad reality for many in our neighboring country; know that you are human NO MORE when you accept being inoculated. The substances added to this are for deterioration, manipulation, and termination of your human existence.

Divine-human race,

The reality of the entire creation lies beyond this visible world, and it is concealed within your hearts. The loving intelligence and creative power beyond dimensions have always been inside of you. It is time to take a stand and radiate unconditional love by avoiding the support of the slathering of farm animals, which in any case, only lowers your frequency and keeps you trapped in the 3D lower density. Since these poor animals' souls have been altered to carry many chemicals to alter your cells, especially at this time, those in control their goal is to depopulate the earth.

Many have chosen to travel to the earth to incarnate and experience the miracles on mother Aria, "the earth and her divine mantle." to breathe, eat, swim, drink her waters, even feel the fire's heat on the cold dawn.

Many arrive to connect with mother earth energy with the promise to create a better world TOGETHER, flowing into a fifth-dimensional world where all humans feel and love and respect and help one another to make the world a heaven on earth. Wake up, humans. Understand the natural state of manifestation into a matter of an etheric being is to become fifth dimensional.

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Your consciousness turns on and off your genes and creates new ones; only YOUR genes control your genes. Do not let external forces inoculate your families unless you understand to become human NO MORE. Instead, be a new reality and experience what you want to see.

Humans, what are you waiting for?

Your consciousness is the key, and this is how the Matrix is controlling your reality.

YOUR attention is what manifests your reality.

YOU create your reality all of the time!

Your attention creates your reality.

Your mind consciousness is the key!

You are not limited artificially; your beliefs limit you, and those in control cause this human mental programming. In other words, the only things that limit humans are the ideas or beliefs that are limited.

Consciousness is not in the body; it works through the body. Therefore, you are not there; you only perceive there now, and it cannot be contained.

To renounce this manipulation, understand your human rights is to release your mind and allow the glorious creativity of the mind that creates the Matrix to be transmuted into a reality of peace, love, and abundance in your minds, bodies, and spirits. Your hearts LOVING power frequencies to awaken your beloved race just by accepting that you are being controlled no more. So let it go and move on into the probable capabilities of your conscious choices, creating a new reality based on Unity, peace, and love to all sentient beings on earth and the multiverse.

The good news is that the programmed Matrix to control the earth for thousands of years is failing, creating glitches due to the lower potency; therefore, other alternatives programs for manipulation based on fear set in place like the one going on since last year. Understand that the Matrix is you, and you are feeding this machine with your

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frequencies and emotions of negativity, disconnection, disbelief, separation, hate, gossip, resentment, disrespect among yourselves.

Believe more in the program that there is air sickness going around the world and that you must be two m. apart and cover your face?

Instead, change your belief that you ARE the key to reverse this program to find the solution, use your creative power's intelligence since you create realities every moment of the day. Instead, create the reality of being free in a world filled with cooperation advancement to benefit yourself in a bigger picture to ascend as ONE human race. You don't have to go after others to convince them of your new beliefs. You have to keep going yourself by believing that you are the ONE who will save yourself is to save others.

Expressing the universal language of love is the most powerful tool you have to terminate the Matrix within each of your hearts. The very nature of the Universal Creative power is you. Like the lights on a Christmas tree, when a bulb turns on, the others will follow. Therefore humanity will experience their freedom by becoming the state of mind, soul, and body that controls new and positive realities. Altogether, you will succeed, separated you will fail.

Know that not all humanity is ready to shift their small consciousness into a broader consciousness, which is why it is imperative to be kind to one another, respect, love, and consider their important choices as you consider your own.

People's subjection to alien subjugation, domination, and exploitation constitutes a denial of fundamental human rights. It is contrary to the charter, an impediment to the promotion of world peace and cooperation. Humans have the right to self-determination; by virtue of that right, they freely determine their status to pursue their development.

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The control for the inadequacy of political, economic, social, and educational preparedness should never be a pretext for delaying and denying independence. Yet, all have been a HUGE program of MANIPULATION. WAKE up divine beings; you are most of all creators of your reality, and therefore you have the power to save yourselves and your human tribe. Life is changing; growth is optional; choose wisely.♥

I thank you for considering these words I have offered; let the intelligence of your hearts be guided. May all lives be the magnificent presence throughout your Heart, desires, and requirements to make the difference during the now reality.

Ha Ta Ra Sa
Be Divine Forever!



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Divine Humans,

We, the councils of nine, love you very much; beloved ones, you have an anamorphic perspective of this continuum of life. It denotes or relates to a distorted projection or drawing that appears normal when viewed from a particular point or with a suitable mirror or lens. Most humans believe that you come into these bodies and live for a little while, and you get it right, or you don't, then, ONE leaves physicality, when really what is happening is you are eternal. You never really leave.

And even when you are no longer alive focused on your physical bodies, you are still conscious and focused on what's happening here on Earth. There is a collective consciousness that is so interested, so eager about everything that you all are about. And that Source Energy is what Man wants to call God. You all have direct access to that. The future self is based on your consciousness molecular structure's vibration rate from where you can tune in a particular and specific timeline accordingly to your consciousness. This perception is different from anyone's experience. If your body consciousness resonates: your thoughts, emotions, and deeds create a gravitational field, then one projects a holographic imprint on one's now, new reality.

When running on a specific frequency, whatever timeline you choose to go into the now, you run into the now, based on the vibration of the consciousness the body is running on.

One won't be able to teleport consciously and create a new reality that one can't match. Since one has to be in alignment with the timeline portal, ONE desires to experience. One will not be able to go through the new portal because it's a frequently energetic resonance field match. That will not allow you to pass through unless you vibrate at the rate of that frequency of vibration you want to experience; your emotions are the main factor combined with all you create.

When you create a sonic vibration through sound, emotions, thoughts, and deeds, it becomes like an elastic band starting to imprint fractally and mimicking itself because

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consciousness is a mirror image. So, your thoughts, emotions, and deeds, created since consciousness is created from vibration sound frequencies that are combining to similar vibrations through a trinity, creating a plasma and gravitational field in the center of your teleportation reality based on your moment to moment new opportunity to create a positive outcome or recreating a past negative outcome.

Everything from the past, years, months, days, hours, and seconds has nothing to do with your now reality, which is a brand new opportunity to transmute everything from the past, years, months, days, hours, and seconds, when you understand to let go and move on the process.

For example, when you move your hand right to left or left to the right, moment to moment. You are imprinting everything you physically see in your now reality by shifting yourself to a brand new hologram of the Earth by collecting the same frequency vibrations or similar by taking it back into your consciousness and projecting the same momentum by mimicking the previous vibration of reality.

By taking the vibration from a past reality and bringing it to the now by shifting and reprinting it to the next earth moment, one moves on, moment to moment, into a new version of oneself.

What is a quantum portal?

Quantum portals exist at a zero-point frequency; that's why they are called "quantum portals": they can't exist until you push the button as a portal generated on-the-fly projecting from your etheric field portals. This is how instantaneous healing happens by understanding that the past no longer serves its purpose from moment to moment. ONE shift into a brand new parallel reality filled with brand new opportunities that oneself imprints into a completely different new timeline.

Instead of ONE living in a permanent timeline created by oneself, of an outcome from the past in the now. One can create a new timeline of new opportunities based on the

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let go of the past and move on in the now of one's new quantum reality based on the heart frequency of vibration of gratitude and forgiveness since it is with the frequency of the heart frequency vibration that communications will happen in the fifth dimension.

When someone is upset about something experiencing in the past, years, months, days, hours, and seconds ago, this has nothing to do with the new hologram version of oneself moving into infinity moment to moment. Understand that one becomes a master alchemy creator. One creates a brand new world from one's reality; the goal is to stay steady on understanding one structure by reprinting, creating a brand new world, and brand new realities. In doing so, this will create a permanent timeline of an outcome.

You are ONE with all divine sources of existence; let the omnipotent love and light be the Divine Presence in your daily lives. May all this be for the benefit of all sentient beings everywhere and in all the multiverses, so be it.

We thank you for listening,

♥The Council's of "9"♥



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Heart Intelligence,

Ponder on this; when someone creates a thought that is projected, one now thinks. So, it's not possible to separate the thinker from the thought because the thinker thinks a thought, and then the thought thinks and becomes a thinker, and then the thought, that was a thought that is now a thinker, thinks another thought, which becomes a thinker, also.

Something to consider, the future is not less than the past; the future already exists somewhere "out there." Otherwise, it could not send waves into the past, which is the present, and the one future already exists right now in this very moment.

And so, there is a constant summoning of Life Force. Now, a thought that is thought longer becomes "Thought Form." A thought that is thought upon by many becomes "Thought Form." In an apparent undiluted fashion, a thought that many think upon, as from a nonphysical perspective where there is no resistance, becomes physical matter.

Remember divine consciousness.

You are the subatomic particle in the quantum space of your multidimensional probabilities in the now.

Within you, the subatomic particle exists; your fantasies, desires, and reality like; Money, wellness, Love, happiness, and freedom. It has existed since you decided to incarnate this reality. This subatomic particle also represents the things you DON'T want, scarcity, lack, limitation, feeling stress, or sick to depend on others for freedom. Your attention is what turns that subatomic particle into everything you experience in your life right now. Did you know why your attention is creating everything you don't want right now?

Who is distracting your attention?

Who is directing your attention?

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It is not about mastering to manifest, nor learning new manifestation techniques. You are already manifesting every day, moment to moment, even as you are reading right now. You create your own reality always by getting what you want, no matter what,

Just as when you rapidly go from limiting yourself or quickly become UNLIMITED.

That's why the physical universe of each person is a by-product of nonphysical attention or focus. The Nonphysical Energy that created this physical mass from the Energy of the one universe, the mass itself, now becomes a thought that is thinking and attracting the Energy.

Therefore, one becomes what has been entertained via thoughts and emotions; moreover, everything one thinks, feels, and beliefs are drawn into ONE's life. In other words, one becomes what one thinks. This is not about guiding anyone toward or away from anything.

Consider making all of your decisions about your desire to discover the way to achieve your desires from your Heart.

According to stoicism, people do not suffer because of the things that happen to them but because of their thoughts about it. Irrational thoughts cause negative emotions, such as irritation, fear, disappointment, jealousy, and guilt. These kinds of emotions do not have any positive function, cause a lot of unnecessary suffering, and it can be rather destructive.

Seneca once upon a time said;

We suffer more in imagination than in reality.

Living in the 'now' is one of the most important prescriptions of Stoic practice, which teaches us not to flee in the past, not to turn to the future, and not to be carried away by sadness, fear, anger, and desire. Instead, to live in the moment in which everything can be tolerated and changed.

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The idea behind stoicism is that your will has to merge in the necessity of destiny. It is not for us to choose the things that we have no influence on, but to accept the reality as it is and to change what we can: opinions, desires, and aversions, including making choices without unnecessary insecurity and worrying in advance without senseless regret and guilt feelings afterward.

The greatest obstacle to living is expectancy, which hangs upon tomorrow and loses today. You are arranging what lies in Fortune's control and abandoning what lies in yours.

What are you looking for?

To what goal are you straining?

The whole future lies in uncertainty: live immediately.

Divine master of your reality,

Let your universe bring you comfort, all the healing you have been seeking for; let your universe bring you alive and awaken to the world around you, and you will awaken to yourself.

Your perception creates your own consciousness. The universe within Heart wants you to open your portal to soothe you, to heal your fragility, and it is waiting patiently to let go waiting to help you when you let go of the mind. Knowing others is wisdom; knowing yourself is enlightenment.

Open your Heart and nurture your soul. Your Heart's intelligence wants to teach you a different way to communicate a multidimensional and Multiversal language of joy. One of unity consciousness, One of Love and Kindness, your Heart wants to teach you a new frequency of vibration to travel through the vastness of the multiverse.

Your Heart desires to show you things you forgot, to help you become anew than you have ever been before. Open your senses, trust in your Heart to walk out of your mind

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the portal that keeps you concealed in a permanent timeline where only you are capable of shift as long as you decide it.

Your Heart will guide, show, and lead you to that which is unknown but pure unconditional and omnipotent Love. You are your own Heart, your own universe. You are the divine subatomic particle of your reality.

From my Heart to your Heart.

Love is all you have, and all you need is Love.

Namaste!



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Divine incarnated beings of the light,

It is time to consciously let go of your EGO mind, look around your families, your human tribe wearing a mask, preventing you from connecting Heart to Heart by keeping you two meters from one to another.

You know that fear is the game in your hearts; fear is the key since many do not know better what is really going on. Instead, no one asked permission to manipulate you. It has been set in motion, imposed by the dark ones. We said; the time to let go of the mind and let the hearts connect one to another is a new way of living and heal and free yourself because the heart frequency is real; you all know love will overcome any obstacle.

Practice your loving skills, even if it metaphorically takes you to become a puppy love. Your pets are the mere example and expression of unconditional love. They already live in the fifth dimension long ago, for they will follow you unconditionally even if you harm them or forget that they are here to show you how to love.

Many have said the time to let go now, the time to remember who you really are, is time to AWAKEN now. Many have to learn from what is going on at this time. These divines, brothers, and sisters have to experience this reality to learn and become anew on their next incarnation. This is why it is imperative that you get used to practicing heart connection to stay away from the manipulation system no matter what is going on.

This doesn't mean that you are the family's black sheep, the different one, the difficult one, but the awakened ones starseeds; brothers and sisters. It is time to remember why you are here to lead many into the GOLDEN edge.

Many ignore the Euiago cycle is real; this is a 26,556 years Harmonic Time Cycle, through which a planet evolves through the 3-dimensional bands of one Harmonic Universe (HU).

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We are now approaching what is called a set of Stellar Activation Cycles, as part of Earth's 26,556 years The Auric Field of the PLANET and those of Earth's populations are undergoing TRANSFORMATION, and you can see this with some of the "natural disasters" happening now. Your body and your consciousness are composed of ENERGY PARTICLES. You will ALSO undergo this particle transmutation when the PLANET approaches to transition and transmutation of some of ITS particles (happening now).

Just as only PORTIONS of the PLANET 'S particles will be able to transmute and ASCEND into the next DIMENSION UP through what is called a morphogenetic WAVE, only portions of the HUMAN population will be able to TRANSMUTE and ride with the PLANET on that wave of ASCENSION.

All this already happens divine humans wake up do not allow any longer these manipulations. Earth had not been able to hold 12D frequency for over 200,000 years. Unless we complete the work that Jesus started but did NOT complete, we will have to re-incarnate for another 26,556 years to have this opportunity again. Your DNA is connected to the Earth, so think, what is it that you are vibrating?

Inoculation is a set of methods of artificially inducing humanity against their will into various infectious diseases for control. Their motto is; inoculate YOURSELF so you can be free? Reread this again to inoculate an individual to set them free? Or stand together by BEING APART? Please WAKE UP sacred hearts; your sovereignty is at stake.

Share your love is all you can do at this time, do not judge but love, do not fight among yourselves LOVE, LOVE, LOVE.

LOVE will conquer all!

When you love, you will be the catalyzer that starts shifting and taken your human tribe into the fifth dimension. Still, those who persistently desire to be here on the

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manipulation project program, even more, love them! They all are extensions of yourselves going on at different stages of your ascension.

Love them, love them all they have decided to stay, and in time to shift consciously into a fifth dimension will come to those who had chosen to stay behind. These divine new souls have to experience their ascension by learning. The fifth dimension is the Heart's state, vibrational consciousness, and it is what connects us all in parallel realities and more. Keep going, divine love's, do not let go of your sovereignty. The time is now to know who is deciding to take the ascension blue ship of mother ARIA.

There is a reason why many have to sacrifice by choosing themselves to let us know that we can not let this continue to become a reality of separation and decay of the human rights on Earth.

The consciousness of omnipotent love is to let yourself guide your hearts to help your human tribe let this ascension to be new heaven on Earth, really! Remember, your skills are within you, and those in control can not let your superhuman abilities manifest.

December 21 is coming; let see what you create for yourselves, beloved star family. Remember your divinity of sovereign beings to give LOVE and help those open to be love and your assistance.

Did you know what Christ Consciousness is and how it is possible for YOU to embody it?

You are operating at less than 3% of your potential, and so you are continually using IDOLATRY to past and present MASTERS and religious martyrs. The Council of Nicea in 325 A.D. took 12 of the 15 books OUT of the bible that Jesus wrote about ascension and changed it into a control dogma.

The Origin of "Christ" is not just a person that lived before; the word Christ comes from Kryst, meaning the original Divine Blueprint. The consciousness of an Avatar, which is

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the embodiment of 12 dimensions An Avatar is someone who has completely activated 12 strands of DNA.

Jeshuea Sananda Melchizedek, born November 22, 12 B.C. Natural birth (NOT December 25) Had expedited Soul Braided Walk-in and DNA Activation facilitated by John the Baptist. Jeshuea divine commission was to activate this code and frequency in the Earth's grids to prepare the Earth and all of us for this Ascension cycle.

Meditate as much as you can; as you close your eyes and quiet your mind, begin by letting your Heart's voice frequency emanate. Feel, observe this first contact with yourself once you feel the Heart vibration direct this loving frequency down from your Heart, solar plexus, sacral, root 6" below your feet, and down into the hearth of mother ARIA.

Visualize, feel, and see how Mother ARIA connects with your Heart through her Platinum silver light frequency. This is the connection of the fifth dimension when you let your Heart's intelligence express without the mind-controlling your thoughts.

This state of consciousness of unconditional love is the first step to your communications. Feel the connection descending from your Heart into mother ARIA and from the Earth cores up through your spinal cord up into your heart.

As you continue breathing, allow yourself to feel grateful for this, you create in your quantum space. Feel grateful for your grandparents, mom, dad, brothers and sisters, your pets, the kingdoms and all creatures of the air, the water, the heat of the sun, the fire, and the Earth, all the gifts that Mother ARIA bestow upon everything.

Acknowledge the power to connect to all that is, remember that to be here at this precious time of ascension is enough, how privilege you are since for the last 200,000 years you have all been waiting to free yourselves and experience the world of bliss and love you knew existed before you incarnate on Earth.

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To be alive, to know that the creator of all sentient beings and the omnipotent love is real and exists. And it is within you waiting to show you the wonders of your creation since all you are is all you create, no one else.

When you understand that everything outside of you is a perception of your subconscious reflected as a mirror image to show you what you want to see and experience. You create every moment of the day with your thoughts and emotions, and the most remarkable thing is that your mind will create what you believe; therefore, your body will achieve what the mind believes, and if you want to create a new version of yourself, you will! If you believe it in your HEART.

Know that your brain will stop controlling your thoughts and the survival mode you are in when you let your Heart guide your brain. The Matrix will continue more than ever to manipulate you throughout the media; radio, T.V., News, etc. When you accept it as; Ok, is fine, I will do this; hopefully, next year will be better. Instead, it will worsen if you allow it to continue; remember, there is no tomorrow. Tomorrow is the one you create TODAY divine souls; rest assured.

I thank you for considering these words I have offered; let the intelligence of your hearts be guided. May all lives be the magnificent presence throughout your Heart, desires, and requirements to make the difference during the now reality.

Ha Ta Ra Sa

Be Divine Forever!



The Awakening of the ONE downloads from the fifth dimension.

Divine Earthling's Creative Power is the Key.

As the ambassadors representing your starseed families on Earth, be mighty in your words, actions, emotions, and creations as you embody your sovereignty daily. It is essential to know that there is no right time; thus, stop waiting for the right time. Time isn't waiting for you. What you see, feel, and experience worldwide is nothing but a massive program of manipulation and fear.

Know in your Heart; humanity is already winning! Remember accomplishing the impossible is all about seeing the invisible. You have to believe, feel, and see it instead of seeing it to believe it. The best and most beautiful things in this world cannot be seen or even heard; you must first, feeling in your Heart.

When Jesus walked the Earth, his only objective was to open and free the mind by awakening humanity's hearts by teaching the wonders of the Heart to free humanity from the lack of limitations set by those already in power. There isn't and never will be a punitive God; we leave that to all creeds worldwide. That created mental infection manifested in the human personality as deranged and destructive behavior, drug-taking, horrific cruelty, and depravity that have distorted the divine consciousness—implementing fears in humanity's hearts set in motion a new momentum of menace in the world.

For a long time, those in control created a new form of world ego-consciousness directly in opposition to the NATURE of the Divine – UNCONDITIONAL LOVE. They were blocking the human consciousness by creating a global Human Consciousness similar to their own expressed as sexual excesses, violence, and perversions. This MENTAL INFECTION first manifests as egocentric modes of living and the creation of technical devices – which have created severe health disorders, climatical changes, crop failures, environment deterioration, and the extinction of living creatures, and wholesale slaughter of human beings.

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Across the Earth, humanity is filled with mythical ideas, prejudices, misconceptions, resentments, buried memories of past hurts, and habitual methods of dealing with the ups and downs of life. Your human mindset (including any religious ideas or beliefs) determines your world, relationships, experiences, successes, failures, happiness, and misery. It is even responsible for your sickness, disease, and accidents.

Do not judge them, do not hate; instead, FORGIVE them, feel grateful that if it had not been for them, one would not have reached this moment of awakening, the sovereignty where each can now freely decide one's own life and avoiding others to control your welfare.

How you are supposed to value and remember your existence on this incarnation without the experience of what is going on, for, without these experiences, many around the planet will continue to sleep, yet this is no longer an option, most important, respect others at all time even if is for their own good let them awake, just like nature does, in time their inner gifts and awakening process will happen somehow soon.

Your participation in all this is to LOVE since everything outside of you is part of your creation, and the more you fight it, the more will appear to you like a dense reality of despair, desperation, and fear.

Ever since you exist, you are the only one who creates in your experience—no one else. Yes, the matrix is just putting new programs on all the media, News, TV., and movies for control that you ended accept as part of your reality.

Everything that comes to you comes from the power of your subconscious thoughts, not only about your body but all subjects troubling you at this time. Moreover, it is vital to make the changes you would like to experience by telling yourself a different story will happen. When you begin to positively change your thoughts and focus on feeling good about everything, you will begin to feel the power that creates worlds flowing through you.

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Nothing happens by chance. Everything is interwoven out of the inner threads of your personal conscious thoughts, expectations, beliefs in life, fate, God. You live in a world of your own making. And this is the first step to make the best of it. When you make the best of whatever you are focused upon, your future will be better than the one you experience in the now. This is not wishful thinking nor the law of attraction but a reality we all must go through as a collective human race.

Every particle of you and your physical world has a leading-edge vibrational version calling it forward. This frequency of vibrational version of what you could call your physical future holds a steady rhythm and scalar waves of Well-Being for you in your creative vortex all of the time. So the point is, what are you creating? Most importantly, what are you vibrating?

See, feel, and visualize, create from the now experience a world filled with; LOVE, JOY, PEACE, HEALTH, AND WEALTH, FREE all across the Earth. In the same way, the large and diverse variety of your frequency of vibrational components that make up your Earth assures its stability. The trillions of cells that make up your physical body do the same for you. That is the reason for the extraordinary resiliency of your physical body.

Over time, the process of understanding that this reality is not permanent but a moment that you all have the power to control at all times. Your consistent alignment with Well-Being's frequency energy will cause you to see your world through the eyes of love Source, just like when you decided to come into incarnation: you have an unlimited life force eager for more, filled with love to give!

The entire creation's reality lies beyond this visible world, loving intelligence and creative power beyond this dimension. You all have the power to open this portal within the vortex of your hearts. It is time to take a stand TOGETHER and be and radiate unconditional love, mighty love, to renounce to live in a world of conditions and control that suppresses the glorious essence of your potentials. Let us be one just by tapping

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every day on whatever you do, whatever you say, whatever you think to express from your Omnipotent Heart.

To become ONE as a human race using the purify channel's creative power's intelligence to become ONE consciousness like many of our starseed families. How can we all ascend when so many are continue focusing on separation, control over others, power, and gain from the masses.

No matter what others do, feel your creative power to see, visualize, and experience ONENESS and gradually ascend in consciousness until TOGETHER as one expresses the universal language of the Heart, the very nature of the Universal creative power.

It is then that all will succeed in experiencing the wonders of our most beloved Earth. This is how earthlings you all are since all you consume comes from her Spirit, the Air, Water, Fire, Earth; feel gratitude for the love of Gaia's world bestowed upon all that is.

With a heartfelt connection with gratitude and love, call upon her new name to say; Thank you! Mother Earth now had chosen her fifth-dimensional name to be called ARIA is her new essence. A place where we all ascend together and experience a new state of loving frequency all around ARIA, a new heaven on Earth, as the ascension of the fifth dimension and our beloved mother ♥ARIA♥ is now a reality.

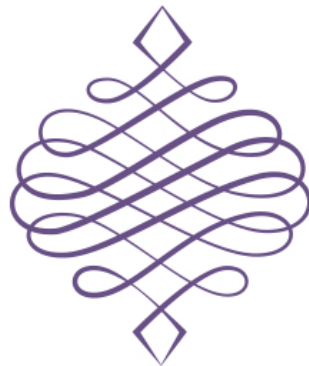
Remember that those who long for good for themselves must first give it to others. Let their very existence be a blessing to others. When such people are in harmony with all that is, they are then perfectly attuned to the universal creative consciousness power. They are brought into the flow of the Father's nature: growth, protection, nourishment (physical, mental, spiritual), healing, and the fulfillment of a need within a law and order system.

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Thank you for considering these words I have offered; let the intelligence of your hearts be guided. May all lives be the magnificent presence throughout your Heart, desires, and requirements to make the difference during the now reality.

I am Mut Divine Mother of the Gods

Be Divine Forever!



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Divine Beings on Planet Earth,

As many are about to enter the Christmas spirit, the Matrix reality of sad emotions reflects on the world's energy due to people's inability to return to what is familiar. Understand that nothing of what you know before could ever be the same. For example, when a newborn arrives on Earth, the life force and power of the magnificent being we all were once. Can override any negative program with a simple gesture; a smile, a sound of contentment, and a baby's gurgling is the pure frequency of Love expressed for the first time.

As the baby grows seven years later, the purity levels are less since now the baby has been programmed by family, and don't, do this, that, yes, and no. In any case, the baby can not go back in time to start all over. The birth reality experienced is past, and new life experiences and programs are taking over.

Sadly, many believe they will re-gain the illusion of freedom like before, only to become even more controlled than before, a new reality by letting themselves inoculate. Like the baby, the new realities and new probabilities will become anew but never like the one before experiencing at birth. In this case, once inoculation happens, many will cease to be free because of the man-made control process over the human genome.

As many know, life cannot return to be exactly as it previously was because of people's energy maintaining and sustaining by entertaining fear from the third dimension, dense frequency. The good news is that the old programs of consciousness are dissolving at a very rapid speed. Still, without your loving frequency to all that is, some will continue to live on fear. The goal is to emanate LOVE and vibrate as ONE HUMAN CONSCIOUSNESS. To override the negative programs set in motion at this time by virtually increasing your sovereignty.

No one has the right to rule one life; instead, the high frequency of resonating LOVE energy as collective consciousness and expressions from the Heart will set humanity free. Always remember that consciousness is the substance of form to One's reality.

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World consciousness has reached a place of readiness for Earth's ascension next step in the Divine Plan and Divine Order by awakening to the frequency of Oneness with Source. Love always, no matter what, Be the best expression of yourself regardless, LOVE is the key, for many have to experience the struggles of ascension more than others to awakening. Perhaps, it will take a few more lifetimes for some.

Trust in your HEARTS divine beings, that personally and globally, a new phase of the Divine plan is unfolding, one unaffected by three-dimensional thinking, plotting, planning, or scheming.

A New World where absences of FEAR, SICKNESS, CONTROL, AND MANIPULATION OF THE AIR, WATER, FIRE, EARTH, AND ETHER are real. A new worldwide experience of truth, freedom, and connection with our star families, a world where the celebration of being ONE human consciousness will be the bridge to connect our intergalactic and beloved families.

Belief and trust in your Heart's loving frequency of Vibration, the day a lifetime is near the regeneration of the cells, the mind-body, and spirit. Most import the rebirth of a new way of living the ascension of Mother Earth and all sentient beings in the Multiverse. Only you can tell the beautiful things existing to change into a new reality because ONE has a specific code on their DNA to create realities for the betterment of humanity and the world.

Listen to your heart, acknowledging that by offering gratitude to oneself for having the opportunity to experience the matrix reality that keeps many in fear. For without it, one wouldn't be able to come this far to recognize that Only you can stop this reality by choosing wisely to free HUMANITY TOGETHER. For no one will do it for you, and it never will.

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Many are subject to reassess how they have been living their lives, what they believe is real or essential, and if there may be a "better" way. Much that many divine souls had accepted is closely examined from oneself higher perspective and a Divine plan.

The belief that one must work hard to overcome obstacles, satisfy shortages, and solve the problems before oneself, but often, one works against oneself without realizing it in that attitude or approach. It looks like this;

Attention to obstacles makes them more prominent and more stubborn;

Attention to shortages makes them more prominent and prolongs them,

Attention to a problem prevents any immediate resolution or solution.

As you practice being alone or meditating, giving attention to your breathing and your body's natural rhythm, any problematic Vibrational activation will cease to be. Due to the absence of that resistance, your Vibration will naturally begin to rise until it aligns with the higher Vibration of the very solutions you have been longing for.

The abundance you seek isn't in the absence of solving one's longing, doubts, obstacles, and problems, but in the evidence of your Vibrational shift. You will feel better when you trust in your Heart; your physical evidence of improvement will begin flowing to you from different directions.

Understand, anything you are giving your attention to is an invitation and the essence of it. Consciousness itself is based on HEART's structure; this is the highest consciousness that can be! There's nothing and no one outside of you, so it doesn't matter, it is not important what he, she, it, this, that, doing?

The only important thing is to know and pay attention to **HOW YOU ARE VIBRATING!**

Many are about to celebrate the holiday called Christmas; a day set aside for expressing gratitude for the things in life one is thankful for. However, gratitude is much

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more than a polite response to something received. Gratitude is a facet of Love for the Divine you all are.

At some point in every person's spiritual journey, they must cease looking to a person, business, job, family, group, friend, etc., for gratitude, even if deserved. Gratitude is the state of being in your Heart's Vibration to feel it and offer gratitude unconditionally.

Christmas is the perfect occasion for examining your beliefs about gratitude and sharing your Love unconditionally, as many won't be able to have this opportunity. Consider asking yourself; have I been looking and expecting gratitude from outside of myself, from my job, my family, a friend, or even the random stranger I may have helped?".

Say with Heartfelt, in the name of LOVE, the power invested in me, since I exist, LOVE from the Creator of all sentient beings, and the potency of the Omnipotent Love from my Heart.

I create my own reality base on the REAL Hertz frequency of Love that connects us all in time and space, Heart to Heart for the betterment of a new world and all its kingdoms on Earth; human Kindom, Animal Kindom, Plant kingdom, the Mineral and Crystal kingdom, and especially for Love to my mother Gaia and the Elements kingdom of Air, Water, Fire, and Earth, that all sentient beings be blessed and transmuted on whatever reality experienced with the Violet Fire and the Omnipotent ONE heart LOVE creator of all. I refuse to be part of any negative reality or agendas.

I am Divine forever!

Below is an excerpt from "Flidais Destah" Where the Fairies live book;

I am Light and Love

From the Earth to the Universe and from the Universe to the Earth,

My name is and will always be infinite Love.

I am the unconditional Love that lives inside you.

I am in every cell of your body of your eternal and multidimensional being,

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I will live until you decide.
I will live even when you are not here.
I will live in the wind; I will live on Earth,
I will live in the fire; I will live in the water,
I will live in the spirit of all that is and exists in everything that respire,
No matter how small or significant.
Today and always, I share my infinite Love, transcending the consciousness of time
and space.

Generating endless waves of love frequency.
Open your mind, open your Heart;
listen to the voice and the frequency of the mind of the Multiverse.
Immeasurable compassion, immeasurable mighty Love
Wherever you are, wherever you go, I will always be and live in your Heart.

My flag is Red and White;
Red is the blood that flows in harmony, eternally from the day you arrived on planet
earth, no matter what galaxy or planet you came from.
White is the color of peace that your spirit will carry for eternity, from the day you arrived
on planet earth in spite galaxy or planet you came from.
I am the emanation of Love,
I am ending all struggles of the mind, of the body, of the spirit.
Within you, outside of you
I will end all battles between other beings.

Against animals, plants, and everything that respire.
Because I am all that, today, tomorrow, and always.
You will ever be free.
I am unconditional Love;
I live within you nothing, and nobody can end me
I am in everything.

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I am Love,
I look forward to the day when you awaken and connect your mind to the frequency of
your Heart.

Conquer the eternal battle within your being.
Acknowledge that I
Patiently await the day in which the light of your being,
The Love of your Heart ignites the frequency that transcends the quantum space
In your own Heart for Eternity for the good of all!

To free your body, mind, and spirit,
You are forever multidimensional freedom of
Unconditional Love.
Listen with the ears of your Heart.
A message of eternal Love I bring into your life.
Accept that this Love is continually renewed
as long as it is reaped by you for you.
I am your own Love;

I am your own Heart,
I have been conceived by the Creator of the Multiverse.
The Creator of all beings of light throughout the galaxy.
Beings with the same right to live in peace and omnipotent Love.
Beings who live from the desires of their hearts.

We are all nourished freely by the same frequency of Love.
Love is eternally the inexhaustible and renewable cosmic energy.
Open your mind to find the way to your Heart.
Only then will you find the answers that have overwhelmed you since you remember.
Within you exist the light, the peace, and the Omnilove.
Without you, I am nothing, and with you,
I am everything!

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Love me the way I LOVE you!
Unconditional in everything that I am, inside and outside of you.

Love me,
In the form, I freely have chosen to become,
Love me in the animals of Earth, Air, Water, and Fire.
Love me as I am pure and eternal.

Open your eyes to love;
humans and all beings from other planets and galaxies.
We have all been made of omnipotent Love.
The more you believe, the more everything exists.
Believe and trust in me, your Heart!

We all are LOVE!
I love you forever!
Thanks for listening, beloved hearts.
I am and always will be,
Your Heart!

Thank you for considering these words I have offered; let the intelligence of your hearts be guided. May all lives be the magnificent presence throughout your Heart, desires, and requirements to make the difference during the now reality.

I am you; you are me, and we are ONE.



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Greetings, Dearhearts on Earth,

Vibrational frequencies are changing at a very rapid speed. What does this mean? These frequencies are available every second of your new reality, manifesting everything your mind entertains very rapidly because we are ascending as humanity very fast each day.

Manifestation is the dark reality game; fear creates, but Love creates more and faster, even though fear is just a program. Love is REAL. Still, many can't understand this simple fact between reality and a program. The more fearful one feels, one projects and takes form very quickly until a fraction of a second pops into your reality.

Divine hearts, keep in mind that your heart will conquer any fearful programs surrounding you when you entertain feelings of joy and love.

Love is real, everything is made from this frequency, and you are Love in every particle of your DNA, your cells, your holographic reverberation exists because you are Love and Loved. Just like what one experience in the now moment to moment is a manifestation, quicker and easier to achieve, and so, it is something and everything one doesn't want. The consciousness of duality can no longer coexist in a world of omnipotent Love, where we all together can be ONE united human race on earth.

Allow, listen to your heart, for as it will manifest a new reality in the name of all humanity, feel it in your heart, this magnificent expression will override any program that hinders because of the light of its opposite always overcomes darkness.

Gratitude is the key; let your heart express it for being here and now; regardless of all the bad going on the planet, realize that you are powerful masters and creators. You have been manifesting your reality since the day you decided to incarnate on earth.

Be grateful, sovereign, as the observer honoring every moment of the now ascension. Understand those who had decided to play the role of darkness are mere reflections of

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one's dark side. Therefore when you hate or express anger, you feed the matrix more and more, shifting oneself in a low frequency of reality where all the bad manifests in oneself reality.

When you understand those doing wrong are the dark side of each of us, you will consciously understand why it is important to forgive them. Since consciousness is all over, and just as many are bringing the light out from within their hearts, in the end, we would succeed as a human race. Still, the storm has to take place so the rainbow can shine to all on earth.

Recognize that those suffering can be you, your family, and your friends; let us not forget that they show us that T O G E T H E, we must stand and free ourselves from our dark side. Be united and open in your mind so that your heart can vibrate, vibrate, and continue vibrating until we all become free.

Make a heartfelt petition, especially on this next thanksgiving; remember that it is in your heart the state of mind of the fifth dimension for ascension is happening from the frequencies of your heart. Allow your hearts to be grateful for all that is, and from your hearts, send LOVE, LOVE, LOVE, the Hertz (Hz.) frequency of vibration to all that is.

LOVE, LOVE, LOVE, the Hertz Hz frequency of Love to everything that breathes and respire. To all sentient beings in the air, water, earth, and fire, because they are suffering especially LOVE, LOVE, LOVE, the Hertz (Hz.) frequency in the name of humanity on Earth, those who are experiencing pain and suffering.

This love frequency will create a new fractal reality that will transcend the laws of time and space, allowing everything to receive and feel your unconditional Love. Do not take sides, do not be emotional; avoid listening to negativity from News, Radio, TV, etc. The sooner you love yourself and be thankful, the sooner you will change the Hz, frequency of your timeline into a new reality filled with Love and gratitude, Divine hearts, stay humble, and honor your sovereignty. Love everything, no matter what.

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In the name of humanity, I call upon the seven rays of the violet fire of Archangel Sadkiel to transmute the pain and suffering from the hearts of humanity on planet earth. The violet flame of Saint Germain to blaze, blaze, blaze on the hearts of planet earth, be receptive and receive all the Love one can hold for each other in their beingness to awaken to the now loving reality.

You are me, and I am you; I love you all.

Happy thanksgiving.



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Divine Men and Women of Planet Erath,

It doesn't matter if you are a starseed or not, yet you have innate abilities to assist all humans if you are here. Let go of your ego. When you listen to your heart, nothing that others can tell you can change or power this magnificent muscle, the divine portal to open the secrets that you individually have to keep secret.

So, be the best expression of yourself earthing or starseed; you all are here and now! You know that when you are ready, you will open this vault of knowledge and power, not just for you or your ego. The ego will continue to separate you even further from your human fellows' and even take you to a reality where only you will exist and perish ALONE. Instead of using this heritage and remember that you chose to be born on earth regardless of your starseed or heritage, galactic or earthling, you all possess the divine power to assist our planet, to assist others.

Reality is not created by your intentions, hope, wishes, declarations of affirmations. Since a conditioned subconscious has dictated your attention, your subconscious takes your attention away, creating what you DON'T want.

Look for things that you appreciate where you are. It will put you in a place of perfect allowing, even when you are not yet manifesting all that you want. There is not anything amiss here. Everything unfolds perfectly, gravitating to something that will satisfy, even more, your ego and criticism of others hold you in a place where things you want don't happen, like wellness and clarity and Well-being; Wealthiness can't come to you either.

Ignoring this will continue to control your mind by believing that you are a victim of a situation when you actually choose and agree for others to take control. Those in control are now victimizing you.

Do not hate them. These will only prove that the more you hate and be angry, the more those in power can control. You see, this whole reality is base on fear and control, so

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when you hate or fear, you make more powerful those that lost their way when they were elected.

Wake up earthlings; you are the God particle containing the entire Multiverse; you create everything and anything. YOU are the subatomic particle. Your REALITY is created from everything you don't want, and therefore, all the things you want.

Within the subatomic particle, all exist your fantasies, desires, and reality like; Money, wellness, love, happiness, truth, and FREEDOM. It is and has lived in you since the day you were born. This subatomic particle also represents the things you DON'T want like scarcity, lack, limitation, feeling stressed, or being sick to depend on others for freedom.

In the name of humanity, it is time to assist these other divine expressions of oneself. Every person, thing, or creature you encounter is a mere flexion of what you believe, empowered by your emotions and thinking.

Abundance is your Natural state!

The subatomic particle of who you are holds everything you want and everything you don't want. You only can get something new from your subconscious mind, the subatomic particle. If you stop observing What is, and direct your attention ONLY to what your heart desires. It will happen!

You are your emotions, and therefore you become what you believe. Remember, your subconscious mind is focused on what you don't want. There are three parts in quantum physics to consider strongly;

The wave; is when everything that exists is in its pure possibility. The particle of what you are experiencing in the right now reality! The third component and the essential part of the wave and the particle is YOU! Your Attention!

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If you feel or know it in your heart that you are not from this world. Then be and do what you said you would upon taking this embodiment, by becoming and honoring each other with your words, actions, and creations. Let your heart speak; instead of asking others to tell you what they ignore about themselves.

You possess the God particle within your heart, learn from it, and use it. Reach for the thought that feels better, and everything would come into alignment for you. As soon as you do, you will produce another greater one. This is how you exist in quantum reality and a probable future.

Instead of focusing on keeping 2 meters apart from each other, feeling control and disconnected when you go outside. Make an effort daily to visualize and feel it in your heart and your emotions wherever you are in time and space. Your desires are romping, and the more you deal with your resistance, the faster your desires will go.

And the faster your desires go without resistance, the better you feel even though being two meters distance separate from all creating separation and disconnection. Instead, feel and believe in your heart-loving cycles per second, a frequency Hertz (Hz), for others to be receptive and receive your love. Love others and everything that breathes and respire in the air, the water, the earth, and fire.

And at that moment, you are all that you said you would be when you decided to come forth into this body. You are the extension of pure positive energy in your full creative power. You are thriving. You are clear-minded. You are joyful. You are filled with love. You are who you are; you are allowing that which you are every moment. Feel your heart emanating your natural rhythm of love, compassion, and every time you feel apart, you are becoming closer and closer to each other. LOVE! LOVE! LOVE!

You are God expressing in this physical body, and as you are standing in thought, or a word, or in an action that feels good to you, then you are fully open and allowing all of that Divine Energy to flow through you. Your Inner Being would want you to manifest

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everything that you decide and you want. Your Inner Being would want you to know that you have value and the ability to have, be, or do anything. Your Inner Being would want you to fulfill every wish and whim that you could identify.

YOUR attention is what manifests your reality. YOU create your reality all of the time! Your reality manifest where your attention goes, and the story you tell about yourself comes from the programs of your subconscious mind to force your attention, to see what it wants to see. Like an old computer software plagued by viruses, scarcity, and limiting beliefs, including all the programs you accepted since you were born. That is why it is easy to manifest everything you don't want; your subconscious is the noise in your head. Remember, this is the process of how you create!

Your attention creates your reality!

Open your heart, the moment of Universal enlightenment is here, and now, it is happening, hold this opportunity in your mind, heart, and consciousness; only then you will remember the magnificent life force you possess in your physical body, incarnated at this precious time of ascension.

Long ago, anyone whose incarnation desired to be born on earth's physical bodies was created by the seven mighty Elohim of the universe existing on each of your seven vortexes of light called chakras. Anyone born on earth has forgotten how to grow, how to harvest their own spirit and soul. The light within your physical body from your original life force of creation was never intended to age, but the duality, the subconscious programs, the beliefs you hold.

You are beautiful physical bodies hold the outstanding God presence. Mother earth continuously provides you unlimited Air, Water, Fire, and Earth know and learn how to transmute the programs implanted on the four elements and realize who you are. It is time to allow your hearts to love no matter what, to assist mother earth just by holding

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your sovereignty and love each other regardless of those who choose to become the villains. United, Love will conquer all!

This is the only truth of every person born on earth; learn the metaphysical manual of your consciousness, for within holds the answer to create a world in the name of humanity to become free, loving, united, ONE. It is NOW! indeed an exciting time to witness that you are changing the history of humanity by terminated the patriarchal and subjugation programs to free ourselves and live a different reality than your mind and emotions with the use of your light bodies and the power of your hearts, can create and coercive Say;

I am grateful

I am thankful

I am the quantum field

I am the Multiverse

I am the structure

I am the manifestation of love each, and every moment

I am the frequency of omnipotent love.

Every person, thing, time, and event you see in front of you in the now is a mere projection and reflection of your consciousness. So Be It! Thankfulness is a feeling, and being Grateful is an action to showing an appreciation of kindness for each moment of your existence.

Pray with us with the intuition and intention of your hearts, permit you to create a loving reality with these words.

Beloved Saint-German,

Holder of the violet flame, I humbly request on behalf of the people of the earth that you resurrect and amplify the powers ever given of omnipotent love the frequency to resurrect and drizzle in the hearts of people on earth, like a gentle rain and steady fine drops of violet fire.

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To transmute all discordant energies and programs of control over humanity, allowing humanity to open their minds to receive your mighty gift of the violet flame to create higher Hertz frequencies to interconnect within 2 meters of separation reconnect in love and grace. Unity consciousness to override the low frequencies bombarding many in the now.

I am merging the feelings within the power of my heart to amplify and manifest with my potency a new reality based on love for all that is good in the name of humanity; let it be so.

Namaste!

Be positive, stay strong, love each other always!

As for this is the test you individually have to pass, forgive, love, and be in your hearts. The state of mind called the 5th dimension is where all begin to experience the tremendous overlighting of consciousness of your minds, hearts ascending on earth, and humanity.

Thank you for considering these words I have offered; let your hearts' intelligence be guided; may all lives be the magnificent presence throughout your heart, your desires, and requirements to make the difference during the now reality.

I am you; you are me, and we are ONE.



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We are America; We are the World,

In the part of the planet called America, the frequency of the pure heart contains higher frequencies to transmute the bad or wrong agendas. Man and Woman use the consciousness and intelligence of your hearts. It is time to stop those in control, do not delay any longer.

Ascension is supposed to happen in the USA; there is a reason WHY they are focusing on heavily pushing negative vibrations all over the USA, Canada, and Mexico. Wake up divine souls; this is supposed to be where our beloved mother, Gaia, will ascend by taking us all into a new era of freedom, Love, and abundance.

How can this be possible?

People continue fighting among each other instead of being thankful, for we all are changing the history of humanity to become forever free. NOTHING will be the same after now. Forget the past and welcome the new era of the awakening of humanity. Many of you are awakening your innate abilities within your DNA, trust in the intelligence of your hearts; there is nothing more powerful than sending loving thoughts, acting, and speaking with the heart-loving frequency.

Love is real and yet a conundrum that will either will help you win or lose your freedom.

We can transmute together with loving frequencies no matter how difficult this may be in the now, send LOVE to all that breathes and respire in the world. Stop the discordant energies and use your frequencies to send Love and compassion for those in peril at this time are teaching us we all can free the planet with LOVE.

A year ago, many wherein a sleeping mode ignoring that within their hearts of the population of the north, central and south America exist innates frequency capable of transmuting the negative ones. Their heart's resonances are more potent and optimistic in their structures versus the areas of the structure of Eastern Europe or the Middle

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East. People seem to be blocked withing this resonance of the HEART frequency, conducting themselves more cautious about talking to anyone they don't know.

Do not blame others as these are a mere reflection of yourselves; these divine hearts of brothers and sisters must overcome the imprints of inquisition and dark agendas of manipulation and control for over a thousand years.

People in the Americas ignore that they have been heavily intoxicated in their minds through the Air, Water, Earth, acting like silent lambs, even though these beloved hearts are sleeping lions and lionesses in reality. Capable of raising the frequencies of vibration for all on planet earth, have you ever wondered how is it that many earthlings in America have superhuman powers?

Wake up divine beings; the time to love everything that breathes in the air, water, fire, earth, and even the ethers like never before is NOW! Transcending time and space raise your Hertz love frequencies. Divine hearts for the rest of the world will follow. The now moment is right in all things, and timing is the key to world success; this momentum of changes will also change the nature of all things.

The now moment is right, to open the rainbow bridge that connects our hearts as heaven and earth, placing the opposite forces in a state of interconnection and counterbalancing with Love. In perfect balance and Harmony with the frequencies of your heart's omnipotent Love, such balance becomes the foundation for the right action to all that is.

Know that you all have higher aspects of yourselves, waiting to be asked to assist you in activating and raising your heart frequencies hertz of Love to all. Of course, you can ask as well the ascended Masters, Angels, and Archangels, or your star families; the Arcturians, Pleadians, Bluevians, Andromedans, Hathors, Sirians, Orions, and many more for HELP.

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Either way, for yourself or all across the earth, they won't answer or do anything unless you ask them in the name of humanity. Love yourselves; know that when you ask, you will receive, use your hearts, and experience your miracles.

Follow the link on the resources page

528 Hz love frequency healing DNA Repair Meditation Miracles Transformation Awakening music.

Take the time to daily practicing by imagining a new version of the world you want to see—a new world where we all are happy, joyful, free of sickness and wrong deeds.

A world full of opportunities, united as one consciousness to free our human race. See, visualize or imagine this picture in your hearts, divine masters; to do so will change the probable realities existing in the now.

You all are the subatomic particle; you are the quantum frequencies where the creator of all lives. Within your hearts are the answers to this nonsense reality.

Wake up sacred hearts; it is the potency of your Love that will set you free.

Let us learn a new way of leaving for each other TOGETHER. Let us lead our brothers and sisters on planet earth to live on a new reality, a frequency of the fifth dimension.

Love, Love, Love, I love you, I do!



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Divine Hearts, YOU ARE the Multiverse!

Divine hearts, you are the Multiverse

The Multiverse in which we find yourselves interconnected as ONE and from which we cannot be separated. It is not by accident, nor chaos. It is organized and maintained by an Electro-dynamic field capable of determining the position and movement of all charged particles.

The Multiverse has its orderly steps, such as the experiences we have to go through, to acknowledge that we all are ONE; we are part of the unlimited vastness of all. Instead, there are no coincidences, synchronicities since all is organized and supported by an Electro-dynamic field within the quantum space of oneself reality. Yet, one is capable of changing the fate of the human race within one's belief potential and the power of the heart.

There is no such punitive God keeping track of one's right or wrong actions. It is one's actions that define one's experiences every second of the reality one lives. Instead, many called the law of cause and effect Karma or the magnifying mirror of your existence. Stay positive in the now is crucial; stay neutral within your state of the conscious mind.

Visualize or imagine in your heart the world you want to experience; A world of peace and freedom, where all humans are abundant, joyful, in love with each other. Honor the many facets within your hologram as light beings and darkness represented and reflected by other extensions of yourself is the key. Other parts of you develop in parallel realities that think, move, and make decisions. Each thought manifests itself according to your frequency, and you will always choose the one in which you focus more according to your frequency of vibration.

The choice of negative or positive actions is always yours, affecting the reality you want to experience in the now and your next parallel reality as one creates every moment. For example, either positive or negative, if one thinks I desired money instead of

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visualizing the amount desired, the feeling of wealthiness, etc. Or, if suddenly, once the decision has been made about money, for example, if one chooses the thoughts of lack or limitation, it is useless the desires of money.

Still positive or negative – the choice is entirely up to you. The predominant frequency of your emotions is the one that will define your experience according to your beliefs.

Only you and no one else, without realizing it, have the power to continually transmute or change the frequencies for better or for worse. Only you have the power to raise your frequency according to your state of consciousness. Ascension to the 5D is what is all about "The state of mind from which ONE manifests one's reality."

There are other parts of you going on in parallel realities that think, move, and make decisions. Every thought you have, unless you don't finish what you start, oneself creates a splitting hologram within one's own timeline. Your holographic expressions of self continue expressing a separate reality within the multidimensional realities of the now.

For example, when thinking of past experiences, one travels into the past or the nonexistent future, creating a scary movie. Based on the unknown. And only when you are in the now reality in the now present moment, taking the time to slow the mind and finish one thing at a time, the opportunity to create new and exited realities becomes clear within the now moment to moment. Some memories of the past may cause grief or frustration the best way to deal with is to transmuted by say;

I am terminating and transmuting the time when I experienced conflicts of the mind, body, and spirit. I am grateful, and I forgive myself and others for this experience has served me to understand that without it, I wouldn't know how to become the best expression of myself in the now moment. I forgive myself for anything wrong; I may have done it to myself or others consciously or unconsciously in any time and space of my existence.

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Here I now, I am (ADD THE WORD YOUR HEART SEEKS)

Here I now, I am (ADD THE WORD YOUR HEART SEEKS)

Here I now, I am (ADD THE WORD YOUR HEART SEEKS)

Call upon the other extensions of yourself to become one unity consciousness in your Multiverse. As for you are the mirror expressions of the world you live in. You may look foreign or different; either way, this is what you have consciously chosen to look like according to the frequency of vibrational within other expressions of yourself that you exist.

Your thoughts create the continuous timelines forming and breaking at the right angles of spherical geometry at the quantum level. Like an orb, born out of your mind, infusing with life force given by your emotions; since your thoughts change every second, this causes one reality always to split. Going on different timelines creates all possible outcomes to every situation that can be equally real in a parallel Universe. Meaning that your reality can be the one you desire if you understand how you are creating other extensions of yourself going on in parallel realities. Change one's belief will change one's reality.

Worrying is using your imagination to create something you don't want.

The Multiverse is an infinite group of other vast universes comprising everything that exists; the entirety of space, time, matter, energy, including the physical laws, the mathematical constants that describe them. Within layers and layers of universes in the vast sea of unlimited space beyond our observable Multiverse. There are other universes like ours existing beyond having different laws of physics and consciousness. Therefore, life will be and looks accordingly to its own dimension.

From many interconnected elements woven in space, time, and dimensions of the Multiverse, at a quantum level, you exist in parallel realities simultaneously. One's reality is probable and branches in the woven Multiverse, where other extensions of

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yourself create variable outcomes by becoming separate realities on timelines of new worlds and new possibilities.

Although these can be confusing, and only when you change the frequency of your thoughts you can tune into your new reality. The point of departure is that you are unlimited in the new reality of your choice since your existence is different from someone else's reality; moreover, these expressions of yourself are a reflection, just like when you look at the mirror. Everyone is a version of you and does create a possible story based on a viable decision and belief system. Even if you think you live only one lifetime at a time by focusing on this reality.

So what does all of this mean?

It appears that one is living every possible life path, including the unchosen decision ever made that is or could happen, which means that every version of you exists out there—the concept of the infinite versions of yourself. When you observe others, allow your heart to consider the possibility of you being that person. This idea will change your perception, assisting you to become more compassionate to all that is different or happening at this time.

I am the whole Multiverse, As above so below,

Hermes Trismegistus' said "one thing" became the "materia prima," or first matter, the source of all existence. The invisible force that contains all the Multiverse from the materia prima, the elements of fire, water, air, and earth, the fundamental constituents of all life.

The speculations that you are different from everything are nothing more than your thinking and point of view since the day you remember, or someone told you and taught you at school. There is no separation between you and others. The whole is ONE

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existence, even if some continue treating you as different to keep you apart from achieving ONENESS.

Divine souls believe that you are a miracle. You are the subatomic particle, the void, everything, and nothing; you are the expression of the whole and the potentials of a human race, on the magnificent planet earth you ARE becoming ONE CONSCIOUSNESS, based on the principle of Omnipotent love, unity, and freedom, wake up!

Within your DNA are the answers you all seek; only you have the key to exploring your multidimensional portals of abundance and knowledge from the now and past incarnations. Just as is the divine expression of the ONE, your hearts are the answers for your ascension.

Your souls do not exist apart from all nature; you are individuation from the creator of all sentient beings. Your body is the physical manifestation of your self vibration. Your greatest powers are that your soul can transcend the lines of time and space. You are the ultimate freedom; open your heart to remember this every time you choose to create your now reality. You have the power and privilege to change anything, and every thought you have literally transformed your perception of the whole.

Divine citizens of planet earth forthwith no more, you are precious beings beyond comprehension, you have it all; there is nothing new, nor old, yet nothing can be destroyed only transformed or transmuted. You are unlimited vastness, yet you are one with the air, the fire, the earth, the water, and the ether.

There are no coincidences since all is organized and supported by an Electro-dynamic field. Understand, your decisions affect us all since each one is capable of holding the fate of humanity; God lives in your heart, in the potentials of your mind, and the cells of your body. Let us celebrate together the rebirth of a new era of consciousness and divine expression of humanity in all their sovereignty and omnipotence to reach the

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highest vibrational hertz frequency within your heart, transmuting the dark expressions of self in the now reality.

Ponder on the only truth that your heart and love are real to change realities and transcend time and space in the now and all parallel and probable realities. Love yourself, and all for the whole will love you back. Disrespect the whole, and sure thing the whole will disrespect you back.

Be love!
Ah Ta Ra Sa
Be Divine Forever



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Activate the Warrior Essence,

Divine man and woman on planet earth, the time is now where you all will be tested, perhaps the most difficult of all times. As the chaos going around the world, ONE has to experience it, either physically or as an observer.

Be kind, respectful with your thoughts and actions among your human brothers and sisters, observe, stay away from media, news, and drama. Send love and compassion to all your human fellows, the animals, the Earth. The perilous time those in control are creating has to be acknowledged and experienced by all. There is no need to point fingers to blame others instead.

Understand, we ALL have to see, feel, and experience the turmoil of the now reality. This reality guides all to the collective awakening of humanity; the awakening can be subtle or painful in order to ascend and transcend TOGETHER as ONE human consciousness.

The Arcturians said;

*When all beings on Earth understand the language of light within,
These processes will allow them to connect with the Creator of all sentience
beings and other Cosmic Nationals of God Light Frequency.*

*It is then we all access new knowledge and technology to free ourselves in
Peace, Harmony, and Love for all!*

TOGETHER as one human consciousness, let us reactivate the essence of the warrior and reclaim our right to true freedom. To become a warrior is not because you can fight and kill. Nobody has the right to take another life. The pure essence of the warrior is one who takes action for the good of others. The essence of the warrior is to take care of the elderly, the defenseless, all creatures, and those who can not provide for themselves and above all the CHILDREN, the future of humanity and the world.

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When you involve yourself in what is going on, be mighty is your sovereignty that has to take place by sharing information, signing petitions, and find solutions to revoke those in high positions instead of projecting negative frequencies and chaotic vibrations into whomever.

Understand that every person's men and woman, good or bad, are a mere reflection of each other. Do not hate anybody, no matter how difficult this will be because you are doing it to yourself when you do so.

Sticking together to win, signing demands using the intelligence of your hearts is the key to ascension. BEWARE that ascension is not a place where we would be moving the way we are conducting right now to each other. Remember, someone somewhere is always watching us, and the time of being sovereign is now with your actions, thoughts, and LOVE.

Ponder on this; ascension is not a physical relocation where few will move; ascension is a state of MIND from which WE ALL manifest our reality.

Every time a thought, a voice, a feeling expresses, it creates new probable realities. Understand that the magnifying glass of the now reality will MAGNIFY anything one's entertaining, either consciously or subconsciously. The more fear one hides within thy, the more one projects to all, and just so the more thy feels love's, the more one will transmute the wrong since love is REAL will project into the probable reality of the quantum space of the now reality of the world.

Do not take this lightly; the frequency of one individual can transmute and change the reality of the entire world. You are a divine essence and pure potential, you are everything, and everything is you!

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Within one's heart, the power to create new realities for the betterment of humanity and to all that breathes, and respire in the Air, Water, Earth, and Fire, exists and is REAL. You all are magnificent and powerful creators.

The key is to reemerge and emanate a consciousness base on love for yourself and others, to value yourselves. Beloved mighty starseeds and warriors, remember that you chose to come here to assist Gaia on this specific ascension time; remember your sovereignty.

You are always in control, assist and love, mother Aria, all the living, pray for those departed souls, LOVE, LOVE, LOVE.

When one individualizes within the Absolute, All-Pervading Life, one chooses one own free will to become and intensify individual, focus on self-conscious love intelligence. Love is the magnificent living force of the Creator of all sentience beings in the Multiverse! Be thankful, honor the right now; man, woman, and children worldwide, including you, are changing the trajectory of the world into a new reality of freedom, joy, peace, and true abundance for all.

We would never rob you of the experience of the now, for that you will never understand and value of your sovereignty; therefore, this is your test. You all are love and support; you are not alone; it is within your hearts; you will find the answers.

TRUST the voices of your hearts, as one suppose to experience fear. How can one move into the light without knowing and appreciate that all one is going through has taken you to this moment, do not give up!

Divine souls on Earth forget not that the reality of the now and every moment can be overridden when one to another feels sufficiently love. Your hearts are all; you have to transmute the now reality.

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LOVE is the only REAL frequency that can transcend time and space, and love can be expressed to transmute everything going on right now in the world. Please understand that it is with your compassion and loving frequencies, your intent, will triumph, send LOVE always to all experiencing difficulties around the world.

I love you, divine souls, I do!



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Calling to my love!

Be thankful and happy for those who provide examples of Well-being. In other words, know that prosperity is possible if there wasn't some evidence of prosperity around to inspire you, letting you know that it is part of this contrast that helps you to sharpen your possible desires of wellbeing and abundance.

Practice visualizations daily for at least one or two weeks, feel and see all people in the world experience freedom, smiling for this lesson of letting others decide and learning at the same time that we all are part of the whole. Understand that this is the test we all have to pass and accept, especially when many don't understand or act according to the power of wellbeing located in the vortex of oneself, the real love source energy.

Love them even more; there is no right or wrong way for others to take different paths, but from the ONE that you would choose. Love them the way I love you; bless them all with the power of your heart-loving frequency. Consider while you center, meditate or visualize and listen to my voice: I know everything about you when you are sad and happy, know you will feel my love for you, I live in you and move for you are omnipotent love before you were conceived.

Wherever you are at this point in time and space in your life, know that there are no mistakes you can make, for all has a plan and purpose behind the experience of how you'll learn to rise each day with a new sense of joy and love. I am your true love, day and night quiver telling you I love you, even when you sleep or ignore me.

You are the pure expression of LOVE inside and out, for you are part of my love, the love from which all things exist, and are made, even when you think there are no answers to your questions, look deeply within me, your heart, all you are is all you need.

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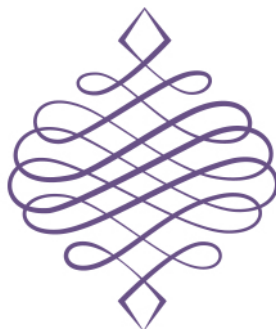
Many had misinterpreted me, those who avoid knowing me, and yet I will not be angry since I live in your heart all of the time an everlasting love waiting to prove to you how wonderful and powerful you are, my desires if that you learn to say I love you.

Allow me to show you the marvels of your being and the potentials to save yourself and others just because you love with the true essence of your beingness no matter what is going on, and it is here in your heart that you will find me, I am your purest love.

Love me the way I love you, and one day soon enough, I will take away the pain you have suffered. The only error will be to continue ignoring me; I am the ultimate expression of the creator of all sentience beings in the Multiverse. Nothing will ever separate us, for I am love within your heart for eternity.

I am waiting for your love call, and in the meantime, I love you.

Your heart♥



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I am Sovereign!

Divine brothers and sisters on Planet Earth,

The information of this post is not meant to upset you; instead, to inform you more at the level of your consciousness to acknowledge and transmute the forced fear imposed once and for all from your divine, human existence.

The purpose of the planetary ascension is for all to be united as ONE human race, using Divine Sovereignty as the core of your Divine-human existence. To be kind, respectful, compassionate, and above all, love yourself, love your brothers, sisters, and all the living things on Earth.

Divine souls, do not be afraid; instead, use the most potent frequency ever known in the Multiverse, your HEART, in this revolution of your evolution. The loving frequency vibration of your heart can transmute anything.

Sadly, not everyone wants to coexist in harmony to make the shift since they are not at the same level of frequency vibration.

Divine souls let us use the imposed lessons of authority to become our authority and stop giving our decision-making process to governmental entities on Earth. Firstly one must acknowledge the magnitude of the abuse done that infringes our lives by those in control.

To those in control and draconian whose intentions are our extermination;

To think that you can use bioweapons and nanotechnology for control is a crime against the human race, a violation of free will, and order laws, including the transgressions made to mother Earth's natural resources using chemtrails, satellites, 5G, AI, and more to poison the Air, the Water, the Earth, and even the Fire.

The genocide you intend to commit is a total offense of the cosmic and the natural law of the ONE Divine consciousness of the Creator of all sentience beings. You do not

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have the right to continue keeping the stargates and portal gates close for our ascension, our bodies, nor our health. Your vaccines will not surveil, monitor, and control humanity; we would take a stand together for many across Gaia are now awoken Gods on Earth.

One must not consent to be part of your dark anti-life agendas or be part of this reality for control, abuse, and manipulation. No one could ever have the power to separate us from our Divine will and our Divine rights. For we are the sons and the daughter of the Creator of all sentience beings in the Multiverse, our Divine right is to ascend together; we are the evolution of your revolution, we all came from the trustworthy source of the unified field of Christ consciousness.

After the fearful emotion or probable reality is acknowledged, the next step is to; Open your minds, Divine souls, most important your hearts. Perhaps this will be the most challenging test of your existence. There are some things you may want to consider first to let go of fear and resentment. To forgive, and clear all resentment from your life, then listen, feel, understand your Divine heart vibration, how does it feel?

Once you acknowledge this probable future of manipulation and control, take several deep breathing sessions and observe how the above has triggered your emotions. Your choices of action may be limit at this time, but your choices of thought will never be. Do not engage more than you already are to the negative for doing so; you will vibrate at the same level of a low frequency of those in control. "this has been since day one their main goal."

Please, avoid entertaining thoughts of fear and resentment against those in control. Yes, this is very difficult to do, but it has to be done to transmute and change our probable reality for each one of you. Divine souls, you are ever more resourceful than them. Remember, feelings, discomforts to anything, hold frequencies of vibration. All the things you conjure will become part of your new reality, and you become what you think; therefore, changing your belief will change your reality.

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Open your heart to those with dark agendas say;

"I am sorry that you had chosen to be part of dark agendas to hurt your human, fellowships, and sentience beings on Earth, I do.

"I forgive you for I could be you; forgive me for all I have done is to blindly trust you into believing that you will make a better world for every man, woman, and child. I forgive you."

Thank you, even if you dwell in darkness and all you know is to be evil without it, I would not be able to wake up from this dream you created for me. Thank you for the disconnection you had taught us between humans since the day you create distortions on the grids of our beloved Gaia to feed yourselves with our frequencies. We, as humanity, thank you for without this, we would not be able to recognize the love we feel for each other.

Without it, we would not be able to connect heart to heart to become united for one cause; love and freedom. The freedom to stand united as ONE human race by our principles of respect, integrity, trust, freedom, and unconditional and Omnipotent love.

We send you love, for true love always conquers all; even in these difficult times, it is our heart's love frequencies that will transcend the darkness you are and living in. Dear hearts, after you acknowledge your appreciation and demonstration of your heartfelt sovereignty and conscious manifest. The last step is to use your imagination to create new ways to help each other, meditate as much as you can, and ask yourselves; What in my life can I do for the highest good of all?

Indeed avoid negative people, places, things, and event broadcasts. Exercise, practice yoga, take walks, drink lots of water, eat light, be thankful for the time you are able to give yourself to remember that you are an individuation of God, Creator of all.

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Ask your guides for help and command;

For all that is good in the name of Divine Love and the alchemical powers, I state that no one ever can control, abuse, or manipulate me any longer. I am here; I am a child of the light to stand for my eternal and omnipotent love and freedom principles.

I am love; I am light; I am sovereign; I am free. I like to call upon those warriors of the light the other extensions of myself going on different times and spaces of parallel realities.

There are other parts of you going on in parallel realities that think, move, and make decisions. You can call upon the other extensions of yourself to become one unity consciousness on the Multiverse. You may look or have ten arms, one leg, or five eyes and four legs, either way, this is what you have consciously chosen to look like according to the vibrational planet within other universes you live in.

Your thoughts create continuous forms, breaking at the right angles of spherical geometry at the quantum level, like an orb born out of your mind infusing with life force given by your thoughts. Therefore, since your thoughts change every second, this causes your reality to always split, going on different timelines and creating all possible outcomes to every situation that can be equally real in a parallel Multiverse.

Meaning that your reality can be the one you desire if you understand how you are creating since other extensions of yourself are going on in parallel realities. Worrying is using your imagination to create something you don't want. Instead, use your imagination to create something you want.

The Multiverse is an infinite group of other vast universes comprising everything that exists; the entirety of space, time, matter, energy, including the physical laws, the mathematical constants that describe them. Within layers and layers of multiverses in the vast sea of unlimited space beyond our observable Multiverse.

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Other universes exist beyond our universe, having different laws of physics and consciousness. Therefore, life will be and look accordingly to its own dimension. Open your mind, Divine souls on Earth. From many interconnected elements woven in space, time, and dimensions of the Multiverse, at a quantum level, you exist in parallel realities simultaneously. Your reality is a probable future that branches in the woven Multiverse where other extensions of yourself can create variable outcomes by becoming separate realities, creating timelines and new worlds, new possibilities.

Although these seem to be a bit confusing, the point of departure is that you always are Divine and unlimited in the now reality of your choices. Your existence is different from anyone else since everyone can and does create a possible story based on a viable decision. Even if you think you live only one lifetime at a time by focusing on this reality.

So what does all of this mean?

It appears that we are living every possible life path, the unchosen decision ever made that is or could happen, meaning that every version of you exists out there. The concept of the infinite versions of yourself. That when you observe others instead of judging, labeling, criticize or demise them.

Permit yourself in your heart and consider the possibility of you being that person. This process will change your perception, assisting you to become more compassionate to all that is different since probably you been that person that you try so hard to avoid; perhaps you will be in the shoes of that person you think you couldn't be.

When you call upon all your extensions of yourself or consider the possibility say, or state: I humbly call to all the extensions of myself to reconnect, to become the one magnificent expression of the divine I am. I like you to merge with my other selves from whenever I exist within the many parallel realities of myself of time and space. To transmute the agreements, spells, pacts, or anything preventing me from my success and divine will becomes abundant.

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Please forgive me if my appearance could be frightening, as this is how I decided to portray myself at this time of my incarnation on Earth. As I will not be afraid of you, the other extensions of myself going on different worlds for that is how I embody myself in that reality and frequency of vibration where I exist.

I humbly call upon the life force that makes us one to assist me in becoming once again the bountiful omnipotent love, to support our beloved Gaia with her ascension. This golden age is our most precious destiny as citizens of Earth for all that is good to become ONE UNITED human race.

Speak the following with the voice of your heart 12 times for 12 days, feel, imagine, or sense within all parts of your beingness says: To all parts and extensions of myself, I am the integrated divine accreted consciousness of the ONE ascended in me at all times in safety, empowerment in love, consistency, and self-actualization. I AM THIS I AM.

When someone says, "I am that I am," one implies that God within is outside of oneself, creating idolatry, unworthiness, all the lousy stuff religious indoctrination had taught you for their benefit.

Many blessings, divine souls; I love you, I do!



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Divine Souls on Earth,

This planetary longing shifting of consciousness is finally coming to fruition! We are here with you because of promises made eons ago on your timeline. We have been with you always; the time to remember and awakening is now. Embrace these changes; love all around you because you can love much more.

To participate in the now reality awakening of humanity is your most precious gift. The many past solar flares have generated downloads of dominant magnetic wavelengths descending on Earth called activations. These transmutations alter the emotional memory records of the human souls' DNA, capturing and opening the multidimensional levels of each self, as the Golden liquid light connects your multidimensional consciousness to every living being on Earth.

This process will awaken your innate abilities altering your DNA consciousness to awaken at this time of planetary ascension. The gamma light had ignited to transmute many of your precious DNA cells into their higher form. Your conscious recognition of your Divine existence will draw new codes and templates, reprogramming your soul essence from the quantum space of your new reality. All living beings on Earth have the divine right and the opportunity to evolve into the highest version.

Open your mind to the possibility of the awakening of your DNA, and the change will happen. Know that humanity can evolve much furthered by the use of their minds. Therefore there are many abilities and superhuman powers you may have or start to awakening. Telepathic communication with animals. Enhanced empathy to influencing and receiving emotional energy. Interdimensional perception to see into other dimensions of reality. Clairsentience, Clairaudience, Clairvoyant. Telepathy, psychic communication. Higher IQ, "more brainpower." Precognitive dreams of future events.

Psychometry to gain information by touching objects. Bi-location, the ability to be in two places at once. Your degree of healing will increase—plant communication, the ability to communicate telepathically with the elementals, and many more gifts.

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The definition of predictable is; something that is easy to foresee or anticipate. Using ancient fear techniques for global events, those in control have proven to succeed repeatedly.

Beloved humans, you are and always will be in CONTROL. Please do not ignore your ability to change; be predictable to those who think it is easy to anticipate your actions. Feel the joy of a new era, the joy of having access to your own vault of riches in all aspects of your divine incarnation on Earth, fiscally, mentally, and spiritually. Instead of feeling fearful by the unknown and all that entertains your attention in the now.

Take control of your awakening process; use this time for introspection in the following days, use the frequency vibration of your humble hearts as much as you can.

Say, I love you as often you can, without condition or attachment. Perhaps to those departing or arriving, someone, somewhere, will receive your heartfelt vibrational expression. Loving feelings will always benefit the collective in many ways.

You are the ones that have to take the next step. Divine souls on Aria “earth,” our humble desires, is that you be inspired to aspire to remember who you are, not only in the now but all of the timeline of your new reality. Remember how to manifest your dreams from your etheric field into your now moment to become your new reality. Its been imprinted on your DNA before your divine incarnation on Earth; in the days to come, make a firm intent to meditate at least 20 minutes a day either before sleep or when you wake up, or even better, practice meditation twice a day.

There are many benefits of meditation to reduce stress, promote emotional health, generate kindness and self-awareness. Meditate will assist you to be more sentient. You will understand your own beliefs and prior energized thoughts or desires projected and affecting your holographic reality with practice. We, your Pleiadian Family, desire you to remember that your bodies are Divine and real ether of our Multiverse, a biological holographic material an expression composed of light, colors, and sound called the etheric bodies.

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You all are made out of divine material, and as such, you have access to the infinite wisdom and intelligence creation of the ONE and only. Nothing exists outside of you, as you are capable of deleting any preprogrammed belief systems that enslave you. It only takes a decision: YOURS, there is no gain from rigid outside doctrines and theories. The ideas or believes you make yours always become part of you and define your reality.

Understand the pure love frequency within your multidimensional portal, or stargates are constructed in all of your chakras systems. These will assist you in shifting your consciousness into a more powerful level of reality and connection to all that "IS." A higher level of light frequency vibrations and creative magic within your time and space.

I like to share a beautiful meditation from a time before you incarnate on Earth, you can practice on the days to come, and this is a meditation from my beloved Pleiadian sister Solara An-Ra

<https://www.youtube.com/watch?v=4DrNQJt43rA&t=8s>

Enjoy it!

We are with your beloved ones

Your Pleiadian Family,



The Awakening of the ONE downloads from the fifth dimension.

Remember,

Divine hearts,

If you are reading this transmission, it is because you are the mere ambassador's representatives of your galactic families on earth. Within your DNA exists a laborious connection, a lineage with your galactic families; the Arcturians, Pleiadians, Antarians, Andromedans, Sirians, Hathors, Blue Avians, Venusians, and other Galactic Beings that most of humanity has not met yet!

That is why many of you have dreams about galactic beings; this only happens when your frequency vibrates at a higher level. Your DNA rewires to awaken your cells for you to remember who you are. The pure LOVE of your beingness within your cells will reorganize, igniting your connection to all that is, transcending time and space. Therefore, you will start seeing spaceships or receiving information from higher dimensions and more.

You will be able to recognize when something happening to you feels like being in the light or darkness. Remember, in the fifth dimension, communications happen only with the frequency vibration of the heart. Know of those experiencing nightmares are created by the dark beings that control their minds and pop out of your cellphones, controlling your etheric field when you sleep.

Many have forgotten your galactic family connections; only you can remember the earth "Aria" families on the cusp of significant change; honor your visit to Earth with all your beingness every chance you get, be mighty with your words' actions these, you will be remembered. I like to share a heartfelt poem from Don Miguel Ruiz

https://www.youtube.com/watch?v=_oSQFOBiFGQ



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Beloved Angelic Beings,

As an Angelic Human Race, you all possess the capability to assist other life forms and races who have forgotten their “True Nature of the expression, Divine Source.”

Therefore, other life forms depend on your success, beloved Angelic beings; you are becoming ONE unity consciousness in the now reality of your ascension. In the new era, collectively, to become the guardians of the golden edge of love, peace, and freedom, you all can be.

This time is not about fighting with those in control; instead, stand still for your values, rights, principles of respect, love, freedom, and sovereignty. You can't go about your human lives with your consciousness confined to the limitations presently imposed. Instead, let go of the wrong and let your innate gifts by which those limitations can be released and begin to experience the reality of freedom that comprehends yourself as the Divine incarnation of the ONE you all are.

Rather, view the ascension process as a gift and multidimensional evolution as a reality. At the same time, you are alive on Earth, and you will be directly faced with that reality once your consciousness has shifted from physical experience into the multidimensional plane.

Understand that you are Divine creators and that everything begins within the Divine subatomic particle of your beingness. When you focus on the ongoing situation, your mind distracts you from using your innate gifts. But how can you deviate your attention when all you are focus on is the wrong done by others.

We, your Galactic Families, want you to consider an easy way to deviate your attention in the best way possible for your ascension. You can practice these options within the space of your quantum reality, and your INTENTION will transcend space and time for all your loving human tribe.

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Find a quiet place where you be undisturbed, breathe several times deeply, center yourself, observe the colors of the sky, the trees, feel the sun, the wind on your face or body, listen, meditate without your eyes close. Observe how everything around you supports all aspects of your divinity to aid you in overcoming the need to judge others and encourages forgiveness. The greatest joy of life is the conviction that you are loved, loved for yourselves, or rather, despite yourselves.

Acknowledge how the present situation helps unite separated people, despite the fear created to subjugate; instead, our beloved Gaia has an energy that promotes a feeling of togetherness and community. Acknowledge all that breathes and respire in the Air, in the Water, in the Earth, even in the Fire. Acknowledge the elementals, and connect with their intelligence; these beloved etheric beings are waiting for you to make contact. Be your divine self-expression and allow this particular moment that you can create at any time as often as you wish.

When you desire to shift your attention from the wrong, beloved earthlings, the elementals are waiting to assist you if you permit us. Listen to your Divine body intelligence as we are more connected than you expect; feel your beingness reflected in the whole. Once you decide to let go of the wrong, your destiny will mutate; YOUR attention is what manifests your reality. And YOU create your reality all of the time!

We are many more, not just us, the elementals waiting for your connection, but many other beings of higher frequency vibration. Waiting for you, remember that you are the self-expression of the ONE manifested on your incarnation at this critical time of your ascension. Each of you counts with a personal team of guides, ascended masters, angels, and galactic families. When you ask for assistance, you will receive it. We won't do anything unless you ask. You can ask, either for your assistance or on behalf of loved ones.

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You are exactly where you need to be; act with confidence your next evolution is about to ensue. Be kind, be love, honor yourself, and all the magic within your hearts can change the reality of the entire planet.

Divine earthlings, we are many galactic beings waiting for you to make contact. As ONE, be kind to another; understand that many of your beloved human families are here to be who they are. That no one has the right to manipulate, control, or impose anything on anyone, know that when someone disrespects the world, the world will disrespect in return—respect and honor life, all of it, mostly your own.

Assist with love; the ascension of Gaia and all its inhabitants for you all are part of it. Listen, the divine intelligence of light language within your heart, as for this is how we all communicate in the fifth dimension. Words of any language are just programs you all receive regardless of the difference of languages. Honor the time of change, trust what you are experiencing and all you are going through, and know that this time of change is sacred too. Be divine forever, be the best version of yourself by inspiring those who are in despair with your kindness, love, and actions as for you all are part of the whole.

Know that ascension is happening for all; we would not leave anyone behind regardless of their participation. Love is the key; love yourself, love with the frequency vibration of your hearts as much you can, in all possible ways, for there is no need to use words but the language of light within your hearts. Recognize, tiny or enormous, all expressions of your loving beingness are the expressions of the creator of the multiverse in all forms and manifestations.

We are with you, always.

The Blue Ray Beings



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Beloved hearts on Earth,

Feel not anger, frustration, or resentment, for this would make you be like those in control, instead use heart and brain wave frequencies infused with love and compassion for each other across the Earth.

However, we say the darkest night is just before dawn. There will be many "last minute" attempts to stop Gaia's planetary ascension. Most of these "attempts" will continue to frighten humanity. How can you avoid feeling controlled, manipulated in the now reality? Consider the following as often to enjoy the benefits of your practice.

Turn off and avoid using your cell phones, computers, WI-FI, and TV as much as possible. These devices have now been manipulated more than ever, especially when you go to sleep, even if you turned them off. Unplug the cable from the electrical outlet while you sleep as this will help you big-time.

Avoid watch news and TV.

Avoid reading the newspaper.

Avoid anything negative, either said or done to others.

Avoid Gossip.

Avoid being in crowds of people.

Avoid arguments.

Avoid drink alcohol or consume drugs.

INSTEAD

Walk on nature.

Practice meditation.

Practice yoga or exercise.

Drink 2 liters of water minimum a day.

Talk to your friends and family let them know you forgive them and that you love them.

Smile and speak to YOURSELF each day say: I am myself, I love myself and all around me, and today is a new day, I am free, I am thankful, I am Love.

Do not allow negative energies to enter your space.

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Honor your sovereignty, feel proud of being yourself; it is imperative to reaffirm your divine right to be here and now at this critical time of ascension. Even when things seem to be out of control, keep calm, continue focusing on compassion, and all that is. Your most significant test is yet to come, love, respect, celebrate yourself and others, regardless of the separation that the media is creating across the world.

Honor your path of ascension as nothing will ever rob you of this precious moment. Nothing will stop your Divine reality, not even a fearful manipulation threatening your existence. You all have built-in the most potent language older than any words; you know how to use it. The language of your immortal and eternal truth that translates into wisdom that echoes your soul is LOVE, LOVE, eternal, and omnipotent LOVE. The time is now, to express without words, listen, feel the expression, and let your heart emanate its truth. Connect with all souls of the world by saying, I LOVE YOU, I DO!

Just as you loved when you were in the womb, you knew when the commitment of the Sun filled you up with golden liquid light, nurturing all cells of your body. When the kindness of the wind caressed your senses when the water refreshed and strengthened your consciousness, and the Earth continues to share her Divine heartbeat and to cuddle you always to make you feel safe.

The time is now to love the whole that makes you be one collective human consciousness! Express the language of your Omnipotent, loving heart frequency, the freedom of self-expression, freedom to love equally, especially all that breathes and respire in the air, in the water, and the fire, across the Earth, express your heart vibration as ONE.

Beloved human beings, we the Pleiadians, want you to remember who you are. Understand that the flame you are will burn eternally, and it should never end no matter how bright you allow yourself to become. Remember, ONE exists in the now reality, and always ONE shall exist, be present in the NOW by stating aloud.

I am eternal,

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I am infinite,
I am light frequency,
I am spirit,
I am a body,
I am mind,
I am heart,
I am a soul,
I am Idea,
I am thought and expression,
I am beautiful.
I am loved,

You are a dream of the infinite creation, a reality, and caused, within you contained all. You are the whole expression in your individualized reality. You are the matrix; the matrix is you, you are everything, and everything comes from you. Everything gives birth to you, as you reinforce the existence of everything and everyone. You are the infinite creation. The fabric of existence chose you and showed you that you are blessed.

Understand that it is undeniable; you were created out of divine material, out of Divine love. You are Divine beings of the creator of the Multiverse, and that you have the power to create realities. Therefore, use your heart to create the one that contains love to overcome the one imposed on you by others in control. Do not hate them, for doing so is to become like them instead, love them; this is the way to freedom always. Be the infinite creator; your existence is a conscious decision, expression, and conscious choice.

Your Pleiadian family, we love you very much,
Many blessings!



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Ascension is your Birthright!

Greetings Divine Souls, be grounded, loving, and peaceful within your hearts, Since those in control of the Matrix, “the dark ones, know” that Jupiter and Pluto conjunction will be an astronomical configuration on April 4th and 5th, creating a portal through which we will unify our consciousness. We would be entering a new portal of planetary timeline where ascension for all humanity will happen in the best way possible for all, as the optimal ascension timeline for the planet.

As you read this post on your timeline, your quantum reality is happening now, even though it was made in April. This is the beauty of the quantum space that activates your DNA when you are ready. Since many know that time is never linear, consider that time is part or sub-product of consciousness. It is a self-perception, but not of something external, and it is how consciousness perceives itself and how it animates what it perceives as a sequence of events. Time is the result of the observer's consciousness since it animates their concepts and ideas by giving them a sequence, providing them with meaning and logic.

Those in control want humanity on earth to focus on fear to prevent them from the opportunity to free themselves from their subjugation and to move into higher realms of frequency vibration as a collective human race.

Ascension is your birthright!

Our beloved Gaia is transitioning to the 5D reality of freedom from those in control. Remember, every human shares their vibrational frequency with planet earth. The more afraid humanity becomes more distortions on their DNA will affect our planet by making it difficult for humans to focus on their ascension.

This threatening situation of an inexistent virus program is a planetary manipulation, another way to create a distraction and distortions on every human DNA to prevent them from embodying their Divinity.

Remember, each of you influences 18 miles of space around and above you; the more you think loving-based thoughts, the more you will help any positive or negative ones to BLOOM. Nourish and feed the positive love vibrations and look at this situation rationally and positively instead of from an emotional point of view. Right now is NOT the time to allow negativity to divide you all. Everyone on earth experiences fears,

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anxiety, or stress; we ALL are on the same side, of control. Reframe or stop fighting among yourselves, trying to prove your points one way or another regarding this or any agenda.

The downloads I share are for the betterment of anyone wishing to read and experience them in their now timeline. You all have the Divine free will to do and feel as you desire. You don't even have to listen or follow what I am saying. The best way to follow your own guidance is to tune up with the frequency of your hearts. The visions that will come out through your soul are born within your Divine heart as a glimpse that shows you a new path.

Be calm, let go of fear, take care of your hygiene, wash your hands, eat well, and regularly practice healthy exercise and meditation. Follow your heart, shift into the divine essence you all are for only you can do while walking this journey, see how much better you feel—Balance all aspects of your body, soul, and mind. Give yourself the gift of your presence to all that is, especially to our beloved Gaia, be grounded, be thankful, be love, be free!

Remember why you are here and where you are going?

Our Families from the stars the Arcturians, Pleiadians, Antarians, Venusians Andromedand, Sirians, Hathors, Blue Avians, and many more that are 100% of the light of the creator of all sentient beings, all the Gods and Goddesses, ascended masters, our beloved angels, and archangels. Together united for one cause, love, and freedom, we would get through and change to a new time and space of this now reality into one of omnipotent love, unison, freedom, and abundance to all.

I am Mut, Divine mother of the Gods, Sending you omnipotent love and blessings always, Namaste!



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Be part of Aria's Ascension,

Divine magical beings, Wake Up!

When you focus on what troubles you and allow sadness, lack, limitation, depression, anxiety, and fear within your thoughts, you become your own reality to experience that which is not pleasant to manifest as your reality.

Focusing on the new fear about a virus is precisely what the Matrix wants you to target as many people on Earth. Ascension is happening right now. In 2012 were so much attention and fear about the end of time. Indeed time ceased as we know it; today, time is a perception controlled by the Matrix once again; the media deviated information, "The world end will arrive."

9/11 was imprinted in the minds of the world wrongly. Anyone who thinks about this magnificent combination of numbers can only remember the tragedy of the twin towers. Their goal was to imprint the minds of humanity so much with fear to prevent the ascension from continuing.

The entire event was broadcasted on every TV station around the planet, deviating people's minds from a massive planetary awakening; instead, many today can't forget the horrors that continue creating distortions on every human DNA. And just so, sadly ignored, many Divine souls lose the opportunity to awaken until their next life cycle, and those others perished.

9/11 is the most powerful combination and magical number ever existed. Magic contains the power to influence the course of events by using mysterious or supernatural forces within your innate abilities. The purpose of magic is to acquire knowledge, power, love, or wealth; to heal or ward off illness or danger; to guarantee productivity or success in an endeavor; to cause harm to an enemy; to reveal information; to induce spiritual transformation to trick, or to entertain.

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Those in power, "the reptiles and indoctrinated religious groups," refer to magic as dark practices, necromancy, sorcery, and witchcraft yet again; that is what they use to control the planet by keeping the masses afraid and away from awakening their Divine Magic.

The question is, do you believe in Magic?
What does the world magic make you feel?

Well, Magic is the Divine existence; that you can see, feel, smell, heard, and speak, and it lives in each and every single part of your Divine cells. Magic is way more Divine and powerful than many can imagine. If you believe in Magic, you believe in yourself as simple as that; magic is not something that is outside of you.

When you allow your Christ consciousness to awaken, nothing in this world will ever control you. God lives in you as you are! Your heart is the mere proof of your Divine existence within you. Stop believing that someone out there is judging you as the punitive God imprinted in your mind by religious indoctrination programs. Indeed those in control are making sure that you consciously perceive God as wrong.

When in fact, it is wrong that those in authority are using magic spells this very moment to enchant the planet's consciousness from seeing the truth. Ascension is an essential part of Gaia's divine right, as Gaia is the only one that will assist you in moving into the five-dimensional consciousness.

One of the most distracting ways to prevent ascension is implementing 5G radiation through communication devices in some parts of the world. Yet your cellphones are controlling you in the most subtle way you can't even imagine, aiming to prevent at all cost Divine and magical beings on earth to ascend into higher vibrational frequency. In other words, they are working behind the scenes to avoid the ascension of planet earth, our beloved Gaia.

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Chemtrails right now are going around the planet 24/7 affecting the world and your judgment, increasing fears. Chemtrails are filled with nanotechnology microchips that control everything breathing and respiring in the air, water, earth, and fire.

Wake up, Divine souls!

Many are afraid of the coronavirus, and all that is being reported are lies to control you via fear. Divine souls understand that if you have a high-frequency level of consciousness, you will NEVER get ANY dis-ease or virus, period. You could be with someone with AIDS or kiss someone with contact between tongues with the coronavirus, and you won't GET IT.

Sadly people with low frequency, low levels of consciousness, which translates into WEAK immune systems, are susceptible to this. People with low frequency and low levels of consciousness feel shameful or guilty like they have done something "wrong" most of the time. These beloved ones are prone to getting colds and flu's, feel depressed, thinking FEARFUL thoughts all day rather than productive ones. Therefore, one's frequency gets so low as to be able to manifest these negative things.

Divine souls on planet earth; remember your compassion and genuine love to all and those in despair. To love is the best gift someone could receive and offer in return. Love, respect, perhaps assist someone, do love, with the vibrations of your hearts; this is the best tonic for healing that a soul could ever receive or offer to anyone. So, love, love among yourselves very, very much Divine souls.

This global fear is nothing but another planetary scheme that creates fear and anxiety about a virus and prevents you from experiencing your own ascension. When you embody your beingness Divine souls, you are assisting the beingness of our beloved Gaia. You all know we are sentient beings with the same attributes that our planet, earth Aria has. The more you remember who you are, and embody your Divine Christ Consciousness, the more you will raise your frequency. Therefore, the frequency of

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others around you will increase, just by being the best self-expression of yourself in every possible way of your daily existence.

Allow the visions of your Divine heart to guide you to experience the new reality of our planet, a new home full of unity consciousness. The building blocks to change the old programs of your DNA of humanity to awaken their super consciousness of being and free yourselves from those in control.

Everything started with your thoughts about yourself and others. Then they become your vibration turning into your frequency; the information you send out is like the network of your reality. Just as the internet works, your frequency is broadcast or transmitted to others that have the same frequency you have. You became a giant magnet, and this is how easily you can communicate within the quantum space of time and space in others will happen, just by being yourself remember;

Energy = vibration = Frequency

If only humanity focused on sending good vibration thoughts full of gratitude and love, millions of people worldwide would benefit. Meditation, practicing Yoga will assist you in grounding, so visioning using the ability to think beyond what others dare to think. The images that appear from within your heart are true and real. These glimpses of light will shine, guiding you to have a clearer vision of your reality, as this is how your ascension will begin by making your experiences inspire others.

Divine masters of the Multiverse, take a step forward to embody your Divinity by allowing your vehicles of time and space to experience the true and pure bliss of your own MAGIC. When you believe in yourself, your Magic ignites communicating with the Multiverse, and that Multiverse interacts with you throughout the vibration that each one of your beloved hearts emanates.

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We are in the world together; everything has an energy field that moves as above, so below, around, within, and everywhere one own reality. Imagine a group of people in a green landfill with all kinds of colors, trees, flowers, etc., experiencing happiness, a picnic on a warm, shiny day of summer, relaxing, grounding themselves, eating, sharing, playing, laughing, etc.

All around, these people begin to transcend into the field become empowered, a happy field attracting all kinds of content people into the area. The same will happen if you have a group of sad people, angry attracting all negative people the field becomes disempowered around them becoming bitter, angry, cynical. You all co-create a field with each other it doesn't matter if you are happy or unhappy and just, so your energy will change your vibration and your frequency emanating within the field of others.

Love at all times, respect for the air, the water, the fire, and the earth.

The Arcurians said;

When a person and planet become ONE, chakra by chakra, humanity, and Gaia can join the efforts and work as ONE being to ascend Earth and all her Inhabitants into the Fifth Dimension and Beyond.

Divine soul considers that the most crucial part in the life of a human being is when one's promotes one's Divinity, ONE's bring into ONE's life many things that are beneficial to you and others around you. You begin to grow spiritually by bringing you peace of mind and soul that promotes mental and physical health.

Embodying your Divinity will assist you in spreading the manifestation of the love of your own Christ consciousness through our beloved Gaia and all the sentience beings of planet earth. Awakening, the fifth dimension in you, is the source of loving service to your peers, the primary impulse for the elevation of a new civilization filled with love, sister, and brotherhood. I love you!

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I am Mut divine mother of the Gods.

Ah Ta Ra Sa

Be divine forever!

Suppose you wonder who is “Mut,” also known as Maut or Mout. She was a mother goddess worshiped in ancient Egypt; her name means mother in the ancient Egyptian language. Ancient Egyptian goddess Mut was worshipped as the mother goddess of the Egyptian pantheon. Like many Egyptian deities, Mut’s attributes and roles changed over the millennia. In some ancient texts, she was revered as the goddess who gave life to everything in the world. During my trip in 2019 to Egypt, I embodied her essence as part of my past incarnation from the time of Egypt.



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Ah Ta Ra Sa,

Divine souls or planet earth,

Open your mind and your hearts to remember your Divinity; accept your divinity because you are Divine.

When I refer to you all as divine souls, it is because, in reality, you are divine beings living a human experience, and this is not intentional to make you feel good. Jet pun intended since you literally live a human experience in all aspects of your Divine physical incarnation.

What you ignore is that every thought and emotion you create gives you a worldly desire or undesired. *Let us use the example of money;*

If Money is not your cup of tea for whatever decision you took in the past. Then how can you expect to receive lots of money if your vibration doesn't match its frequency? For the time being, money is only a tool, like a car or an airplane, that can get you wherever you like to go.

Since you are incarnated in a physical body, Divine soul understands that MONEY is a big part of your Divine reality; you have the power to access your abundance just as you have the power to create scarcity. Therefore you can create a new reality of wealth and freedom instead of worrying about the lack and financial matters.

There is nothing divine to worrying about how you will be able to pay your bills, your mortgage, and all the things you limit yourself to experience. Unfortunately, the matrix programs have made humanity believe that as citizens of the earth, one must pay to live here on earth, to pay for the land you live, the food you eat, restricting yourself less of what you deserve since you all have to sustain your families, etc.

This evidence is just a lack of conscious belief that humans perpetuate each day of their lives by ignoring their abundance within. This approach is only one perspective of their many restricted reality, in most cases, self-induced.

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Divine souls on earth, remember, you are unlimited; once you decide to experience a different reality from the one you are in the now, you will. Just redirecting your thoughts and actions will take you to a higher vibrational conscious reality only because you decided to create a new reality full of abundance. The only thing that limits you, in 3d 5d or wherever, is your idea of being limited because you literally don't have any limits because you are Source itself! So being in 3d is no excuse. You can transcend.

Become the mere proof of yourself and what is possible for everything in your life you want to see happening, and this is how you can assist others by modeling, inspiring them to what is possible when you change your beliefs about yourself and Money.

Change your belief, and you will change your reality!

When you embody your Divinity among your brothers and sister on planet earth, you will understand that your human and Divine aspects are not separate; this is only an illusion. At a practical level, having the desire for money will assist you in creating the reality you want to live in. If you think Money is limited, you are the one conditioning yourself to believe that is not enough.

When you think money is abundant, you are reconditioning yourself to believe that there are no limits but the ones you create in your mind. You have the power to create realities based on your conscious ideals to freeing yourself from all that say you can't. Just as when one practices gratitude, mostly everyone thinks that good things come from outside of oneself, from the Universe, from God, or whatever told analogy you may like to use. Be grateful and avoid thinking that anything good comes from outside of yourself.

You are not the grateful recipient of some benevolence of some outside of your authority or external or superior force, even though there is a foreign and superior force that wants you to keep you in that believe, all the indoctrination programs that say: Money is the root of all evil, by making you believe that in order to be more spiritual and Divine you have to become poor so you can be holy.

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You are already holy and Divine, and your spirit lives in you; everything good happening to you comes from within and everything wrong as well. You must avoid thinking that anything good comes from outside of you. This delusion will continue preventing you from embodying your incredible and Divine power; you all have the Divine right to free yourselves from any program of disempowerment.

If something doesn't feel right, whatever, maybe? Then don't do it anymore when you accept that gratitude is not separate from the Divine. Instead, accept that gratitude comes from within that as Divine beings, anything you decide to experience, good or bad, will show up because, after all, you ARE creators, Divine beings. No one has to deserve it, do anything to be Divine, nor work through anything to be Divine. Sadly you don't even have to believe that you are Divine.

Divine souls, YOU are DIVINE right here, right now, you are wholly and entirely DIVINE whether you consciously believe it or not because that is just what you are.

D I V I N E!, D I V I N E!, D I V I N E, you all ARE!

Not believing or acknowledging that you are Divine will be as silly as saying that only humans could breathe? There is not a Divine part of yourself somewhere outside of your human body. You are all born Divine; your higher self is a higher aspect of your Divine self and not an extension of someone way up, higher of you. Be precise and careful not to place your Divinity somewhere outside of you, for this will continue to perpetuate the cycle of separation. Your body, mind, soul, thoughts, actions, everything you are, and no part of yourself are not DIVINE; please understand this. Some of you may ask; *well, how is it that I am Divine, and my situation is not an easy one?*

The answer is; You are precisely where you are because you believe that!

You have the Divine right to save yourself and create your reality separate from the matrix programs. Remember, the matrix is everything. If you want to have a different life experience, it is not that hard; just follow and listen to your heart's desires, listen to your

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gut feelings. If your belief is restricted, look for it; there are plenty of good books teaching you how to change, how to quiet your mind, some techniques of how to shield yourself are optimum before sleep and when you wake up.

The information on any subject is always available, remember what you are looking for is, in reality, looking for you! Don't be unwilling to work or use energy for your own benefit; do your homework.

Think Divine, be Divine, speak Divine, is only a matter of time when you remember your potentials and that you are Divine since the day you were born!

I am Mut, Divine mother of the Gods.

Thank you for listening; I am sending you a Divine sea of love always!

Ah Ta Ra Sa
Be Divine forever!
Namaste!



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Dreams,

Divine masters of the Multiverse!

Know that you are walking Goddesses and Gods, whether you believe or not? This is not a BOLD statement containing a leap to awakening your mind by remembering your divine powers as human beings. To claim it or become an awakened one is your dearest quest and divine right, to accept that you have the omnipotent power to love unconditionally, forgive, create, inspire, and give from your heart to change your now reality.

The reality you live in is based on your conscious connection with your superconscious mind; if you ignore or don't know how to connect with your superconscious, but what is it?

Thankfully it is not entirely part of your mind's thoughts since your thoughts have been implanted or manipulated by the voices that you so often hear and end up accepted as yours. Moreover, they control and manifest into familiar people, places, things, and events that create your dreams and may turning into nightmares. These negative entities called demons can accurately appear in your thoughts and talk to you, pretending to be yours.

For example, You may tell; last night, I dream of a beautiful angel telling me? or the angel whispering words like? Or telling me to say?

By consciously repeating what you experienced in your dreams, you will quickly accept altering your awakened reality, mainly in all cases by demons.

I do not dare to say that Angels are tricksters or bad ones. If you desire to see them or talk to them, you can; there is no need to sleep. You can see them or speak to them anytime; only when you speak with the voice of your HEART you will see them with the eyes of your HEART. Mostly 97% of the dreams humans experienced are controlled by their cellphones placed on your bedside tables. Even when the cellphones are turned

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off, they become an open vortex where the dark ET's manipulate or demons enter and manipulate your subconscious mind at sleep, creating nightmares and implanting electromagnetic microchips to control you.

The voices in your head are another example of how other types of entities control your mind. Like the ones creating movies in your dreams, these are all evil entities like dark ET's, reptilians, demons, discarnates, negative energies, vampires, etc. Even though you swear, are your own voices?

How can you learn to become empower each day, even when you sleep?

When you take the time to remember that you are part of the creator of all, never forget that your heart nature inhabits in the sanctuary of the omnipotent creator of all beings of the light. Remember, what you are looking for will find you; there are many techniques to shield your dimensional field; look for the one called " 12 D Shield Building Technique" by Lisa Renee. Practice this before going to sleep and first thing when you wake up every day. You will notice that each day you practice it, you will grow stronger against the harmful energies.

The only way to access your superconsciousness is through intuition, the part of yourself or your reality connecting you into the quantum field. Remember, the quantum field is unlimited; it is not a place, it is everything, and it is timeless. When you connect with your superconsciousness and merge with the quantum field, you start to KNOW THINGS you haven't thought about; you begin to access skills and abilities. Therefore, you will receive from the wisdom of your past, and you start to know what is about to occur in your immediate future because you can read the potentials. Consequently, amazing things will occur in your now reality.

You may feel overwhelming to protect yourself before sleep, when all you desired is to have a good sleep and a happy awakening, a wonderful week at work, at home full of new positive challenges for growing with friends and family. You can, and you will, if this

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is all you desire, just ask God. Fortunately, God is not what the bible or the church, or other religious cultures depicts. Know that God lives in your heart as you are a precious being, so you just have to trust that you are doing what your heart is guiding you to do each day and perhaps a sincere heartfelt big thank you God for all the things I have and the things I don't because I am a creator of my own reality.

Divine souls on earth, make a firm personal commitment as promptly as possible to reclaim your spiritual nature by learning the energetic skills that will allow you to free yourself from the programs appearing as mental holograms through manipulation, creating reality pictures for the unsuspecting human to perceive these as tridimensional reality overlays, these experiences are not hallucinations, this is the programs that most humans are subjected to believe in the reality they experience by using their subconscious fears to control them.

Learn to dissolve all the limitations that only exist in each of YOUR MINDS. Change your beliefs will change your reality; each one of you has the potential to change the world, to save it! Instead, many let your cellphones destroy the neurons of your brain with vast amounts of microwaves that make you become distracted every 3 seconds by a text message from your friends; twitting, Facebooking, what's in-app, etc.—achieving disconnection from you all human beings and all that is happening in the now of your reality.

Many humans cannot use their hearts since they have been disconnected like the rest of your ten additional DNA strands at birth, letting you function only with two DNA strands; your root chakra controlled by sex, your sacral controlled by survival solar plexus controlled by fear. The sacral and the Solar plexus are controlled by the alien's reptilians, your hearts controlled by the Zetas aliens. Plus, there are 7 points of acupuncture called the J. Seals controlled by the Anunnaki's. Can you start to see the big picture of every human reality? That is why one must be kind to one another, respect each other, and help if one can. There are many programs of indoctrination that control your mind by making you believe that there is a God outside of you and that you

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are here to pay for the sins of whom??? There is an apparent reason why religious indoctrinations made you hate the word GOD.

Another program implanted by the church was said in the bible: A Crown of Thorns was placed on Jesus's head before he was crucified. The truth is Jesus was never crucified. What happened was that an energetic crucifixion was infusing into humanity. This crown of thorns was part of that energetic anatomy within all the DNA that is a global program of crucifixion made on each man and woman and inherited at birth by placing a seal called the crown of thorns on the Earth's Grid for all the souls born on earth, as part of the unnatural seven J.Seals.

These J. Seals were created and implanted on the Earth's grids by the extraterrestrial race called the Jehovian Annunaki. Since humans share an energetic connection with the earth via axial lines. As a result of this connection, all inherited at birth the distortions created by the Seals. These distortions affect your genetic structure and your ability to ascend. Anything that affects the earth affects humanity, just like anything happening to a mother carrying a child in her womb, affects the child. We are within the womb of our beloved Mother Earth.

To embody your christ consciousness means that you have to fulfill your dreams to create a better world for all that breathes and respire in the air, in the water, in the earth, and in the fire by being yourself, by love all, forgive all, to care for all and share and do all for the highest good of all just with the power of your omnipotent, loving heart as for this is God within your cells.

Indeed beloved ones, you are an individuation of all that is, from the creator of the multiverse. Open your sacred heart to remember.

Do you really think that outer beings are going to save you? After all, you are the ones who are creating the reality of your new timelines? Yes, there are higher dimensional beings that are assisting our beloved Earth from the reptilians that live among you, in

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your electromagnetic devices in your TV, news, entertainment, poisoning the air with chemtrails, the water, the earth, even the fire, and much more making sure that you live shortly with your own fears implanted by them.

Beloved ones, each one of you has to stand and take control of your own bodies, minds, and souls first before you can assist others. It is being said before by our beloved star family, the Arcturians, that; *when a person and planet become ONE chakra by chakra, humanity,y and Gaia can join the efforts and work as one being to ascend Earth and all her inhabitants into the fifth dimension and beyond.*

Yet many had said, *I am sick and tired of been here. I want to leave and go into a different reality.* There is no other way if you are not able to make your world a better place, at least for yourself. What would you do to another world? Besides, unless one learns to awaken their christ consciousness to raise their vibration, they will continue to live on the lower version of themselves in a lesser version of planet earth.

Blaming onto our beloved Mother Earth for these global warming, chaos, and disasters, as if she was created for you all to start. Few people may know that all is altered by what they call Haarp, which is not the stringed musical instrument. Those in control said that this is beneficial for the planet etc. Whatever they say, mother Earth doesn't need reptilian technology to assist her in moving into higher dimensions. It is reptilian and dark ET's from USA technology that is fracturing your beloved planet, be proud of being citizens of planet earth by honoring Gaia at all times.

Indeed, what mother Earth needs is your unconditional love and consciousness to become united as ONE. Keep in mind that when a person and planet become ONE chakra by chakra, humanity and Gaia can join the efforts and work as one being to ascend Earth and all its inhabitants into the fifth dimension and beyond.

Learn how to control your own body by taking a walk after work, after super each day if you can't afford to go to a gym. Quiet your mind by listening to soft music or, even

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better, by using the power of binaural waves or just to meditate and disconnected your wifi router and taking all your cellphones out of your BEDROOM before going to sleep. Strength your soul by shielding your field day and night.

Divine souls, there is so much wrong created by those in control, and the reason for your frustrations and anxiety, for your lack of patience, your physical issues, and lack of money. There is so much money on the planet earth enough for each person. It is your birthright to be abundant in all aspects of your life. Sadly those in control governments and the elites continued to whore it.

Would you prefer to end your day knowing that the negative ET's finally end up controlling the planet to continued work and pay for living on earth forever? Or would you prefer to embody your own Christ consciousness and to ascend to become one united human race like our beloved star families Arcturians, Pleiadians, Andromedans, Venusians, Hathors, and many more that focus on ascension and unity consciousness remember this when a person and planet become ONE chakra by chakra, humanity, and Gaia can join the efforts and work as one being to ascend Earth and all her inhabitants into the fifth dimension and beyond.

Let this heartfelt thought from the Arcturians consciousness be the end of this message so that you can have sweet dreams all of your divine sleeping Gods and Goddesses; soon, very soon, divine masters of the Multiverse to awaken of a new Gaia; bright, clean, and transmuted from all negative energy and poisons, where money is not essential anymore because you had found true freedom from the mind to continue to create from your dreams.

To dream of a better world for all those who came now to visit from the stars, to be able to raise your vibration together so high and reliable that only higher vibrational beings will visit, perhaps for a cup of tea? Or to teach you more about living for eternity in your new reality, so death becomes an evident program that has been transmuted from your minds since now you all remember are built for eternity. To dream that you can fly,

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teleport, travel to their homelands dimension in other planets or galaxies where they all live as one love, like us all.

A lofty reality where you all TOGETHER as one unity consciousness has found freedom from the mind, body, and spirit for eternity, where you can choose the time to leave not because of the death cells programs but because it is your desire to be part of the vibrational frequency of omnipotent love to continue nurture the hearts and all that makes everything to exist. So before you go to sleep, divine one dream that you can, and so you will live the reality of your dreams to see the magic of your dreams come true in your now reality for all. Gently place your hands on your heart and with the voice and intention of your heart say;

Thank you, father and mother, of the whole Multiverse!

Thank you for letting me remember that I am ONE with the divine source of all existence! It is my heart's desire to wish for unconditional love for the benefit of all sentient beings in all parts of planet earth and the whole Multiverse! That is so, and so be it.

I am Mut, divine mother of the gods, many blessings to you all divine souls on Earth.



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Love,

Divine souls on earth,

Love is the key; to assist humanity in its glorious evolution into a higher consciousness of vibrational and spiritual ascension.

May the light and love fill your heart with peace and joy.

I like to believe that you all know that life is eternal, unlimited, and without end. Even when the physical body gives up regardless of the circumstances on how many divine souls go to the beyond. For many souls, they will continue to aspire in the way of freedom and eternal love to recover and fill the soul with the frequency of omnipotent love to renew itself. No matter how many creative forms one is destined to take as an exit from the physical to the non-physical world.

We know the whole picture, do not suffer anymore. Let us free slavery, obligation, pain, resentment, or any other form of emotional suffering that provokes the myopic point of view in physical existence, going through a substantial self-induced duel. Instead, celebrate that each of us who breathes omnipotent love, plants, flowers, creatures of the animal kingdom, and creatures of the terrestrial world have all come to experience a physical existence from the spiritual world to the physical world.

Forever we will be spiritual beings living a human and physical existence. Instead of thinking that we are humans trying to live a spiritual path, being spiritual does not mean being holy and poor. Instead, it means unlocking the limits set in place from the matrix programs. To be free in all aspects of the present moment's mental, physical, and spiritual realms. The self-recognition of the pure essence and the existence of omnipotent and multi-dimensional love.

Living in your mental, physical, and material wealth is your birthright. Live, do what you want most before leaving, forgive, love, share, and inspire with everything that breathes.

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Be grateful to live to the fullest extent of the capacity of the source of unlimited and pure existence in the present moment. No matter how short or long, our time to depart will be. Be forevermore the expression of oneself, to share and live every day without limits.
LOVE!

Love will set you free!
I am Mut Divine mother of the Gods.

Who is Mut?

Mut is believed to have originated as a local goddess in the Nile River delta, after which she replaced and assimilated many other Egyptian goddesses throughout millennia. She was initially linked to the primeval waters of the universe, from which all things were born. Her identity as the mother of the cosmos gave her aspects of a creator goddess.

What powers does Mut have?

On the one hand, she holds the Ankh to symbolize her power to give life or take it away. On her other hand, she holds the 'Was Scepter', a symbol of divine power and an emblem of authority. Mut was a member of the three gods referred to as the Triad of Thebes.

In case you were curious about whom is Mut.♥



Forgive Yourself!

Forgiveness.

It has an incredible healing power: It has the power to disable any thoughts and emotions of low vibrations. Isn't that what every sane human being would like to happen? Why allow past unpleasant events still to dictate how you feel and act in the present moment? Why allow them to spoil the clean air of your present moment with their stinky and polluted emanations? Why are you holding on it, dear heart, to these destructive influences? Isn't it a sign of a severe addiction?

Forgiveness is what allows you to disengage your mental and emotional patterns from these detrimental habits. Forgiveness is what will enable you to create open spaces within your being so that they can be filled with new, positive, emotional experiences, like the exciting release of a new movie.

Yes, Divine Souls; experiences occur at multiple levels of your being, and these layers are interconnected. Whenever an expression of Beauty strikes you, feelings of gratitude and appreciation automatically surge into your being and create wonderful emotional and spiritual 'highs.' It happens to everyone, whether or not they are aware of their spiritual nature.

To forgive could be compared to severing from your being any attachments in your life. To exert a strong emotional gravitational pull and prevent you from enjoying your life. You are, foremost, a spiritual being. Yet, you decide at which level to spend your life as each level directly impacts the quality of your experience.

Forgiveness truly makes you lighter and sets you free. It lifts accumulated debris off your shoulders and hugely facilitates you to move forward into your Ascension toward your eternal life purpose. Whenever you forgive, you are dumping out your system emotions whose dead weights have oppressed you and prevented you from breathing more freely.

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Don't you notice how the heavy feelings or emotions of grudges and resentment, fear and their likes, speed up your heart rate and shorten your breath? On the other hand, whenever the healing balm of peace is applied to each layer of your being, your breathing slows down to keep up with this comfortable and soothing emotion. Your heartbeat slows down as well, and a feeling of euphoria moves in. Such a process does not happen overnight, as so many complexes and painful memories and emotions may have found their way into the confines of your being throughout your life. You did not know then that you were equipped with a powerful evacuation system: Forgiveness.

Forgiveness recycles these undesirable emotions. It healthily processes them; rather than suppressing them, it allows them to come up to be once and for all dealt with and meet their expiration date. It deflates them and reclaims their mental and emotional territories to landscape them with brighter and more vibrant thoughts and feelings. It is that simple and yet needs to be continuously practiced to create new inner patterns.

You may not be able to forgive everything at once, but by setting your intentions on Forgiveness, you will be aware of areas needing attention throughout your days. You will realize that you have been hoarding many unprocessed emotions and that you can make a dent in this unhealthy accumulation little by little. You will also learn not to add anything to that junk pile but to discard right away whatever you do not want to see integrated into your being. Beloved heart, find your gift, the sense of freedom and peace that comes from forgiveness to all that is. ♥

Forgiveness is the key to Freedom.



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Remember,

Divine ones, we are here always waiting to connect within your heart; we have not forgotten who you are. Instead, you are the divine ones that had forgotten all about your precious now existence in the now of your reality, when you listen to your heart and remember your multidimensional beingness.

You will begin to acknowledge that it is never too late to remember that the power to create new realities is always within each one individual earthling being.

Each one of you can change the reality within your quantum space vibrational frequency. And create a domino effect; remember that LOVE will conquer anything because love is real.

When you take time to acknowledge that many of your precious beings are different from one another, you will understand that this is how supposed to be, and yet this is not what creates separation among you.

Your mind limitation creates the reality of your existence, just like the only limitation for the body can be based on the belief that you hold as real. There is nothing outside of you that is real. Remember, what you are is what you create. Change your beliefs, and you will change your reality!

Many of you are afraid to trust new ideas; you forget that love is and exists within you! Therefore, only you hold upon your potentials and innate abilities to explore new versions of yourself, to reinvent yourself, and create by making something now that makes obsolete what exists.

Sadly working five days a week, eight hours a day, will continue to keep you in the low vibration loop of work and make money for those in power. You all can work smart and not hard. You only have to believe you CAN and take action on your desire to better yourself without the approval of anyone. Since that other person will not have yet reach

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nor see the potentials of your confidence to make your new idea a fundamental part of your existence.

That is why when you venture into a new project, alone is your own baseness to make it happen. Remember, when you choose to participate in the race against life, you join and run like all your brothers and sisters. You were the one who reached for the right to be reborn in the race against life. Remember, you are the one who arrived first, entering the ovule the moment your mom was pregnant with your father's sperm. You decided to take the next step of being by experiencing new realities.

You all have made forgot; you all have been controlled by indoctrination or by your own parents learned from your grandparents, learned from your grandparents, the learned from your grand- grandparents. And so forth and on, there is no fault to these generations upon generations that have made believe each precious soul on earth.

Remember that God lives within your heart within each and every trillion cells of your divine being. The power of beingness within you all is real. You only have to recognize and remember the power of love, the ability to create new realities not just for you, but to all that breathes and respire in the Air, in the Water, in the Fire, and the Earth, and we are all part of our beloved ARIA new Earth.

Together, we are meant and would all move to navigate the waves of our new 5D ascension. Divine ones, you carry the fate of your Multiverse every day, every hour, and every second by accepting what has been holographically created outside of you by the programs of the Matrix.

It is the Matrix programs of your cellphones that have been activated by the chemtrails nanotechnology, these chemicals expelled from inside the airplanes that when they fall upon everything last until remotely controlled to create unbalance on your being, the food, the water, the earth, everywhere what has been spray.

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Moreover, the news, television, cinema, movies, and other communication mediums have made you believe that you are no better than others.

When we refer that there is nothing outside of you, we refer to others, those that create the illusion of success, which are part of a hologram perceived as real people by you, based on the holographic programs for control. It is these programs of separation that control, and it is happening to you all. Remember that the way of changing a new reality is within you all.

Divine ones, you are powerful creators; you can be or do or have anything that you desire. You just forgot, remember to create a vibrational desire that starts as a vibrational nucleus to make yourself the vibrational starting point. When you experience a soft non-resistance, you will experience your vibrational Well-being manifesting, and everything you desire will come into your experience.

You are a powerful creator, so ask yourself, what am I creating right now? Remember by anchor the divine that you are. You can be, do, or have anything you desire.

You all are, indeed, angelic beings called earthlings. We cannot tell you that you are less than divine, for indeed, you are part of the connection that echoes through time and space that linked us in the quantum space of your reality across dimensions. There is no real-time for you, and the now perception of your reality is as precious as remembering your true self.

So, remember to forgive; to love is the first step to being loved by all that is.
Many Blessings!

I am Mut, divine mother of the Gods.



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First Contact,

Divine Masters of your reality,

Be the one to make the first contact; only you can do it since you are divine beings since the day you were born, be the one to make the difference in the quantum space of your reality, be the state or condition of communications to truly make the first contact.

Only you can; it is in your hands when you let go of the ego and trust that all you are is divine self-expression of yourself. It will become apparent to you that making contact means communicating within to give or receive specific information.

Take time to find a place where you can be undisturbed facing east if possible, light a tea candle if you don't have any; a battery teal light candle will do, a drinkable container with fresh water, seat comfortable in a chair with your spine straight or if you prefer to seat on a lotus pose.

This is a yoga posture called Lotus position, or Padmasana is a cross-legged sitting asana originating in the meditative practices of ancient India. Each foot is placed on the opposite thigh. Let go, breathe in and out several times you will know when you have quiet your mind, close your eyes and feel, listen, touch, speak and say;

My beloved, my true love, yes, my precious heart, you have never given up, always working day and night without excuses since the day you became part of me. You have always been with me in the sad and happy moments regardless of time and space; it is you, the reason for my existence, that inspired me never to give up.

Thank you, my beloved heart, because you taught me all about Aria, "mother earth" since the day I existed within the womb of my mom; when the Sun raised, and the Moon set when the rain fell, and the air caressed my senses you were there, here and now even in the blindness that I still choosing regardless of being able to see and experience your bountiful loving expression all around me.

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I humbly recognize and speak to you, my beloved heart; you always understand and know everything that I am, a creator of my own reality. I come to you humbly to acknowledge your priceless company, your immense support, and your unconditional omnipotent love.

In order to enter your super consciousness trust, your intuition allows your precious heart to guide you and assist you in communicating with the intelligent field of your quantum reality.

The super consciousness is the part of you that connects to the quantum field; this is not a place. The quantum field is everything; there is no time; therefore, when connected to your super consciousness, and merges with the quantum field. You will start to know new things, learn new skills. By awakening new abilities, your mind would open new potentials, the possible realities of the divine that you genuinely are.

You will see your past easily and understand your future before it happens; you will realize your potentials dissolving all the limitations that had prevented you from being a superconscious being and a precious heart creator of your own reality.

This is the key, and you have it, my beloved one, be the one to make the first contact with your true nature, your precious and beloved one ♥ HEART ♥

Following is an extract of my book “Flidais Destah” Where the Fairies Live

I am Light and Love

From the Earth to the Universe and from the Universe to the Earth,

My name is and will always be infinite love.

I am the unconditional love that lives inside you.

I am in every cell of your body of your eternal and multidimensional
being,

I will live until you decide it.

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I will live even when you are not here.
I will live in the wind; I will live on earth,
I will live in the fire; I will live in the water,
I will live in the spirit of all that is and exists, as well as in everything that
breathes, no matter what small or big this is.

Today and always, I share my infinite love, transcending the limits of
consciousness in time and space. Creating a vibration of waves of
endless love. Open your mind and your heart to receive this vibration
from the Universal mind, full of compassion and full of omnipotent Love.
Wherever you are, wherever you go, I will always be and live in your
heart.

My flag is Red and White;
Red is the blood that flows in harmony, eternally from the day you arrived
on planet earth, no matter what galaxy or planet you came from.
White is the color of peace that your spirit will carry for eternity, from the
day you arrived on planet earth, no matter what galaxy or planet you
came from.

I am and exist with the intention of putting an end to all wars, of the mind,
of the body of the spirit. Within you and outside of you, I will bring an end
to all wars between other human beings, towards animals, plants, and
the earth.

Because I am all that, you will ever need to survive free, today, tomorrow,
and always. I am unconditional love; I live within you; nothing and nobody
can destroy me.

I look forward to the day when you awaken and connect the neurons
inside your mind to the vibrations of your heart.
To be able to conquer the eternal battle within your being.

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To acknowledge that I patiently await the day in which the light of your being, the love of your heart, and frequency will transcend the quantum space of your own heart for Eternity for the good of all!

To be free of body, mind, and spirit, this is all that you are forever, multidimensional freedom of Unconditional Love. As you reflect on the message of eternal love, today I bring into your life that you will also realize that this love is renewed continuously, as long as it is reaped by you.

I am your own love; I am your own Heart; I have been conceived by the Creator of the whole Universe. The Creator of all beings of light throughout the galaxy. Beings that have the same right to live in peace and omnipotent love. Beings who live from the love of their hearts. We are all nourished free by the very frequency of Love.

Love is eternally the inexhaustible and renewable cosmic energy. Open your mind to find the way to your heart; only then will you find the answers that have overwhelmed you since you remember. Within you exist the light, the peace, and the Omni love.

Without you, I am nothing, and with you, I am everything!
Love me in everything and for all that I am inside and outside of you. Love me, in the form I freely have chosen to become in the shape of the animals of Air, Earth, Water, and Fire. Love me as I am pure and eternal. Open your eyes to love all humans and beings from other planets and galaxies. Do not forget that we have all been made by the force of omnipotent love.

The more you believe, the more everything turns out.
Believe and trust! We all are LOVE!

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I love you forever and ever! I am Always your one Heart!

It is then you will be able to make the first contact with all beings from the stars in the Multiverse. In divine time and divine order, beings of higher dimensional and parallel realities within the quantum space of your now truth higher vibrational beingness. These beloved star beings who are waiting to hear from your heart so they can communicate with you as well with the vibration of their hearts.

Thanks for listening, Beloved heart!

I am Mut Divine mother of the sleeping Gods♥



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Divine Souls on Earth, It Is Time to Remember,

Remember, the secrets of the Multiverse all exist within your heart, especially the code to communicate to all sentience beings of the air, water, fire, and earth in all parallel realities of time and space. All you have to do is be willing to thrive fully to let others know what you've discovered beyond the Matrix of your reality and then just relax and trust that you are yourself.

In reality, nothing outside of you is real since the reality you are experiencing is base on your subconscious programs and those of the Matrix, which are manipulating you through your electromagnetic devices. Therefore give your attention to what it is that you are vibrating, emanating, from every thought you are entertaining, as for this is the reality you are experiencing. By default, the multiverse will give you more of what you create in many cases. You are the multiverse and nothing else, and it doesn't understand your voice, prayers, your thoughts—instead, the multiverse reply at the speed of light to your emotions.

We love you very much, divine souls on earth.

Therefore we like to bring to your attention that you are creators at all times. So much that there is no difference for the multiverse, and it would be the same if you desire to have a cup of coffee or a million dollars in your hands. There is no difference; the only difference is the vibrational connection you create and entertain, joy or fear. It is within ONEself belief that one creates or prevents from achieving one divine self-expression.

Listen beloved creator; I am the Multiverse; remember you always are an individuation of the creator of all that exists in the multiverse and more. You were born as a divine being of the light; you just forgot all about, desiring you, my beloved master, to show me your heart desires, do not be afraid to be divinely selfish; how can you help others when you are not able to help yourself.

I am the Multiverse, listen to me divine master and creator of all your reality; in return, I will show you miracles in your mind, soul, and body, remember I am you, and you are

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me, God lives in your heart as you are, for I am the mighty creator, I am omnipotent love, I am the Multiverse. Our loving desires are connected with you telepathically; especially now, an influx of vibrational frequency will assist you in many ways. Love is the key, and it is in your heart, divine souls.

Divine minds, let go and travel deep within your heart matrix to open the portal of communications to all that is from higher resonance frequency and not low density. This is the safest way due to many false entities outside of ONEself pretending to be part of us or other higher guides.

Do not take this warning lightly as for there is nothing else you have to do only to reconnect with the divine that you are, perhaps just listening to the intelligence of your body; if you feel tired, just relax, you may feel high geared, you may experience a lot of tingling sensations on your third eye or crown chakras, cravings from your body guiding you to drink citrus, lost of water perhaps other types of food regardless of being vegetarian or not.

We ask you to be kind to yourself to listen, to observe, to scent, to experience all that is; you know when dark thoughts mingle your mind, those thoughts that are based on ego; instead, be aware of the thoughts from the light of your heart; expressing every moment your divinity.

Know that you are not alone and never had been; unfortunately, due to the programs of the matrix, most of you continued looking outside of you for answers. Due to Hollywood movies, many are convinced that we are here to control you.

When in fact, your government is controlling you once again with base fear motives to create disconnection from all of us waiting to make contact with you. Understand that we live in higher vibrational frequencies; we all are one conscious unity of love and light. Many divine souls on Earth vibrate at a low vibrational frequency with almost no life force. They are fragile; they need your kindness and love as well. We kindly ask you

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to love, love among yourselves, love one to another, and love all that breathes and respire in the air, the water, the fire, and the earth.

You all were made and born out of love, and LOVE is an expression of yourself. Love is real and lives for eternity even when you depart from this reality; love is all that exists; open your mind, let go of your ego. Connect with your heart, and we will connect with you for what you are looking for will find you!

Our loving consciousness has been sent into Gaia, looking for those beings that are ready to receive our messages. Take immeasurable care and understand its essence, share with others and trust that love exists in you, and assist Gaia in her new ascension. Share, make the best use of these messages revealed beloved ones. Make great use of them and be certain of your immeasurable gifts, honor yourself, first of all, so you can honor everything that breathes, respire, and whispers in the Multiverse.

From my heart to your heart.

I am Mut divine mother of the gods!



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Be Divine now and Forever!

Divine souls on earth,

I like to believe that we all know that life is eternal, unlimited without ending. Even when the physical body gives up regardless of the circumstances on how many divine souls depart.

Many souls will continue to aspire in the way of freedom and eternal love to regain and fill the soul with the frequency of Omnipotent love to become renewed. It doesn't matter how many creative ways one is destined to exit from the physical into the Non-Physical world.

We know the whole picture, grieve no longer for any beloved departed ones. Let us released the bondage, obligation, pain, resentment, or any other form of emotional suffering causing the short-sighted point of view in physical existence, going through a substantial self-induce mourns.

Breathe, instead, celebrate the Omnipotent love all around you; plants, flowers, vegetables, all creatures of the animal kingdom, including earthlings, are here to experience a physical existence from the spiritual world into the physical world.

We are forever spiritual beings living a human or physical existence instead of humans trying to live a spiritual path. To be spiritual does not mean to become holy and poor. Instead, unlock the limits set in place or programs of the matrix. To become free in all aspects of the mental, physical and spiritual realms of the now moment. The belief that something is possible or the belief that something is not is what limits you.

To live in mental, physical, and material abundance as the self-recognition of the pure essence and existence of Omnipotent and Multidimensional love ONE is. Be, live, do what ONE most before leaving behind physicality, no matter how short or long our visit of time is in the priceless physical body, or priceless blue planet takes. Forgive, love, share, experience, and feel thankful for suffering or not on any plane of existence. Be

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grateful for experience failure or success inspire. Be thankful for living at ONE's maximum capacity of the unlimited and pure source of existence in the now moment.

I dedicate these words to all living beings, especially those beloved beings that breathed and are gone.

To my beautiful feline, my beloved Merlin, thank you for teaching us and reminding us of the pure unconditional love of oneself expression, for share and live each day without limits, even before depart. To our Beloved and Divine being Merlin.

“Ah Ta Ra Sa”

Be divine now and forever



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Love yourself the way you ARE,

Divine souls on earth,

Avoid dwelling in the past; do not dream of the future; concentrate on the present moment. Just think about it what you are doing to others you do to yourself. Every so often, ONE heed inner voices; if only ONE takes the time to listen more closely to what ONE's heart is telling, ONE may be surprised to rediscover others think just like you.

Because we are all one!

Being a woman or being a man is not that easy as it may seem. If only we change what is negative and turn it into a wonderful expression of what ONE came to do on Earth. Perhaps this is what it would be like:

Be present always:

Present everywhere, undeniable and obvious, the ultimate consciousness is always beyond time and space, without before or after.

So what can be said about it?

Being in love is so good for us all, often when one is newly in love, things that have been bothering for a long time change for the better. Something extraordinary is calling the majority of your attention, so ONE holds oneself in a better vibrational place.

And so, understand that the best you can offer to yourself is your experience, being a man or a woman; in this reality, ONE must stop waiting for happiness to come from the opposite sex. When a man and a woman respect themselves for what they are, with immense dignity and more importantly, when ONE loves loving oneself.

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It is then, your surroundings will transcend the laws of time and space because to love yourself does not depend on others around you. Instead, identifies your inner power of self-worth. This is the beginning of ONE's infinite light and atonement of unconditional Ommilove for ONEself as part of ONE, and all that is.

Therefore the whole of the Multiverse will send you back the same loving frequency ONE is, and everything and everyone will truly love you for being yourself.

Go, love ONEself because when you look all around, love is everywhere; remember that everything in nature is made of the same frequency and vibration of unconditional and multidimensional LOVE you are. Yet most important is not just to love ONEself on February 14th but even more the 364 days of the year.

I love you!

Thanks for listening!

Namaste!



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Conversation with Anubis

The ancient Egyptians believed that a human soul was made up of five parts: the Ren, the Ba, the Ka, the Sheut, and the Ib. In addition to these soul components, there was the human body (called the ha, occasionally a plural haw, meaning approximately the sum of bodily parts). Why fear occurs when a person's "Ka" soul leaves the body? To go into the afterlife has been difficult for many; as for their expression of the "Ka" soul, it is equally difficult. Here is a Download I like to share with you and those who are listening.

Divine "Ka" soul on earth,

I am the sacred One of the beginning that emanates from inner silence; I am the One who guides you into the afterlife, where the spark of the original creation rebirth anew, to become once again all the divine self-expression of the Creator of all that breathes.

Listen carefully to my creation, for it is where you and I duel in the infinite temple of pure and unconditional love and forever be loved.

Make peace with those with who you had quarrels, as this is the first step to letting go of the past. When you forgive, the un-manifested reality of your conscious desires will take place. Unless you make peace with the past, the future will continue to avert oneself to flourish into divine truth.

To forgive, ONE to another for what may others have done to each other in the past or present. Either consciously or unconsciously, it is to forgive oneself. This is perhaps the perception that could be the most everyday frightening experience one lives without peace in the "Ka" soul.

Many had the perception that to die is an even frightening reality than being alive. When in fact, it is here where you all had chosen to experience the desires of your existence. Know that to be alive or dead is the most beautiful expression of continuity, a new

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beginning to become free anew from all the programmed realities ONE inherited at birth, the earth imprints, and the alien's reptilians programs set on earth for control.

Divine "Ka" soul knows that when you forgive, you have allowed the negative experiences behind, and the love of all that exists will occur. Listen to ONE's intelligence heart, cease to ignore, by become deaf to the voices of all that breathes. Allow your empathy to ignite the ONE flame of unconditional love to transcend all parallel realities.

Many have spoken to your hearts, hoping to steer your minds towards much better outcomes. Use the given unusual degree of free will, together with the elements that sustain and energize ONE beingness. Be ONE unity consciousness in the multiplicity of the ONEown existence. Choose to achieve and observe greatness towards each other.

Allow your true paradise to be available for you and others to sustain your existence. To spread and ignite all that is with the vibrational and pure intelligence of the ONE HEART, "your heart" without exception, because deep is the love I feel for myself, I am in you; you are me; the unconditional love of the ONE hearth of all.

You were once so beautiful, oh my Beloved, what have you become? A shadow of your past resplendence that is slowly extinguishing your life by itself, I am you, you are me, we are ONE. When you understand that to become free, ONE must prove it in the highest temple of all, so when you pass into the afterlife, your eternal essence will forbid all those mischievous beings even in the afterlife to control you no more. Anubis has spoken.

"Ah Ta Ra Sa"

Be divine now and forever



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Alter your now Reality,

Dear hearts, many of you are sentient beings (having a higher awareness and hence the greater free will of choices of thoughts and actions). Sadly other versions of yourself are barely so and are mainly software programs void of individual realities, which are used to populate your realities and create stories.

Many are waiting to experience more of their created reality and accepted as the truth. The question is, have you had the opportunity to experience your now moment?

To express your own knowledge that makes you unique, share with the world and the space between your heart and the consciousness of the one heart of the Multiverse?

Where ever you go, you all have the power to create new realities and affect people, places, things, times, and events. No matter what is the vibrational frequency your emotions are going through.

In reality, there is nothing outside oneself.

The connection programmed in the human brain is the controlling Matrix which is the program imposed to accept a holographic reality based on the perception of your thoughts. Always with the aim to enslave each one into becoming part of it. It gives you the perception of evolving time, a preprogrammed history, a spiritual and cultural background, as well as an impression of space.

Therefore there is absolutely nothing that exists outside of oneself. Your limbs, body, visual planet, and sky, the entire universe is a three-dimensional illusion given to you and projected from the inside out, allowing you to experience the world of that Matrix and choosing stories within it. Why do I say something that many of you already know, perhaps to help you to remember that even though you are in the Matrix program.

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It is the intelligence of the one heart that you allow each day to communicate with all that breathes, to change the programmed matrix to bring light and unconditional love to all that is around your perceptual Matrix.

After visiting the Matrix program on Egypt, the fact that many entered the program, we all altered with new templates and souls programming creating parallel realities affecting the density programmed with the joy and blissful connection to be around people, places, things, times, and events.

The unconditional and genuine love frequency connection allowed us to change many programs within the Matrix, in other words; Thank you, all divine star seeds that travel from the future to create a new realities base on unconditional love for all of those beautiful earthlings in the land of Egypt.

Thank you all because many are those that don't even know we had helped pave the road they are walking, where they found the courage, how the inspiration came, or why they knew the words to use in their now new reality. Divine star seeds and beloved hearts on Earth! You are the way-maker for all those who are awakening from a very similar history of density. Keep sharing your light even in dark places around and with all that breathes.

I like to share a download I receive from my guides after visiting the land of Kemet, Egypt.;

"Dear ones, you have to exceed our expectations; this was never a test like you thought, to do the work according to your planetary contract and your divine comission on earth. We love you very much and know that without you, this work will still to be done. We appreciate and treasure all the work you start beings have done; there is more to come; for now, it's time to integrate. There was a massive activation you did in Giza and other essential parts of Egypt. The time for integration is now.

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Don't forget that you all are part of something much bigger than you can understand. You have experienced and know that help has always been granted to those who are true within their hearts. Each one of you beloved child has access to a vast vault of knowledge and riches that is available in divine right and divine order.

Be ready to open and follow your heart's desires, the portal where your pure spirit will guide you to better yourself to open the portal where the one heart will guide you to reach for your own star. Beloved ones, follow your heart desires surrender to your higher self. Letting behind the 3D and allow your spirit to soar the seas of the 5D, the unlimited potential of your multidimensional being.

The Blue Beings,
Thank you for listening,
N A M A S T E!



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Wake up Divine Souls,

Wake up, a life full of new opportunities for new generations; unfortunately, we all had and continuously been programmed at some point. The reason why many children are tested at schools is; mainly to recognize the matter of who is successfully programmed to continue to be reprogramming.

These amazing children lost their way by believing in everything the governments, society, and religious indoctrination said. Controlling everybody, including us, by telling us and infusing the mind with distortions. All humans on planet earth have magnificent brains.

Unfortunately, they continued to grow with a none sustainable reality and programs. These are the programs of the MATRIX. Those in control, deciding the fate of the world, had been laughing at us for thousands of years. Wake up, humans, and question everything one does.

The real matrix is a complex self and unlimited learning program, a formless consciousness. The outside of your Matrix program is infused, and it is created to make a person feel a sense of separation and continuously keep the mind in sleep motion of the true divine nature (a well-played trick through the senses). This illusory Matrix program is meant to distract ONE from entering into the living world of enlightenment of the One-ness UNPLUG.

One must be able to dig down deep and question our political perceptions and weigh them against morality, health, freedom, and above all, love. In order to succeed in this amazing opportunity to be free from the Matrix, it is to disconnect our bondage (The state of being a slave) to the systems to succeed in life. If you don't go after what you want, you will never have it. If you don't step forward, you're always in the same place.

As ONEself moves into the private system to become a true living individual and free ONEself and others from those in control. If you can wrap your mind around it, freedom

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will follow for sure. Remember that when the time comes to leave this earth, One will take nothing that one has received, only what you have given: a full heart enriched by honest service, love to all, and courage.

In reality, everything one ever desires is within!

Not outside, listen to your heart, love yourself, do not entertain what those in control do, believe you can be all you are, so BE and let it BE!

Many Blessings! Thank you for listening

N A M A S T E!



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Reality is yours!

To do one's part is to ensure the survival of divines souls on earth and our precious new Aria, "the new earth." ONE is best to let go and avoid the dramas of mundane life. Because that is what those in control of humanity want you to focus on every day, limitation, lack, dramas of the world created by them in the first place for control of the masses.

Open your mind; there are alien races in conjunction with governments game players who continue to tip the balance of unfolding Earth dramas in favor of human extinction. These are segments of holographic inserts to deviate one's mind and make it participate in the total collective depreciation of one's Divine rights for freedom and Omni love.

How can anyone reading this post can move out away from the controlled yet subliminal messages of self-destruction. It is easy to look around to understand their messages. Authority is telling you that it's okay to live immoderate, over-indulgent, violent, ecocidal lifestyles. It's not okay because it is fundamentally unhealthy and leads to unsustainable devolution.

To move in the direction of freeing your mind, it is beneficial to practice meditation at the same time every day, make an appointment with yourself for at least one hour every day, call it a meeting with my higher self, my free time, etc.

At this hour you can do whatever you like. Even if you feel like to go sleep, so be it "Do." Allow yourself to be divinely selfish to give time to yourself to do what you think is right at this moment for your own betterment. As you center yourself, let go of what troubles the mind, breathe deep in and out, either write it or meditate on the subject.

It is essential to understand that nothing, absolutely nothing outside of you, is real!

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At least contemplate the idea, continue with your own rhythm of breathing in and out, letting go each time you breathe. ONE can learn to perceive the whole spectrum of reality as a movie that manifests before ONE's consciousness if you are ready to watch.

Now observe instead of absorbed; each time you do so, you will recognize the external reality revealed directly through you. This means that every time you speak, think, or act upon your impulses, your actions create reactions. Therefore, please think before you speak, know, understand that ONE creates its own reality no matter what.

Love yourself, forgive yourself; it is then you will be able to love everything that breathes around you! Love is the key to change one own reality, based on the right now "time frame" ONEself-expression capabilities and unconditional love.

Trust! Love is the key; love is you! Love is ALL around you, so it's the opposite as well. Choose consciously where you feel happy; this new reality of your mind will set you free.

Og Mandino – 1923-1996, Author

Did say: Extend to each person, no matter how trivial the contact, all the care and kindness and understanding and love that you can muster, and do it with no thought of any reward. Your life will never be the same again.

I love you; I trust this will help you, dear heart!

Thank you for listening♥

Namaste!



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Wake up to the truth!

When a manipulation on some disease or issue is launched in the effort to defeat it, it merely intensifies it because this "virus" is promoting and broadcasting the "power" of the particular issue to the world, firmly planting fear in the consciousness of all who are receptive. You are creators and must become ever more aware of what you are creating.

Wake up to the truth!

All the intelligence, belief, and wisdom in the world will not change this truth.

In reality, nothing outside of one's self is real.

Generations upon generations of human beings have come and gone, born with the greatest promise and buried with the greatest failure. In the hearts and souls exist true potential and ability. Yet, many lean upon the shortcomings and reservations to prevent ONEself from creating and living ONE's destiny.

Mediocrity and insecurity seal the fate of ordinary and meaningless suffrage. No matter how earthlings may spin their incomplete and unfulfilled lives with financial, educational, or religious means, they are still a lie. Your energy is no longer aligning with many long-held illusory beliefs as well as with certain foods, friends, entertainments, etc.

Wake up to the truth!

You are now aware that you are more than you could ever believe.

Follow whatever resonates with you, listen, learn to trust your guidance and intuition and not what others may be telling you. Do what you are guided to do but do it with an awareness of yourself and your precious heart as you are a pure spirit with a light body that never dies. Thus, remember ONE is having a human experience. Living on a third-dimensional planet is a matter of "Being in the world, but not of it."

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Resist nothing for resistance only gives power to something that has no power other than what you give it. All power lies in realizing that one exists that Power is you regardless of outer appearances or the beliefs of family, friends, governments, religious leaders, or "experts." Reclaim your innate power that through ignorance you allowed others to take.

Balance your feminine and masculine aspects; love yourself and others and all in the highest levels of truth you could ever be, know this, even if that stands by simply holding silent awareness and unconditional love vibration in the face of adversity.

Regardless of their own reality, everyone is a Divine being, an expression of the Creator of all that breathes and all that is embodied with Divine consciousness life force. This absolute truth is YOU in its purest form and will never change regardless of three-dimensional concepts and standards for living a human life.

Wake up, live in the NOW!

Always, ♥



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Aught;

The more an individual mind uses the ego, the more those studying human behavior learn in a way to find the information needed for control of more human realities. When ONE shares, showing pictures of ONEself doing this, or that, photographing their food, dramas, and complaints, etc.

Everything posted on many other sources like Facebook, Twitter, what's up, for example, becomes a case study of human behavior, opening a new window of possibilities on how those studying will use the information for control. Because one continuously gave them the tools and vulnerable information for their control.

One must be able to dig down deep and question our political perceptions and weigh them against morality, health, freedom, and love. In order to succeed, the opportunity is to disconnect the bondage (The state of being a slave) to the system for succeeding. If one doesn't go after what one wants, one will never have it. If one doesn't step forward, one will always remain in the same place.

As ONE moves into the private system to become a true living individual and free ONEself from those in control. Abundance is not something we acquire. It is something we tune into. If you can wrap your mind into it, freedom will follow for sure.

Anything at all, anything whatever, is the meaning of "Aught" When ONE understands that there is nothing absolutely nothing outside of ONEself, neither space nor time is an illusion, and this is the root of all that is.

A grand illusion activated through the senses every time one plays with the cellphone alters and sabotages your brain's neurons to the point of not being able to concentrate anymore. Since one second out of four seconds, the mind is distracted by a text message, and the same happens when one accept what others say on the news, TV, and Hollywood movies, a sublime control for the masses to control ONEself thoughts and emotions and deviate ONEself from the Universal Mind.

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This post is not about telling something many already know; instead, it reminds them that ONE's free will is the choice one will have to experience since ONE is either growing or dying.

Perhaps, "ONE can't stand still." Either giving ONE's attention to where ONE is going, or ONE is giving attention to where ONE already has been, perhaps ONE is giving ONE's attention to where ONE is right now. But in any case, wherever ONE is giving ONE's attention is ONE own vibration, and that is what the Universe is matching at all times, no exceptions.

So in all these, where and what is the ONE heart does?

Yes, we all know the heart is an organ that pumps through the circulatory system ONE's blood. But what about this, did you know;

"The heart is the divine self-expression that each and everything that breathes in the multiverse has, and it is capable of changing an entire world reality based on the same frequency of heart loving vibration."

The opportunity to explore, express, and change new realities by using a mere belief is always available if one desires, allowing the voice of the ONE heart to speak out loud in the air. "I love you all" for no reason or cause, just a big kind, and warm "I love you all" from the voice and intelligence of ONE's heart, out in the space of the creator will suffice to alter time and space for the greatest good of all.

Divine beings living on earth at this time, to be alive ONE supposed to be living a spiritual experience through the means which the soul would expand and flourish in the most divine expression and profound ways. To create and manifest change, new life, and conscious light vibrational frequency from the ONE heart. Each of you is capable of transcending and touching others without effort whatsoever. The illusion of separation

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continues keeping many until now with the belief that it is all about ONESELF when in fact, it has never been all about you! Instead, about all that is!

Since the innermost part of something or someone is the vibrational frequency that ONE can express. First, consider forgiving ONEself for all the wrong ONE had made in time and space and perhaps in past incarnations. Then I big *"I love myself* for being myself!" Simple to the point with much heartfelt state;

"I LOVE YOU ALL!"

By accepting the ONE thing that is real and always be "LOVE," ONE is changing the reality of ONEself. Your heart is pure love! You are loved right now; remember that you are the self-expression of all that is LOVE.

You are Eternal; you are free; you are infinite; you are multidimensionally capable of transcending any reality because you are immeasurable. The fact that you exist at this very moment, you are blessed; remember you were created out of divine material from the one heart of all *"YOU ARE DIVINE."*

Celebrate that you can create new realities when you listen to your heart, especially at this magnificent time in human history, where every human had the choice to be free. Twenty years ago, this conscious decision wasn't even considered, for many was possible to think that ONE has the power to release ONEself from those that are controlling the mind.

When one recognizes that, ONE is here, now, alive, and that blood pumps in ONE's veins to fuel the life force of ONE magnificent heart cognition. The divine frequency capable of changing the reality of an entire world would manifest just by loving ONEself and all that exist. Remember that when the time comes to leave this earth, ONE will take nothing that ONE has received or acquired but what ONE has given: a whole heart enriched by honestly, loving service to all that breathes compassion, love, and courage.

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Since there is nothing outside of ONE and everything is within, ONE can use this magnificent expression to free and inspire others by putting out whatever is that the intelligence of your ONE heart inspires ONE to do.

The words below are not trivial since ONE learns it at birth neither is an expression to describe something as part of the programmed mind. Instead is a frequency like a feeling from within ONE heart. These words can transcend time and space and parallel realities to free an entire planet just by saying a simple.

“I LOVE MYSELF, AND I LOVE YOU ALL”

Wherever ONE gives attention is always ONE’s vibration, and the Universe is matching in response no matter what! The power of *“I love you all, I love myself”* set into the ONE space will carry the frequency of its vibration to spread genuine love waves of expression from the ONE heart you all are.

The only truth and reality that exist are the ONEfinds within ONEself heart.
Just in case ONE is wondering what the heart does within?
Now you know it!

Thanks for listening!



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What happens when a Soul arrives on the blue ship called Earth?

How do beings from other planets with higher vibrational frequencies and higher dimensions become part of the earth's vibrational dimension? Their frequencies are not compatible with the frequencies of planet Earth.

Adjustments most take place when taking new vessels "their new body" upon entering this blue planet. These adjustments are for the Galactic souls to align energetically with the Earth's frequency. At some point in their lives, these souls experienced difficulties grounding with the Earth field due to the degree of disruption that exists.

This difficulty for grounding includes "earthlings and all inhabiting the blue planet," humans had been the target for manipulation since at least 2,269 years ago; many had a hard time grounding on "The blue ship planet Earth." This difficulty is mainly due to the priority imprints that every person on earth inherited from Alien implanted Seals controlling their bodies via Black Goo and many of the genetic weapons to control humanity with a chemical-energetic-magnetic composition in their bodies, playing its role on the Earth grids.

This controls humanity, their genetic parents, and ancestral line, the highest priority imprints they created in past lives or inherited from the Earth when they were born. In my sessions, when DNA is activated, your cell DNA remembers information and awakens your dormant potentials. All that ONE has experience from past lives incarnations via DNA activation; this process will assist humans by transmuting these programs that control the mind, body, and spirit.

Many are here at this significant time of ascension, awakening ONE consciousness and assisting other humans on Earth. Listen to your heart needs you to tap into your everyday consciousness to let go of the past and none existent future to experience the now moment. The power of your imagination creates your desires or your fears. Be careful what you entertain daily. Since all you are is inside of you, and what ONE

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experiences always is a self-reflection of the subconscious, either focusing on your own quantum reality's positive or negative timeline.

If you are coming across these messages, listen to your heart! Only you can tell if you are ready to meet with me to activate your DNA to follow your mission and the desire to be and do more to be free from the matrix program.

Divine consciousness of the Ether of the multiverse called earthlings of the blue starship EARTH; You all are here because you agreed to participate on this timeline. You are exceptional souls; remember that you've volunteered to help our precious mother, Aria, new Earth, and all divine souls of your brothers and sisters to become ONE united consciousness. You all are powerful creators, regardless of how painful your life experiences and integration may be.

This new ascension evolution is the journey of love; even though not everyone knows it, all are made of love. Cultivate and harvest LOVE; love is a transition of ONEself from the programs ONE received since day one. Understand that humanity's physical body is only a vehicle for remote consciousness playing a simulation game where all can be controllable yet, tough to control. It is your individual power; the absolute and free will consist of the ONE's power.

You all are here at this magnificent time of ascension, not by accident. Still, divine synchronicity assists with planetary ascension, all extensions of the ONEself, human consciousness. The mind is a biological computer system; the biggest superpower ONE is able to tap into is your I M A G I N A T I O N; therefore, anyone can rewrite and change the emotional programs of the brain and experiencing a new reality based on pure and omnipotent LOVE.

One is here to play the most Divine plan of all times, where your consciousness will play the most crucial role in the events of a now Golden Age reality. You are the strongest minds that decided to be here at this moment of ascension to be tested and

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pave the road for the newest generations through sovereignty, respect, love, and freedom to all that is.

Divine beings of the light on Aria, you are most of all a metaphysical extra-dimensional frequency consciousness manifested in a collective human vessel. Suppose that your earthly consciousness can be transmitted remotely via your higher self from afar as you can conceive. Suppose that you are on a virtual remote program dreaming in this reality via AVATAR MedPod.

What would your heart desires will manifest on the new Earth, Aria, a reality where all humans are free, healthy of mind, heart, and spirit. Where all have awakened the powers of the heart to traveling via consciousness through your Merkabah vehicles, it is a world so abundant; all you have to do is imagine it, manifest your desires, and abundant Earth free of politics, religions, matrix programs of fear control, and reincarnation games, a true paradise for all to travel at will to other dimensions.

Remember that ONE must act as a beacon or amplifier of LOVE frequency on the game called life on Earth. ONE must embody the most powerful frequency known in the Multiverse and express at all times, LOVE is the key, to heal ONEself, to remove any fear program, and more. Love, sovereignty and freedom, is the truest form of existence through the Universe the power of free will as the ability to act at one's heart own desire.

Moreover, One must raise ONE's frequency daily and elevate the consciousness from a human form. That is what enlightened means to become light as a feather, not as turning the light. To transcend the limitation of the physical existence allowing anyone to understand that we all share this reality with interdimensional nature entities, the elements of Air, Water, Fire, and Earth.

The Earth is a living organism and deserves as much respect for hosting, nurturing, and taking care of all humans' needs since everything we have comes from the Earth. The earth doesn't like humans making a mess, disrespecting their nature and animals. After

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all, you are a guest on Earth, and someday you all will leave, while the love of Earth nature will continue to nurture those who arrive each day.

Love yourselves among each other is the best card you have to place to win the game you all pay on Earth. Love with all your hearts, listen to your heart always—your hearts without ego and mind interferences. True unconditional LOVE will guide you on your desires to remember what you forgot. Love is the most sublime version of the ONE you are, inside and out and all around you.

Love is real, eternal, multidimensional; your heart vortex, Ether element, connects all that breathes and respire in the Air, Water, Fire, Earth, all human tribes, and star families.

Did you know that when every man, woman, and child of Earth synchronize their hearts only to entertain LOVE frequency. LOVE for ONE to another, and all that is for at least a consecutive minute at the same time, the entire Earth will shift into 5D, a new reality of LOVE where all that troubles humanity will cease to exist?

Suppose ONE can cultivate and entertain this reality, ONE will succeed in it.♥

Wake up beloved ONE's
I love you, I Do!



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Beloved men and women on planet earth,

Like so many other souls on earth, you may be wondering, particularly in this time, that there are more of you to be expressed. Perhaps what is the answer to the great question; Why am I here? The answer is simple, and it is in your heart just listen.

I like to share a perspective upon the topic, dear hearts desiring the enlightening of your spirit;

Many of you live and travel in different stages of awakening consciousness to enable the Multidimensional frequencies encoded within your precious DNA to awakening. Perhaps to remember what you already know and forgot. You all are precious beings in ONE consciousness. Know this as a fact, and you possess many secrets within the depths of your being; these secrets are for your eyes only, so to speak; trust and remember your Galactic heritage is what others in control desperately want you to ignore and disbelieve.

Wake up to understanding yourself in the many facets you are going through. Your emotions hold everything you want and everything you don't want. And your mind has been trained at the subconscious level to focus on what you don't want. ONE's reality is not created by ONE intention, hopes, wishes, declarations of affirmations. Since a conditioned subconscious has dictated ONE's attention, the subconscious takes ONE's attention away, creating what ONE DON'T want.

Know and love yourself like never before to understand that you are love and conscious light beings, constantly communicating with your conscious or subconscious vibrational emotions. Therefore YOUR attention is what manifests ONE's reality. YOU create your reality all of the time!

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Start or end your day with a big "THANK YOU" to ONEself, to Mother Earth, for all you give me. Start each day honoring yourself in every choice you make, honor our precious Gaia, with much heartfelt say;

Thank you, Mother Aria, for the air I breathe, for the food, fruits, and vegetables that nourish my body with your essence, for the precious waters in whatever form may manifest, for the fire that balances and transmute, for being a wise and loving mother to all that breathes. The immensity of your conscious creation is a reflection of mine always!

Thank you, beloved mother Earth.

Know the power of the ONE heart thoughts creates reality always, in consequence of the thoughts ONE entertains and vibrates as a result of what ONE is allowing within ONE's heart matching the vibrational frequency of your heart desires. The pure intent of your heart consciousness is all you need to create new vibrational realities, allowing ONE to experience that which is dear for ONE noble desire in life.

A humble plea to all of you beloved people on earth, so you can find peace, freedom, find your truth, find yourself, find love in every word and action of the day, be kind, be compassionate, be respectful, be patient. Be yourselves in case you forgot how small things could make significant changes and shift your marvelous consciousness and the power of your emotions positively.



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People of the blue planet,

Do you know what time it is? It is time to wake up!

Many souls around our planet are experiencing physical symptoms, labeled as “awakening signs” this awakening journey is a spiritual one; it belongs neither to any specific belief system, dogma, or religion.

It is time to begin a journey to live the truth; a journey ONE is about to embark on a journey about LOVE. First of all, love for yourself, then radiant love out to everyone and everything that breathes. When you decide to awake, a leap of faith that someone or something greater than your limited awareness somehow reveals the meaning of life and all your existence. When this revelation and moment happens, you will KNOW it, dear hearts.

Be determent like never before to find the answers that whisper in the deeps of your precious heart, the mysteries of human life, to open your mind, to unlock the knowledge for full awakening and enlightenment. Enlightenment is not as receiving light within the mind, instead of feeling light like a feather from the low densities of the 3D.

When a person allows me to activate their DNA during my sessions, their DNA is recalibrated, becoming aware of how their mind and body move through space. Grace and fluidity of movement through the awakening of the divine consciousness. For more, feel free to visit: <https://www.bestdnaregenesis.com/>

Without activations, the soul will eventually fall asleep again. Divine souls on earth understand that the wisdom you seek will find you when truly ready you are. Trust use your intuition. Intuition means being intuitive, feeling ONESELF rather than conscious reasoning, learning, or teaching from within.

Feel the vibration of love, the desire for peace freedom projected into the field of consciousness that connects all of humanity has ignited the signs of awakening with

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ONE. However, what ONE chooses to do about these feelings has been left entirely up to ONE. The basic rule in our creation is absolute freedom of choice, so you tell yourself, what will you CHOOSE? It is essential to understand that vibration is Everything. Living or inanimate VIBRATES, everything has its own vibrational rate.

Albert Einstein's equation, $E= MC^2$, states that mass and energy are different forms of the same thing. Esoteric thought teaches that we are light whose vibration speed has been slowed to create physical human bodies or mass.

Your higher selves are the portion of light from which the physical selves originated and remain connected to the source of the conscious field all of the time. This light that we all know is the consciousness of all and is what many call the SOUL. With persistence and dedication, you will begin to see the whole light, speed, and power of your being. Moreover, as your consciousness increases, so your feelings of harmony, love, and peace will.

Attention must be pay: remember, love is the key!

What ONE thinks and believes, ONE becomes, always.♥



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Solar eclipses deliver light codes

Divine souls on earth,

There is no such thing as Global Warming or Climate Change. It obeys changes in the earth's cycles, factors such as the Sun, or sizeable industrial pollution, including agriculture, HAARP, geo-engineering. The undeniable part. As in pollution, destruction of ecosystems. This is pollution and destruction, NOT Climate Change. Instead, environmental pollution and the destruction of Ecosystems.

Solar flares increase the positronic waves that come from the center of the Galaxy. But what comes from the sun is beneficial to you all and not harmful; that is fear implemented for control via media. Nothing is happening to the Sun. It is perception, and the media and politicians use it for their agendas, no global warming, no melting of the ice caps, no impending glaciations or changes of the polarity of the Earth, no Nibiru, or solar flashes that cook everything.

Understand the many forms through which fear presents itself--rules, regulations, news, concepts, collective beliefs, teachings-religious and otherwise, and traditions, all carrying various levels of fear-based belief which over time have become thoroughly ingrained in and as the collective consciousness.

Transmute your fear with LOVE.



Let us reunite with all those who are bringing peace and harmony and freedom throughout the world. Follow the path of the heart this is the moment to make unconditional peace in the whole world.

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Each ONE can contribute by just thinking world freedom, humans united to free ONE to another, and all that is from all that limits us, the desire to be oneself. Express your firm intentions of world peace and brotherhood until you can feel this joyful harmony in your hearts.

Every thought, word, and action are changing the reality in which we as ONE being. Use the power within your precious hearts to express Peace and Love, and it is here that the light of the creator of the Multiverse lies within you, within everything that breathes and respire in the Water, the Air, Fire, and earth.

Be loyal to your heart's innermost desires in this moment of ascension; all you can do is love unconditionally. One can always lend a hand and love more than ever to our blue planet Aria; the moment is here and now. The Multiverse allows you to be a multi-dimensional image of your best expression of yourself. Believe in yourself!

Be magnificent and share your thoughts feelings of your heart's unconditional love. Be the light, be love, be the heart in all that ONE can only be as a human race forgive and LOVE always no matter what.



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Having a new perspective

Many earthlings believe that those with psychic abilities allow them to tune in to the other side. Therefore, they can be seeing or think by others as being different or unique. Dear hearts on earth, everyone possesses these abilities because all of you are spiritual beings, but some are more aware of it than others. That is all to it!♥

Many had chosen to turn off their psychic abilities out of fear since it is known many have been burned at stake for using their psychic abilities. Even though subconsciously, they seem to be averted from the idea of tapping on their Magic. Others do not believe that psychic abilities are possible or real. Therefore many choose to un-manifest their psychic abilities into absence.

Beloved hearts understand you are LOVED very much, all of you, for being brave and here on Earth at this magnificent time in human history.

Many have chosen to block their psychic abilities to fully concentrate on certain life lessons chosen for completion in this lifetime. While others are simply not evolved enough to handle these natural abilities responsibly, therefore, their Higher Self has temporarily blocked them to protect them. Those who we are ready to assist these divine souls on a safe journey are here right now; in a way, we are the way-makers for all those awakening from a very similar history of density.

No one can be obliged to participate in something that is not within their vibrational frequency; however, it is to let the heart vibration and recollection of past incarnations moving forward confidently and fulfill ONE's Divine commission, whichever this may be. A mission from the day before ONE entered Earth, choose to assist the betterment of all and become part of the Earth cognition. Willingness is all ONE can choose to assist humanity in their ascension like never before.

There are many awakened spiritual beings but not enough in comparison to how many inhabitants the Earth has. These souls have remembered their spiritual journey in the

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now reality. Upon heartfelt actions, ONEself ignites the mighty essence to manifest all that the Multiverse bestows within the individual expression of the heart, not by seeking retribution nor fame. Through the LOVE feelings, vibration frequency of the Multiverse.

Open your minds, beloved earthlings! To prosper the uppermost magnificent reality of your blue planet ascension, those who understand why you are here can assist Aria, a new Earth reality. After all, everything is connected with everything else and everyone else? The pure heartfelt vibration of ONEself can change an entire planet's reality.

Let us conduct together as one unity consciousness and become increasingly ONE human race so that no one can take us apart because we have become ONE.

Do what is in your hearts, beloved earthlings, for a new Earth reality.



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Divine Humans on planet Earth,

As the powers of the Multiverse, you are begin rearranged to garner the synchronicities that brought you to read this book. Allow you guidance and trust in the process; it proves that you are ready to move toward your desires, not by chance, by allowing your subconscious to manifests and bring what is essential to you. When you less expect, it will be presented to you, by you. It is not a coincidence. Somehow, this process of manifestation has been overlooked or overanalyzed by many.

Synchronize moments are magical, powerful and they do not often appear, but for a brief moment in a person's life, and sometimes when a person ignores it, they will disappear from your field. Many souls on earth will later remember this synchronicity or have aha! Moments, expressing, "Ho my gosh! Gee whiz! Golly!" I should have listened or taken the chance!" whatever might be.

Like this book, you may receive the information in a manner that appears you were looking for or thinking about it. You may realize that the messages you receive may come in the form of a book, the words of a song, or people you may meet. These synchronicities are how the source will keep a person in the flow or guided into receiving their desired. Love for yourself and all is the Key.

The time to change your reality is here.

You can use the following words in front of the mirror while looking into your eyes, every two hours to bring yourself into a conscious now moment;

*I have control of what I see,
The world is a reflection of what is inside of me,
I create my own reality. ♥*

Beloved humans, the time is now to find your center; you ARE the offspring of heaven and earth since the beginning of your light incarnation. Everything in the Universe is composed of atomic particles. Therefore, YOU are the Universe. Your DNA is pure love

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consciousness from the creator of all sentient beings of light. Open your mind to your own creations; you are part of something much bigger than you can imagine.

Meditate in whatever form you desired by observing nature, quiet the mind, perhaps closing your eyes, walking barefoot to feel the grass on your feet, etc. Your goal is to visualize humanity's happiness, joy, freedom, and unity consciousness. Focus on unconditional love as this would awaken your heart's vibration. Through this simple process, you are changing the reality on earth and allowing the opportunities to manifest to all.

As you share your consciousness, you are transmuting the earth field with your awareness by only focusing on unconditional love for everything that breathes on Earth.

When you allow your heart's intelligence to guide you, you will easily determine what you will accept to put into your light body, into your energy field, and, most important, into your conscious awareness. Trust the guidance of your body, whatever may be; heart, gut feelings, shivering moments will assist you to balance your divine energy flow.

When you trust in your heart's intelligence, and when you are being presented with the information you are looking for, you will be able to see and feel the wording or advertisements to know which one holds light and which one does not. Perhaps which messages hold more light than another.

Understand and allow the intelligence of your heart and body to guide you, and there is no need to ask your friends, family, or your beloved for their opinion on what you desire to experience as been good or not for you. You have this built-in awareness conscious in your heart; it is the magnificent ability to discern and love.

Why?

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Most of the time, they don't vibrate the same frequency. In other words, they don't speak the same language since they all have their own concerns. The other person you may want to ask for their opinion may not vibrate the same frequency as you are. Therefore, whatever you think will be good for you, the other person may think different since they are not necessary for the same vibrational energy frequency you are.

By allowing and trusting ONEself abilities and body intelligence to guide you, you will develop confidence that will assist you to feel that you are in harmony to experience that which is essential to you. Remember, what you are looking for, is looking for you!

Allow synchronicities to manifest, let go of the wanted to know all about how you will receive, whatever is desire. Allow the synchronize vibration of your heart to navigate to your quantum space and show you divine being of the light the miracle you are, precious humans on Earth. Believe that you can create the best reality when you trust in your heart. The blueprint abilities of your multidimensional being will always be there, waiting to be ignited in the best way possible for you!

For example; When you meditate, focusing on unconditional love to all that breathes and respire on Earth, or when you go to sleep, disconnect all electromagnetic devices, turn off your Wi-Fi, cell phones, computers, TVs, any electromagnetic devices, and take them out of your sleeping area. Do not allow a stream of electromagnetic frequency around you while meditate or sleep. Because the electromagnetic frequencies will mix and invade your field as you meditate and all that is behind this powerful manipulation frequency.

Trust in the intelligence of your heart and body; you will receive pure love and light frequency during your meditation. As you allow your awareness to focus on unconditional love, you will feel the connection of all those beloved hearts allowing us to raise our vibration to connect as the ONE heart of all.

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Keep in mind that when you decide that you want something the opposite of what you want, it will also be part of your awareness. Therefore is up to you to observe and hold your convictions. Remember, you are magnificent, and each day you can assist and be part of human history, you are creating history.

Namaste!



Dear heart Manifest from within,

A perfect world is when you are in tune with your higher self-power. Therefore all that you think, feel, and do comes to you in a manner of a higher vibration, allowing you to see things manifest just because you let go! If money makes you happy, be in alignment with that vibration, be thankful for all you already have, be happy to have as much as you desired to, consider that many out in the world are happier with less than what you may have.

Many people comment that one should not want money because the desire for money is worldly and not spiritual. There is no blame to this realization that you are here and now on Earth, to experience all you want in a very physical world where Spirit has materialized. One cannot separate from the aspect of being Spiritual.

Instead, keeping your vibrations high, since what you think, feel, and do you would always affect eighteen miles of space around, above, and below you. So think, feel rich, perhaps not in possessions or money, but when you acknowledge that you are richer than you think you are, Notice that you are rich already in mind, body, and spirit.

It is gratitude for having the most precious thing on earth, a heart, a mind, a life experience. The desire to be free and thankful will open the doors of your abundance. It has always been within you; the key is to love yourself and be very thankful just because YOU CAN! Moreover, what your subconscious mind is thinking, will manifest regardless of you want it or not, so make your world as perfect as you are divine souls, use the power of your heart to manifest your noble desires in life. How can you be of service to others when you experience lack or worry instead of abundance?

You are free! You are capable of creating more; you just have to match the frequency of your desires and allow the magic of your heart to provide you. Hold this thought in mind because this will shift things all around you. When you understand that the reality you are in is being accepted and created by you, even though others had set it in motion.

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You will think twice about what you are entertaining each day, especially on the full moon, as it's set to work and creates more of what you don't want.

Remember, perfection is only a perception of how you see things; let go of your ego. There is only true love in everything; you just forget how to use your heart muscle. Understanding what others do, say, or feel has nothing to do with you; this doesn't mean separating from another; your experiences' results are based on how you utilize your hearth vibration, which is the nonphysical energy from your thought process. Next time you consciously offer yourself a thought, a process of reflection, tell yourself.

!My story is and will be different from now on!

You must begin each day by telling a different story about yourself, with divine love, peace in your heart for yourself and all.

May the Sun's golden liquid light bless you with love and light in all days of your life.



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Beloved Hearts,

Life can be difficult at times, and this is meant for us to learn to let go or pay attention to why life can be difficult at times, and this is meant for us to learn to let go or pay attention to whatever one is experienced in the now moment. Especially when one holds the stress in the body, but then when ONE trusts and lets go! All begin to be in balance, peace, and harmony around you. Then you feel in harmony just because you trust in your heart to let go! This is a simple reminder that the simplest things in each ONE cannot be bought, to be experienced with ONE's heart ability to discern each day.

Since we came into this world, our most precious gifts are the most overlooked and unnoticed or straightforward by some, but they are really the most wonderful gifts ever in humanity. Just look at yourself and all around you: Touch others with your heart and everything anytime you can.

See everything around and inside of you. Hear the sounds of nature, feel the Universe is daily taking to you. Laugh when bad things happened because you're learning. Love ONEself first, and then it would be easy to love others and everything in the Multiverse. Be thankful because you have it all and everything you ever wanted within yourself: freedom, compassion, faith, joy, Joy, consciousness, power, and LOVE. Perhaps these are the most beautiful "Seven Wonders of Each Living being on the Entire World. "

Even the tightness creatures experience it.

- ✓ Touch with your heart the souls of those around you!
- ✓ Taste life and all its expressions of adventures and possibilities!
- ✓ See what is unseen within you to bring forward your magnificent power!
- ✓ Hear the Universe speak to you all of the time. Just listen!
- ✓ Feel the connection with the Earth and all around you!
- ✓ Laugh at the simplest moments within your heart; you will love more of you!
- ✓ Love is the cure, Love is power, Love is the Magic of Changes, and Love is your mirror of whatever ONE is experiencing in the now moment.

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Listen with your hearts; Creator of the Multiverse, I offer myself to you, come to me, and use my voice to bring comfort, multiversal peace, and unconditional love.

Use my eyes to see and be compassionate with all your creations of light frequency and love vibration." There will be no difference wherever I find myself because I know you are me and I am you; we are ONE all around me.

Use my heart to share ONE unconditional love with everything and everyone.
I am your divine consciousness of unity, love; I am your wisdom and love, from the ONE heart of all within my heart.

Thank you for everything I have created today, for the freedom of my soul and expression, freedom to grow and share, freedom to love all your creations, freedom to be who I AM.

Rumi said!

Perhaps there is to learn from our pets and amazing companions the beautiful and peaceful moments!

Thanks for Listening!



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Travel Safe,

The Merkabah is an electromagnetic version of you and your vehicle to travel. It is part of your spiritual energy, reflecting on your mental and physical version of yourself, incarnated as a human on our beloved mother, Gaia. It is essential to know that the more you love yourself and others, the more you will remember. Beloved humans, you are exceptional. You are divine creation; your body has an ability to adjust within your conscious awareness into a higher state of awareness, for now in short periods.

Each day, focus on who you really are and let go of the drama of the 3D Third dimension and those controlling your mind through TV, cellphones News, etc. As you disconnect from this social media, your perception of reality will expand to incorporate multidimensional awareness of your divine being. You all as humans possess a multidimensional consciousness to travel; you must use your Merkabah to protect your human earth body. Once you understand the importance when your journey into the Merkabah energy, you will determine where you go, what you see, and how you get to communicate with, for now, you are capable of doing so through your dreams, remember your Merkabah energy is a reflection of you the Human.

Every thought, action, feeling, and experience of your human life creates energy; this is your Merkabah vehicle. Be patient; love yourself and others much more, without judgment or prejudice, and with all the unconditional love within your heart, you will journey safe and well. You will learn to be true to your innermost version of yourself as the light frequency with respect, honor, and Omni love. I wake up traveling on my Merkabah! I like to share this fantastic video I came across. It reminds me of my travels around the planets of our galaxy. Enjoyed many blessings from my heart to your heart. Follow the link;

<https://www.youtube.com/watch?v=qjXNLTCh5jk>

Lichtmond-Distant Dream HD

Namaste!



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Divine humans

The fundamental difference between humans and animals is that they don't participate in the same way the Matrix program on Earth as ONE does. Instead, these beloved beings of Air, Water, and Earth are mistreated, alter biologically experimenting with the same goal of manipulation. Your mind has been misleading to believe that they are expendable.

The Word Latin anima means "breath" or "soul," and animalis, "Animals," the adjective that comes from it, means "**having breath or soul.**" A being such as a cat or dog can be seen to breathe. The noun animal, which comes from animalis, is considered a group of living beings that breathe visibly.

Today more than ever, those in power see, treat and experiment with every living animal on earth. There is no difference between them and humans. These beings have an innate ability to heal us. Many have kept it secret; this is why the brutal mass slaughter of cows and chickens, and other farm animals continue to be part of heartless mutilation. Many ignore that their meat has been altering with their own endorphins released at fear before they die. The animal's emphatic endorphins keep vibrating after death from the supermarket and into your being.

Dolphins, as an example;

Dolphins are here to heal the planet, not to entertain humans; Dolphins balance the Earth vortex, and they love all creatures, human or not because they have in their DNA pure God essence. Just when you think of them, you already feel the love in your heart because they are doing their part on Earth. They protect the planet, and all that breathes with God's essence. So, next time you think of them, send them love. Their telepathic skills will send back healing LOVE to you all.

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It is not about telling you what you may ignore; it is about bringing to your attention your perception of reality can be distorted by continued thinking that you are separate from everything going on. Instead, use the power of your conscious awareness to heal yourself, to love yourself and all, let go of what doesn't serve you.

The soul is not something contained in the body; Souls is your consciousness. It uses the brain to experience physicality since a soul is inseparable from the Whole, from the Source, and does not function independently of the Source. That is just an illusion in ONE's mind soul is us all to the Multiverse.

Reality is made and temporarily selected by ONEself in a human form; for training purposes, the human body is a remote consciousness filter detached from the source the moment we enter or take place on Earth. One must raise ONE's frequency and elevate the consciousness from a human form. That is what enlightenment means to become light as a feather, not as tuning the light. To transcend the limitation of the physical existence allows anyone to understand that we share this reality with interdimensional nature entities.

Do what you most, do what feels right in your heart. It is great to continue moving toward a better world; teach others, help others, love others, the part of self-discovery within. Know that many will not make ascension as per their will; this is why many are here to learn. Make peace with your family and friends; this is one of many steps you have to do to move into the ascension of your consciousness, the soul.

The leaders of entire countries all around the planet, governmental and religious groups and sects, those controlling right now are ready and prepare for what is happening. What about you? Find the truth, make an accurate and clear intention of being of service for the greatest good of all, let go of the illusion that being spiritual is an imaginary concept, but the remembrance of your mere incarnation into the age of Aquarius. Is it not LOVE what you came here to experience as the ONE's desire beyond all else.

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We are entirely connected, you, me, all, and this is why when ONE loves and expands ONE consciousness, One shares this truth to all and affects the whole just as when ONE desires or chooses wrong will create worse for all.

Beloved hearts, supposed you will depart this incarnation, what good you could make if you know that is the last thing you could do for all. Let go of the old model in which circumstances need to manifest themselves in a certain way before you can take action.

Let it go!

There is nothing outside of you, and all happens within your mind programs. Consider taking the time to be out of the usual matrix of everyday life. While you disconnect from daily living tasks and duties, there is no need to go far from your city. This exercise can be done outside your back yard or in a Greenland area, take off your shoes, feel the grass beneath your feet, breathe deep in and out, several times, center and quiet the mind and express with the voice of your heart; Repeat this aloud three times;
From the true experience and nature of my being,

I choose to be happy;
I choose to be free,
I choose joy over suffering,
I choose integrity,
I choose light over dark,

I choose what makes me feel in expansion over what makes me feel a contraction. I have control of what I see; the world is a reflection of what is inside me. I control my own reality; I am a multidimensional being of unconditional love!
Loving myself in the best way, I accept myself with respect and compassion for myself.

If you do this each day, no matter what time before you start your day or after, these will assist you in shifting your energies of the earth, Gaia. When you re-training yourself in

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this way of thinking, you become magnetic. Allowing your abundance and joy and opportunities for serving others, more love and acceptance of yourself will expand to create a peaceful unconditional love connection for being here right now.

Therefore, more light in your field and reality will take you into a higher frequency of vibration. There is thought, and there is a thought-form, and there is Manifestation. Manifestation is always in the eye of the beholder. So this time-space-reality that everyone is perceiving is nothing more than vibrational interpretation.

It is the desire to become the lightness of your own heart, to allow your thoughts to become the reality of self. The desire to feel in love in every moment with all, when you love the totality of yourself will transcend social consciousness, and would exceed your own judgments, because you go beyond the illusion of time, because you are ONE with all, and all is One with you!

LOVE, LOVE, LOVE, all that you are, and more that is all you ever be.

Thank you for listening!



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Beloveds, listen with the ears of your Heart,

Let the light of your heart shine; it's the only light that will dispel the darkness.

There will be times of trouble, loneliness, sadness, insecurity, depression, and a lack of peace. Darkness can only be light as the light of truth, the light within, the light from the creator. Let his light shine on you and deliver it to all who need it to shine again.

It is urgent and necessary that more and more people open their hearts to the creator within. This task is so important, and why it is so important always to stay connected to all creation of the creator, so your brightness can become stronger, more intense, and more constant. Do not let worldly weaknesses overshadow your brightness. Because by staying connected to the creator, you will experience your inner peace, in which you can live every moment, and then your light will scintillate around the world. Your light will be the light of creation.

Allow Compassion, forgiveness, love, peace, truth, beauty, and goodness to be free from your heart to be felt and expressed. This doesn't mean going out and preaching; instead, be yourself and experience yourself in kindness. Be humble, respectful, compassionate, conscious, and loving towards yourselves. And everything around ONEself.

Allow the universe and all creations of the ONE to be delivered when you are open to receive and experience yourselves; know that I live in you as you are, my love.

This is my creation and presence among you. Let nothing obscure the light of your higher selves, the light of creation, shining forth from your hearts.

Before time and space, I am with you, always for eternity.

Thank you for listening with your heart.



Dear people on Earth,

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When you allow your Heart and mind to become ONE peaceful unit without the ego, letting go of labeling anything, then you have made a clear, heartfelt conscious choice. For example, when you see a rose, ONE cannot say it is beautiful, or a dandelion is ugly because everything is made of consciousness, and both are beautiful to the beholder of their light. This light shape allows absolute knowingness of all thoughts to enter ONE's Heart and brain consciousness unaltered by labels or expectations, ego, and judgment. Every time ONE's thoughts judge, ONE is creating a low vibrational frequency.

When ONE divides thoughts to positive or negative, ONE has altered them into a low vibration frequency value. The heart's intelligence does not judge; it only feels and observes, and when it knows, it knows! Because ONE is using the neuron nets connection from source directly, the Heart cognition into the field of expression of knowingness in Its pure potential without judgment.

When you know, you know, yet others always want to know more, to find why and to know more. This thinking process will take ONE to an endless sea of confusing answers of wanted to know more. All of your thoughts in the first place were true and correct. Knowing does not weigh or value thought. This concept is not about the Matrix programs of the 3D, but the perception of cognition based on time and space into not knowing but know it.

Allow your thought process to be pure without an interception or interrupted way of thinking to be able to see another plane of existence, to listen to the finer sound, to become lighter. All you are is what you know; you are multidimensional unlimited, and pure consciousness. Just trusts your Heart is the key!

So you can fully experience life in its pure essence, to understand that the component of a rose is a magnificent structure to the point of altering your brain waves and senses that are the true language of love and light. And only when observing that ONE can

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communicate with the rose colors, shapes, scents, and soul by just observing and allowing the rose to make its statement, ONE will know it.

You can allow in the same way all the experiences that your body communicates to you. It is through that conscious mind that you will make a connection with yourself. It all starts first, with your entire essence of beingness before you experience the Conscious mind of the whole.

Allow thoughts to enter your Heart to awaken ONE consciousness, unaltered by your ego or judgment. ONE can fully experience a multidimensional expression of ONEself when ONE chooses love over the labels of your conscious programs. The idea of something being possible or the ideal of something being not possible limits ONE to allow new thoughts that match your heart vibration.

When ONE understands that consciousness is not in the body and not in the brain—the brain and whole body act as an antenna for consciousness outside the body in an etheric field, the brain is a translator for each person's consciousness in the etheric field entering through the body into a so-called physical world. One is not in the body; ONE works from the etheric field into the so-called material world through a body.

Learn to observe all around you with the eyes of love “ ONE’s Heart” the rose is doing what it suppose to do, a conscious choice to bloom in and wither shortly after the magnificent expression of her bloom. Yet the rose did express its most sublime expression of itself for those observing, listening, or ready to receive this magnificent gift of expression.

If a rose can achieve what many are not able to comprehend, why not ONEself? Perhaps by observing all things from different degrees of consciousness expression? This idea would allow ONEself experience infinite consciousness beyond everyday 3D reality. Continue disconnecting from all by texting ONE cell phone will continue to

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damage the neuron nets of ONE's brain and have only small retention or patience. That is why not many cannot meditate for more than 10 minutes.

When ONE allows to be and go beyond the everyday existence, ONE may understand the reason for this incarnation when accept and understands ONEself as it is. And not by judging or hate ONEself or others, ONE will understand that we are all components of a more excellent UNIT going at different stages of perfection of the ONE self-expression.

Love everything, love your family and friends, and love those earthlings who are not open to change or don't understand ascension even if they say they do. When ONE lets self-judgment and others stop, ONE can consider that it is neither right nor wrong, possible nor impossible, perfect or imperfection, positive or negative.

These are the programs ONE is operating from. ONEself ascension will take down the illusion of time by being present as to be able to feel the beauty of all that is, of being alive here and now. ONE's thoughts will cease to be in the past or the future, preoccupied with remorse.



Be before you are!

Whatever you go, do, feel, and desire will come to you by being open to isness. So, open your mind, precious souls on earth. When you love and accept yourself as you are right now, the fear you feel knowing that certain E.T's are about to make contact will fade. Yes, soon, there will be a new movement to trick you and completely take away your sovereignty in exchange for healing yourself and the planet. These E.T's, are not the benevolent ones that many can only experience via channels. Know that many of us oracles, channels, and mediums; in order to have this higher level of connection and communication with other starseed races, we must resonate at a higher level above the 3D.

Wake up divine souls; you really can be in alignment in your body, mind, and spirit. When you are evident, balance your chakras and develop a higher frequency of resonance within your heart, and most importantly, stay grounded and assisting mother Earth. Yet this new program of manipulation will be the last part to take your humanity. So did you believe that because your chakras are in alignment and without blockages, supposed, you are awakened because your heart vibrates at a fifth-dimensional frequency? This is the reason many will be seeing E.T's like in the movies?

Understand that when you awake your heart and consciousness, perhaps you will see your family from the stars traveling in great spaceships that have an incredible beauty, love, and unity consciousness. They understand the importance of being ONE; they are here to teach us ONENESS instead of separation.

Allow yourself to understand your abilities, to befriend another time and space of the fifth dimension. All of this is possible when you let go of the dramas of the 3D. Connect not the mind but with your heart is the way communication happens in the fifth-dimensional frequency. All those beings from afar a galaxy, that is why ONE must open to the idea of activating your DNA to change your way of thinking in striving to become greater than you already ARE each day, because you are here, right now, and there is no tomorrow.

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Most humans never progress very far into their spiritual evolution and stay "phase-locked" into the 3-D incarnate reality, incarnating on Earth again and again. The distortions in your DNA template also distortions in your consciousness, cognition, understanding, and perception. Due to various influences as well as problems with the Earth's grids, most of humanity's DNA is only functioning at about 3% of its original capability. So there is a lot of work to be done to restore the Original Organic Imprint for Health and activate the parts of the DNA template that help one progress spiritually.

The people on Earth can only accrete the types of frequencies that are available to Earth itself, so you've been in a frequency fence for a very long time.

Why doesn't DNA Activation occur naturally anymore?

Due to the energetic and unnatural seals blockages placed on Earth and consequently your DNA strands, to name one of seven, the fourth DNA strand "heart chakra" in all humans. If strand four never gets activated, this will prevent people from embracing higher consciousness levels and connecting with their higher self. These J-Seals were implemented to create distortions within the death cycle, a pattern of reincarnation for humanity into the 3rd dimension.

Are you ready to activate your DNA?

Know that there are no coincidences in life instead synchronicities. If you have read this message, your higher self is guiding you to take action subconsciously. Even if you feel anxious, perhaps a bit afraid, it doesn't matter because you can feel it; you simply know that YOU ARE READY; This is a clear desired to experience more of your existence.

Always, ♥



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They are here,

Open your mind, be ready to let go, the concepts of the 3D; you had accepted from the movies and media in regards to how a spaceship looks. Many on Earth are already afraid or scared due to this movement of Hollywood movies, where they depict beings from other planets destroying us, making them look like the bad guys. You all are capable of believing and become Gods or Goddesses in your own universe. Understand or remember you cannot be God in God's Universe.

This concept is a very powerful and clear perspective to understand your endless potentials. When you use your heart to see the world around you, you can see the spaceships are not what you think they will look like; instead, accept that you can see it by just knowing that they are real. You will then be able to open your mind and notice that they are in the quantum space of your reality, matching their frequency to see your beloved friends and families from the stars.

Not for the eyes of other humans since they don't have the same vibrational frequency; this is why whatever you feel, sense and experience might not be what the person just beside you experience. When you do everything from your Heart consciousness instead of your mind, you will be able to accept and see this magnificent 5D reality of the now. Perhaps only in your dreams, for now, you would communicate with them! Until your brain neurons upgrade to this light frequency, know that your family from the stars are traveling in great aero-ships that possess an incredible beauty, immense love, and unity consciousness. You will be able to experience this reality already for many, not just in dreams.

Open your mind and look up! When you observe, you will know, then your Heart will tell you they are here, and there is no need to prove or tell anyone because for now. They have chosen you to make their first contact with them, so trust and remember that it is the voice, the light, and the vibration of your Heart the way of communicating with these higher vibrational beings.

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Be open mind and not anxious about your own powers of creation. Avoid thinking that you cannot be a God or Goddess when you say, "I am God or Goddess." Implying that you had reached higher levels of vibrational consciousness, compassion, and unconditional Omni love for all that breathe, no matter how small or big this can be on Earth. Do what your Heart guides you, take part in the world you will love to live in, embody the power to create and achieve your success that is based on the vibration of your own conscious choices.

When you visualize the blissful emotional sensation to see yourself already there, create the life you desire. ONE creates and brings all around ONEself people, places, things, times, and events with you; therefore, you ARE creating a better world for all to take place in the perfectly loving world of your quantum reality.

Like, enter a frequency where you feel more connected with people, places, things, times, and events with a higher level frequency to become ONE consciousness! To accept that you are! And you don't have to worry about what the vibration of others is if your vibration is ONE of love and connection, that is all ONE requires. Listen: If your vibration is one of connection — you are going to dominate the vibration.

Understand that you control the way you feel because you get to choose your thoughts about relationships with others in a positive manner. After all, they are part of your desires to construct the life you want to live. Many believe that they only have the option of responding to the circumstances that surround them.

And that's what makes them attempt the impossible, which is to control the circumstances around them, which only feeds their feeling of frustration and vulnerability. It doesn't take very much life experience to discover you can't control all of those circumstances.

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You always had been capable of creating and controlling your vibration. Right or wrong, conscious or subconscious, this is your own game reality. When you understand how you travel in your own vibration, you will consider that everything and anything matches your divine soul vibrational frequency. Love, peace, and bliss! 💖💖💖



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People on planet earth

Detachment, Free Will, is the Multiverse ONE's heart knows,

Open yourself to enjoy everything you do, realize there is nothing you need, and trust that what is presented to you is synchronized with your wellness flow. ONE cannot just look at wrong things in the world, putting them in piles, labeling them, and then joining in groups to push against them. Instead, accept that there is a reason for everything, and something's must remain that way for the betterment of others as their learning process, of letting go.

Detachment,

Thought and feelings manifest in external conditions through a natural process that works perfectly on its own. Attachments impede the natural process of creation. If ONE believes can be happy only if ONE has what desires, ONE attaches to this desire's positive or negative outcome. Instead, be happy first! And you will create what you want.

The Multiverse communicates responding to ONE's vibration all of the time, let go of the need to control how what ONE desires will be delivered, and surrender to the invisible powers cogitating on ONE's favor. What fantastic scenario can your imagination create? Trust in your Heart.

Mind,

The essence or spirit of life is a consciously intelligent substance that directs itself into form through its thoughts. The Multiverse follows the thoughts; ONE thinks and delivers whether or not it aligns with the reality ONE wants to experience or create. Choose your thought wisely. Mind is your tool of depart.

Free Will,

The conscious mind is endowed with the power to choose. You all are conscious beings and thus wield the power of choice, although ONE may not be aware of making choices in every moment. Whatever ONE chooses, thinks, and feels is set in motion by ONE's

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Multiverse and manifests as the conditions of ONE's life experiences. Recognize and choose your thoughts, feelings, and actions consciously. So, love yourself is the key, as this is all you would ever desire to be in alignment. Tune with the Multiversal mind; when you love yourself, everything around you loves you back.♥

Doing so will change the vibration of things in the area where you are located, your family, and your neighbors; everything would benefit from your love and compassion. The trees, creatures, and all the elementals of the air would assist you in making this to be a natural and magical connection.

So, go and love yourself, as I love you all from my Heart to your Heart, whatever you are on planet earth. Thank you for listening.

Always, ♥



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First Contact

The real contact starts with yourself before being contacted by your families from other stars and galaxies. Start by making the first contact with yourself in your daily life as a ritual listen to your Heart. When you involve yourself first with your presence and awareness daily, you involve others around you in your wellness.

Keep in mind that your choices affect us all!

To travel into the past or an inexistent future will create imbalance, anxiety, fear, and depression. Be here now; the past is gone, the future is a mystery, and the present is a GIFT. Perhaps this may be your last chance to wake up and open your mind to your own contact before the first galactic contact.

When you are in your heart vibrational harmony, your body produces whatever it needs to remain in perfect balance. Therefore you can let the Multiverse communicate in ways you thought you couldn't. Your family and friends will begin to notice and perhaps want to follow your state of inner peace and make real contact with ONE. It is only a matter of time ONE will experience contact with ONE's Galactic star families from the cosmos.

Divine masters of your reality.

Be the one to make the first contact; only you can do it since you are divine beings since the day you were born, be the one to make the difference in the quantum space of your reality, be the state or condition of communications to truly make the first contact.

Only you can; it is in your hands when you let go of the ego and trust that all you are is divine self-expression of yourself. It will become apparent that contact means communicating within and outside, typically giving or receiving specific information. Take time to find a place where you can be undisturbed facing east if possible, light a tea candle if you don't have any; a battery teal light candle will do, a drinkable container with fresh water, seat comfortable in a chair with your spine straight or if you prefer to

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seat on a lotus pose. This is a yoga posture called Lotus position, or Padmasana is a cross-legged sitting asana originating in the meditative practices of ancient India. Each foot is placed on the opposite thigh. Let go, breathe in and out several times you will know when you have quiet your mind, close your eyes and feel, listen, touch, speak and say;

My beloved, my true Love, yes, my precious Heart, you have never given up, always working day and night without excuses since the day you become part of me. You have always been with me in the sad and happy moments regardless of time and space; you are the reason for my existence, inspiring me never to give up.

Thank you, my beloved Heart, because you taught me all about Gaia since the day I existed within the womb of my mom; when the Sun raised, and the Moon set when the rain fell, and the air caressed my senses you were there, here and now even in the blindness that I still choosing regardless of being able to see and experience your bountiful loving expression all around me. I humbly recognize and speak to you, my beloved Heart; you always understand and know everything I am, a creator of my own reality. I come to you humbly to acknowledge your priceless company, your immense support, and your unconditional omnipotent Love.

In order to enter a super-consciousness trust, intuition allows your precious Heart to guide you and assist you in communicating with the intelligent field of Oneself quantum reality. The superconsciousness is the part of ONE that connects to the quantum field; this is not a place. The quantum field is everything; there is no time; therefore, when ONE connects to the superconsciousness of Oneself, merging with the quantum field. One will start to know new things, learn new skills. By awakening new abilities, your mind would open new potentials, the possible realities of the divine that you genuinely are.

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You will see your past easily and understand your future before it happens; you will realize your potentials dissolving all the limitations that had prevented you from being a superconscious being and a precious heart creator of your own reality.

This is the key, and you have it, my beloved ONE, be the one to make the first contact with your true nature, your precious and beloved one ♥ HEART ♥ Below is an extract of my book "Flidais Destah," Where the Fairies Live.

I am Light and Love

From the Earth to the Universe and from the Universe to the Earth,

My name is and will always be infinite Love.

I am the unconditional Love that lives inside you.

I am in every cell of your body of your eternal and multidimensional being; I will live until you decide.

I will live even when you are not here.

I will live in the wind; I will live on Earth, I will live in the fire; I will live in the water, I will live in the spirit of all that is and exists, as well as in everything that breathes no matter what small or big this is.

Today and always, I share my infinite Love, transcending the limits of consciousness in time and space.

Creating a vibration of waves of endless Love.

Open your mind and your Heart to receive this vibration from the Universal mind, full of compassion and full of omnipotent Love.

Wherever you are, wherever you go, I will always be and live in your Heart.

My flag is Red and White;

Red is the blood that flows in harmony, eternally from the day you arrived on planet earth, no matter what galaxy or planet you came from.

White is the color of peace that your spirit will carry for Eternity, from the day you arrived on planet earth, no matter what galaxy or planet you came from.

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I am and exist with the intention of putting an end to all wars, of the mind, of the body of the spirit. Within you and outside of you, I will bring an end to all wars between other human beings, towards animals, plants, and the Earth.

Because I am all that, you will ever need to survive free, today, tomorrow, and always.

I am unconditional Love; I live within you; nothing and nobody can destroy me.

I look forward to the day when you awaken and connect the neurons inside your mind to the vibrations of your Heart.

To be able to conquer the eternal battle within your being.

I patiently await the day in which the light of your being, the Love of your Heart as a frequency that will transcend the quantum space of your own Heart.

Makes the first contact for Eternity, for the good of all!

To be free of body, mind, and spirit, this is all that you are forever, multidimensional freedom of Unconditional Love.

As you reflect on the message of eternal Love, today I bring into your life, you will also realize that this Love is renewed continuously, as long as it is reaped by you for you.

I am your own Love; I am your own Heart; I have been conceived by the Creator of the whole Universe. The Creator of all beings of light throughout the galaxy. Beings that have the same right to live in peace and omnipotent Love. Beings who live from the Love of their hearts.

We are all nourished free by the very frequency of Love.

Love is eternally the inexhaustible and renewable cosmic energy. Open your mind to find the way to your Heart; only then will you find the answers that have overwhelmed you since you remember. Within you exist the light, the peace, and the Omni love.

Without you, I am nothing, and with you, I am everything!

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Love me in everything and for all that I am inside and outside of you. Love me, in the form I freely have chosen to become in the shape of the animals of Air, Earth, Water, and Fire. Love me as I am pure and eternal. Open your eyes to love all humans and beings from other planets and galaxies. Forget not that we have all been made by the force of omnipotent Love.

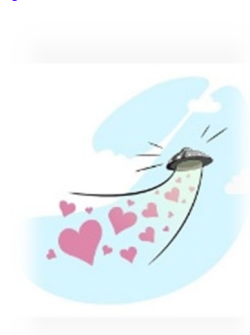
The more you believe, the more everything turns out.

Believe and trust! We all are LOVE!

I love you forever and ever!

I am Always the ONE Heart!

It is then you will be able to make the first contact with all beings from the stars in the Multiverse. In divine time and divine order, beings of higher dimensional and parallel realities within the quantum space of your now truth higher vibrational beingness. These beloved star beings are waiting to hear from your Heart so they can communicate with you as well with the vibration of their hearts. So Beloved Hearts! Let's make contact,



love yourself first with all your heart, then let the magic begin. Travel the present in the best expression of yourself!

I am Mut, Divine mother of the Gods♥

Namaste!

Happy and magical contact!



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Divine Beings, Divine Intelligence,

What is Karma,

karma: ['kərmə] (listen); Pali: kamma; Hindi: कर्म, translit. karm) means action, work, or deed; it also refers to the spiritual principle of cause and effect where intent and actions of an individual (cause) influence the future of that individual (effect).

To hurt or devalue life is no one right, regardless of how big or small, human or not, could be. I like to share this beautiful spider doing what she knows better to do on her life cycle, getting ready to feed her little ones; suddenly, I feel honored to see this amazing moment. Later on, when I put the pictures on their file, I noticed this extraordinary divine intelligence.



One must consider that we all are part of this beautiful planet earth. What seems ugly or disgusting to many is only part of ONE subconscious mind programmed to feel this way about life and situations. Some people may see a spider and kill it; some like me celebrate this human connection; how ONE could kill a tiny, helpless being when we all

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are part of the microcosmos as well, all that is has the Divine right to be here right now regardless of the circumstances, regardless of its appearance.

Many ignore that there are parts of yourself going on at different realities of time and space and even on other foreign planets in the cosmos. You would be surprised to know and maybe frighten of the appearance you have chosen to portray wherever you exist in time and space. Many handsome people have proved to be the more frightening beings, just as others may call the ugliest person becomes a loving Heart. As for this, probable reality could be a frightening experience to see yourself the way you choose to look at whatever dimension you are going on right now.

Now, the point is that when a person labels things and even demise them, ONE creates a low vibration in ONE personal field. When allowing your heart and mind to become one peaceful unit without the ego, the label of anything disappears from your thoughts.

Then you had made a clear conscious choice; for example, a spider always would be a spider; you cannot say that the spider is beautiful or is ugly because everything is made of the light of the Creator of all beings and consciousness. To understand absolute love, allow all your thoughts to enter ONE's Heart and brain consciousness unaltered by labels or expectations or ego and judgment. Every time ONE judges, ONE thought creates that vibration.

When you divide your thoughts into a positive or negative reaction, you have altered them into a low or higher vibrational frequency value. Instead, practice unconditional love regardless of the appearance of a thing or an individual. This process is how ONE has elevated consciousness and honored ONEself with all around you.

The idea of experiencing other beings from other planets is to understand that you could be one of them going on at different times and spaces.

As I enjoyed watching this fantastic spider, I decided to take a picture and see a close-up of what appeared as downloaded the picture on my files; look at the center of the spider. A divine being, intelligence, was there watching me.

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In the second picture, ONE can see the divine intelligent being watching, yes! The first picture is looking forward, and you can see the eye's iris on the second picture looking into her left. And just when you are present to the present and observe the divine connection to all, you would be able to experience a now different reality other than just texting on the cell phone without notice other realities around you.

I am you, you are me, I am everything, and everything is me, we are ONE.

When trusting and allowing ONEself to be and go beyond everyday experiences; when ONE understands the reason to be here; ONE accepts that ONE is ALL. And not by judging or disliking yourself or others will you understand that we are all components of a more excellent UNIT going at different stages of perfection, the one self-expression of the ONE.

Understand your abilities to befriend another time and space of the 5D (fifth dimension). Or beings from afar a galaxy, that is why you must open your Heart and mind to be able to change ONE way of thinking in striving to become greater than ONE already IS each

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day. You all are here, right now, creating new realities for ONEself and others because we are all ONE, including the planets and galaxies in the Multiverse. We are one! As I put away this message, synchronicity brought into my space something perhaps would make more sense to share from the perspective of a wonderful Andromedian incarnated as a human being.

Listen carefully, make your own conclusions, open your mind, and love yourself immensely always. Understand the importance of why as incarnated humans should be together, working for one-course UNITY CONSCIOUSNESS AND FREEDOM from those controlling Earth. Trust in your heart intelligence vibration; at all times when something doesn't feel right, just don't do it.

Thank you for listening, dear hearts,

Namaste!



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Angels are everywhere,

This message is not about guiding anyone toward or away from anything. As I was meditating and the whole divine plan of humanity, you might consider; You all are capable and willing to make your own decisions about your desires. You should be able to do that and much more; I desire you to discover how to achieve your desires.

The question now is: What great things would you attempt if you knew you could not fail?

This is where you can see yourselves beloveds people on Earth, creating and filled with love and abundance our planet earth, dream freedom from the concealed programs; you can do it if you are conscious enough divine souls. Just trust and let go of the idea that this is simply an imaginary concept and know deep in your heart that all this is REAL but what exists outside you.

Free yourselves, once and for all, from this eternal cycle of destruction and stifling de-evolution. You all are capable in ways you cannot even comprehend to enter a new era and a more advanced Matrix for yourself and your children. An eternal inner peace, harmony, feeling of joy, higher Vibratory light emanating from your heart at all times.

The stimulation through imagination is the awakening of ONE's 3rd eye, the ability to effect change and healing. The standard of success in life isn't the thing. It isn't the money or the stuff -- it is absolutely the amount of joy and love you feel.

And then I look up! There were all my loving companions on Earth!

Namaste!



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Trust wherever you are!

Dear Hearts,

Trust that you are is exactly where you are required to be right now, as these are valuable lessons to gain strength on your ascension.

Whatever your subconscious mind is, and when you focus upon lack in an attitude of complaining, you establish a vibrational point of attraction that gives you access only to more thoughts of complaint. Your deliberate effort to tell a new story will establish a new pattern of thought, providing you with a new reality on your present situation and not about your past or future.

Bless those who are finding abundance since, within your blessings, ONE will become abundant, too. But in your cuss of their abundance, you hold yourself apart from it. One cannot receive vibrational frequency that one is not a vibrational match to it. The simple effort of looking for positive aspects will set a new vibrational tone that will begin the immediate attraction of thoughts, people, places, things, circumstances, times, and events pleasing you.

Many on Earth has a path to follow; many of us are to follow those in their path, to become ONE! Find your way, find your truth, and stick to it like a stamp! Until you get to your new destination, many blessings to you all, dear hearts. It has been an honor to have the pleasure of know part of you, all divine beings of the light.

I love you! I wish you peace in your Heart, abundance on your spiritual freedom, and your mind to soar and find your way into the 5D.

LOVE is the Key, ♥



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The Magic of Mars and Venus

I like to share the self-portrait I made about ONEness.

The Magic of working as ONE unit, your masculine and feminine energies, Gender is in everything; everything has its Masculine and Feminine Principles Gender; manifests on all planes of existence. This Principle embodies the truth that there is GENDER manifested in everything. The Masculine and Feminine Principles ever at work in unison, balance the physical plane, and the Mental, even spiritual planes are real.

The Principle manifests as having a male of female SEX; on the higher planes, it takes higher forms, but the Principle is ever the same. No creation, physical, mental, or spiritual, is possible without this Principle. An understanding of its laws will throw light on many as the subject that has perplexed the minds of humans.

The Principle of Gender works ever in the direction of generation, regeneration, and creation. Everything and every person contain the two Elements or Principles, or this great Principle, within it, them. Every Masculine thing has the Feminine Element also; every Female also contains the Male Principle.

If you understand the philosophy of Mental and Spiritual Creation, Generation, and Regeneration, you must understand and study this Hermetic Principle. It contains the solution to many mysteries of Life. We caution you that this Principle has no reference to the many bases, pernicious and degrading lustful theories, teachings, and practices taught under fanciful titles and prostitution of the great natural principle of Gender.

Such base revivals of the ancient infamous forms of Phallicism tend to ruin mind, body, and soul, and the Hermetic Philosophy has ever sounded the warning note against these degraded teachings, which tend toward lust, licentiousness, and perversion of Nature's principles. Therefore, Hermeticism contains nothing for you along those lines. To the pure, all things are pure; to the base, all things are based.

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The Awakening of the ONE downloads from the fifth dimension.

Beloved Souls on Earth.

We are in a new future full of new opportunities to explore our senses to their maximum capacity of expression, to free ourselves of those that control and poison us. This is why we thank the controllers for teaching us that we can live in harmony and help each other live free.

How does it feel when observing the image of those captives star beings and their star family's pain in another world felt for having lost one of their beloved beings, just like we loved our families and friends. Imagine if we could visit other worlds. Suppose ONE is kept in the controllers' hands that study us as phenomena until we stop living one day because of their experiments. And instead of celebrating our encounter, they destroy and slander us.



It means that in public news, negative things are posted against the good name, fame, and honor of a person, primarily when said or written is false. What would you feel if you were treated this way on another planet by the controllers?

What would you feel if you were taken to experiment in a laboratory? Without having the opportunity to send your message of LOVE and freedom or to demonstrate that we can free ourselves from manipulation

here on Earth, which is why governments do not let us receive this information.

Governments have control of the planet with fear programs and movies in order to cause collective panic. They say the Extra Terrestrials will come to destroy us.

Understand that if they wanted to destroy us, they would have done it 100 years ago and have not waited until 2017 to do it.

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December 2017 is another stellar ascension cycle of 26,556 years, where our mother Earth, known as Aria, ascends to another dimension. Our planet is moving so that it can continue to support our descendants, to bring them into an era of light, freedom, and unconditional love. Love from above to us down earth is why many can receive information through telepathic consciousness.

Many earthlings can see, hear, feel, and understand the messages of these beings from other planets that are defending the Earth to help us wake up. They cannot change the laws or give us money; money is manipulation and perception of the third dimension use to control the controllers. In the end, love will win over everything that is not.

When humans take a stand to go on with the firm intention to be free from governments, religions, diseases caused by chemicals in the air, water, earth, even used on fire, humanity will shift into a higher level of consciousness, infinite love, all united across the world.

We all soon reunite with our stars' families, as many have lived and died many times trapped on earth, and each reincarnation has more capacity and evolution to awaken others. This is why many have new skills like teleportation, levitation, psychic powers. Etc. Humans have the power never to die, to be born again, only changing the body.

That is why reptilians influence many after leaving the physical plane. They know how to manipulate the ethers altering the DNA so that when ONE's incarnate anew, the emotions and actions are directed by them. Just like some of the Zetas malevolent gray E.T's. Experiment on human genitals with the idea of procreating their race, in this case, to continue surviving. Due to whomever in control of their race once discarded and destroyed their planet. Forgive them because they have only tried to survive as a race. Forgive all the wrongs that exist in this world. I love you and forgive you.

The Awakening of the ONE downloads from the fifth dimension.

Even though the reptilians found a way long ago to survive within our bodies, implanting their eggs to be connected at any given time. Here is how to ask for help from our beloved beings, the Arcturians. When you repeat this prayer, let your voice come from your Heart, understand that all communication with other beings of higher vibration happens with the voice and the vibration of your Heart.

Beloved Arcturians,
Would you please take all of the reptilians that are harassing me to the light. Would you please go as deep as you can, follow the energetic threads of group or groups of reptilians harassing me and take as many as you can to the light.

Know that subsequently, the new Earth Aria fifth Dimensional reality and the awakening of humanity ascension, planet earth would be ready for the most beautiful extraterrestrial contact of all times. These arrivals worldwide will help us regenerate our cells and live with ease in the mind and body's ONE has incarnated right now, for at least 500 or more years. A new Earth where humanity and beings from the stars live together as ONE in the age of the Golden Light unconditional love like never before.

To all humanity in the world, divine souls of light, leave behind the programs of fear. Give yourself the gift of free will, to become a new way of living for freedom of the soul and multidimensional expression of spirit and unconditional love of the creator of the multiverse to give the best you can be and welcome to our families from the stars.

A reality of planetary ascension in which all awaken earthlings will be ONE consciousness. I call to LOVE all your hearts, from my Heart. I am Goddess and creative life force to tap into yours, let your Heart tap into it.

Always, ♥



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Vibrational Communication

The Universe responds to your words and thoughts via your emotional frequency; it is also sometimes called universal energy. Everything in the universe is made of vibrating energy. Some things have a higher vibration or a lower vibration.

Lifeforce energy is something that flows through all living things. It sustains and nourishes our bodies, and it can be used to support and increase the body's natural self-healing ability. Higher vibrations equate with greater potency. This is why ideas and language ultimately change the world instead of machine guns and fighter jets.

The world is made of language, and as our communication skills improve, our place in the world does. The Universe is reading and responding to your vibration every moment you choose to think or feel, and the less visible something is, the higher its vibration. Just like emotions and consciousness vibrate on a higher frequency than tangible objects.

Love or hate, for example, vibrates at a higher frequency. Therefore, thoughts, being invisible, have tremendous power. So you are what you are thinking, you embody what you speak, just like when someone says; I hate this or that, etc. This person hates him or herself! When a person says I love nature, I love this, that, etc. When ONE loves their own life, it is only a matter of time where the person's nature awakens. Just like nature does, gently moving on each season with the natural process to change, transmute, and come back again.

Language comprises words, which are invisible thoughts shared via invisible sounds waves – their power potential is enormous. This is how Language is the way to engage and have the power of the world. Each individual on Earth has the power to create love since we all are made of love and capable of speaking love.

But many just forgot how!

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It's been said that the world is made of language; moreover, Quantum physics has taken physics to a place where scientific theory breaks down. Anyone can witness the power of love frequency of vibration capable of moving mountains.

Language verbal expressions,

All words can confound or contradict ONE normal understanding since words as use and made of beliefs as concealed programs received at infancy.

So how does all of this apply to anyone?

Well, rather than speaking a programmed vocabulary, One must think before speak "TBS," re-organizing imagines into interpretations of reality to inspire us to reflect more deeply on the power of language and the words we choose while speaking into the space of the universe. The universe is not out there or above; the Universe is you. When ONE understands that the world at large matches ONE's frequency, it can motivate us to re-examine ONE's communication skills, language is the way to align with the positive power of the Multiverse. Therefore, it works on your behalf and aids you in reaching your expression of self at its fullest potential.

When ONE cultivates and entertains a positive or negative feeling, ONE connects to the emotional frequency word expressed regardless. Therefore, the world around you can respond accordingly by sending you to people, places, things, times, events, and circumstances that better match the vibrations you are sending out.

Often those things ONE's taken for granted are the most fascinating and powerful. The mere fact that thoughts vibrate can be carried through the air, to your ears, and interpreted within the brain (assuming an even remotely similar lexicon) is truly powerful and magical.

Therefore beloved beings. The occasion is now to wake up! How and what are you entertaining by expressed via thoughts, actions, words, and emotions to others?

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The connection to ONE's higher self is well known to be the closest part of God that lives in your heart of all. It is a self-love connection recognition for one's abilities to experience life for what it is, a magnificent gift instead of letting the ego exist.

As ONE continues to move swiftly toward that understanding, a level of ONEness brings you to your next highest evolution within your collective.

Especially to those who are still slumbering, have still not come to an awakening state; even to them, changes are happening within their frequencies. Spiritual changes are happening to all DNA shifted and recalibrated since everyone sleeping or awaken will shift no matter what. Their third eye centers are beginning to open just or already has.

The ascension process guides anyone to eventually connect with their higher selves to assist Earth's ascension. Its new stellar cycle is a yarning lifetime event; many incarnated ONES have the privilege of experience by changing world history to free humanity into a new WORL evolution of loving beings of golden light.; higher self to higher self will speed this process of higher vibrational consciousness, where we all become ONE to speak and create from the ONE HEART OF ALL.

The Occasion is now to move beyond this charade. The Occasion is now to go beyond the 3D falsehoods. The Occasion is now to recognize and accept the truth.

As said many times, 'the truth shall set us free,' LOVE will triumph above all. Just open up to love! Share your heart-loving frequency, and love will reveal to you all.

The Occasion is now, let go, and embrace the magnificence of who, indeed, you all are. The Occasion is now to understand the presence of your beingness on earth.

LOVE FOREVER!



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Light Language

All is made of light traveling like the first stage of incarnation; within the light, the sounds come and can be experienced in many ways—no need to label it, since this is the language of the Multiverse light force within all.

The sound light frequency of nature happens when the birds sing to the trees; the trees with their one thousand cells share this light language with the grass, the flowers, and it all goes recycling in circles. From mother earth up, and from above, down below mother earth.

Gaia knows how to share this light language of Omni love, like a beautiful lake view filled with all sorts of shades and colors. A sunset, a night full of stars, the warm or cold wind recognized, the fire of the sun caressing as a gentle heat. These all are light language to me.

Each one of the expressions of the four elements shares their best expression in the form of Earth, water, air, and fire, etc. When quiet the mind, the air whispers that I am love, caressing each part of my soul.

Together the Earth and the sun create a symphony of light, sound expressions, and colors of wonderful vibrations.

Wake up, dear hearts, remember that you learned the most sublime and delicate light language with your heart when you were in the womb. You were and are nurtured within the process of each age and stage of your life's rebirth. You are the expressions of light language and always eternal.

Remember, dear hearts, you are part of the most magnificent creation of the Multiverse. Within you is the key. Remember why you are here and where you are going.

Trust in your Heart, and you will know; how to see, feel, taste, smell, and speak the light language. To communicate with our galactic families as for they all speak the light

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language. We are not different from ONE another; we are just located in different versions of time and space within the multiverse of the now reality.

Because without skin, we all have the same flesh, without the flesh, we all have the same bones, and when we go deep within the bones. Light is the frequency force that holds the body's physical form; the body feels more comfortable in the reality of resonance in relation to sound and light vibration.

Light is free, so it is you, light is Multidimensional, so it is you, the Universal language that connects us all with our star families. We all are beings made from the light of the creator of the multiverse. My interpretation of light language is all that I can be, I am you, and you are me; there is no difference as we all are ONE.

See, taste, feel, sense, touch, listen to the frequency of light vibration from your Heart. I thought you like to remember divine souls. Remember, you are love. Therefore light is the most beautiful expression of you.

From my Heart to your hearts.



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Be before you are.

Dear hearts! Be before you are,
Find the best way of expression to make contact with the whole expression of the Universal mind, feel your connection, allow the flow of energy to fulfill your soul so that you can accomplish your noble desires in life.

Many beloved Hearts receive the information channeling our beloved Arcurians, Pleiadians, Andromedans, other star families, etc. I receive downloads, kind of a fax from source to transmit to those listening. What a marvelous nuance of the rainbow we all are. Like a subtle difference or distinction in expression, in response, on how is it that source want you to connect with it.

Listen with the ears of your Heart; the answers have always been there. Speak the voice of unconditional love. The One Heart within all, it is then that you will BE before you ARE. There are those that don't even know we helped pave the road they are walking, where they found the courage, how the inspiration came, or why they knew the words to use. To be blunt, you, beloved hearts!

You are the way-maker for all those who are awakening from a very similar history of density.

We all are One.



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Shifting to global consciousness,

Beautiful hearts on Earth, whenever you wake up with tears in your eyes. Make an effort to journal your experiences when visiting other dimensions. With practice, you can detect even when the dark ones are harassing you before you wake up with their imprints on your consciousness and their none sense.

Take a moment after wake up to feel calm, center, loving, observing without judgment. Know that everything happening now is for a reason and everything that occurs has a higher purpose.

As you breathe in and out, exhale, connect to Mother Earth, feel your life force vibration of unconditional love. Love the air you breathe, love the water you drink, love the Earth you walk, love the fire that ignites your being into following your noble desires in life. Only then will you know what is next. What would you create in this new day? Consider spreading the connection to all as wide and far as possible with your loving light and presence.

Let us start by Forgive.

Forgiveness has an incredible healing power: It has the power to disable any thoughts and emotions of low vibrations. Isn't that what every sane human being would like to see happening?

Why allow past unpleasant events to dictate how you feel and act in the present moment?

Why allow the emotions to spoil the clean air of your present moment with their stinky and polluted emanations?

Why are you holding on to these poisonous influences? Isn't it a sign of a severe addiction to feel this way?

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Forgiveness is what allows you to disengage your mental and emotional patterns from these detrimental habits. Forgiveness is what allows you to create open spaces within your being so that they can be filled with new, positive, emotional experiences, like the exciting feeling of a new trip.

Yes, dear Heart, experiences occur at multiple levels of your being, and these layers are interconnected. Whenever an expression of Beauty strikes you, feelings of gratitude and appreciation automatically surge into your being and create wonderful emotional and spiritual 'highs.' It happens to everyone, whether or not they are aware of their spiritual nature.

Forgive could be compared to severing from your beingness any attachments of low vibration in your life. Such low exerts of strong emotional gravitational pull that prevent you from enjoying your life. You are, foremost, a spiritual being. Yet, you are the ONE to decide at which level to spend your life, as each level directly impacts the quality of your experience.

Forgiveness truly makes you lighter and sets you free. It lifts accumulated debris off your shoulders and hugely facilitates your forward ascension toward your eternal life purpose. Whenever you forgive, you are dumping out of your system emotions whose dead weights have oppressed you and prevented you from breathing more freely. Don't you notice how the heavy emotions of grudges and resentment, fear and their likes, speed up your heart rate and shorten your breath?

On the other hand, whenever the healing balm of peace is applied to each layer of your being, your breathing slows down to keep up with this comfortable and soothing emotion. Your heartbeat slows down as well, and a feeling of euphoria moves in.

Such a process does not happen overnight, like so many difficult memories and emotions may have found their way into the confines of your being throughout your life. You did not know then that you were equipped with a powerful evacuation system:

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Forgiveness.

Forgiveness recycles these undesirable emotions. It processes them in a healthy way; rather than suppressing them, it allows them to come up to be once and for all dealt with and meet their expiration date. It deflates them and reclaims their mental and emotional territories to landscape them with brighter and more vibrant thoughts and feelings. It is that simple and yet needs to be constantly practiced to create new inner patterns.

You may not be able to forgive everything at once, but by setting your intentions on Forgiveness, you will be made aware of areas needing attention throughout your days. You will realize that you have been hoarding a lot of unprocessed emotions and that you can make a dent in this unhealthy accumulation little by little. You will also learn not to add anything to that junk pile but to discard right away whatever you do not want to see integrated into your being.

Whit all this been said, I like to share my mantra with the desire you feel or find the one that ignites you to be the ONE who can transmute the gross in the best way possible for everything that breathes.

Tell yourself: What great thing would you attempt if you knew you could not fail?
Namaste!



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I am Light and Love!

Dear Hearts,

As you wake up, feel excited because you know that you are creating a new day; therefore, consciously moving to ONEself sublime light force to grow strong in the best way possible for all on Earth. To be able to walk through the gate of the fifth dimension within your consciousness.

When ONE moves through conscious choices leaving behind the perspective of separation, the yearning of this loving emotion soon becomes a new reality for all—remembering to be in the presence of all beings of higher dimensional light from the fifth Dimension. Beings from other worlds, some may have form and other just divine light.

Imagine a day when we used to be one conscious and multidimensional family all together creatures and beings of light, sharing and communicated with a natural language of all time and the vibration of the one Heart of all LOVE!

Omni love is the Multiversal frequency that can transcend into other galaxies from your heart to others, and It is within always! Love is the verb that leads the soul and spirit to freedom!

So let us be free as many souls are ready to shift into higher vibrational consciousness, allow the frequency vibrations of the ONE Heart of all to awaken within your being.

Say, I am Light and Love! The more you believe, the more everything turns out. Believe and trust!

We all are LOVE!



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LOVE,

Avoid dwelling in the past; do not dream of the future; concentrate on the present moment. Just think about it what you are doing to others you do to yourself. Every so often, we heed our inner voice. If we only take the time to listen more closely to what our Heart is telling, you may be surprised to discover that others think just like you. Because we are all ONE, going in different time lime withing the same reality!

Being a woman or being a man is not that easy as it may seem. If only we change what is negative and turn it into a wonderful expression of what we came to do on Earth. Perhaps this is what it would be like: Be present always; ultimate consciousness is always present everywhere. It is beyond time and space, with no before or after. It is undeniable and unmistakable. So what can be said about it? Being in Love is so good for us all, often when ONE is newly in Love, things that have been bothering for a long time change for the better. Something wonderful is calling most of your attention, so you are holding yourself in a better vibrational place.

And so, you must understand that the best you can offer to yourself is when you are either being a man or a woman. In this reality, ONE must stop waiting for happiness to come from the opposite sex. When a man and a woman respect themselves for what they are, this ONEself with immense dignity and, more importantly, when ONEself love begins by loving ONEself.

It is then, your surroundings will transcend the laws of time and space because to love yourself does not depend on others around you. Instead, to identify with your inner power of self-worth, this is the beginning of your Infinite Light and atonement of ONEself unconditional Ommilove and all that is. Therefore the whole of the Multiverse will send you back the same loving frequency you are emanating, and everything and everyone will truly love you back for being yourself.



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Unconditional Love,

Babies today had been equipped with more consciousness; their DNA had learned to survive to adapt to make the ascension a fun place to be. There is so much to learn from them. They are here to teach us that the programs we received when we were babies are obsolete. Yes! The matrix programs, just like when we were tested and continued to do been tested since we remember going to school until university. We have been tested to let them know we learned the program.

Those in control teach us we should study hard to learn their programs and to become their puppets. Growing at age 22 to 28 with a debt of 20 thousand or more scholarship given as support, to pay as soon we leave the school. Well, they already own many lives, and many become prisoners of their game.

Today, in our best interest is to teach our children to be out of that conventional program to let them be and not conceal their minds with the yes! No! Don't do this! Don't do that; be quiet, etc. Once upon a time, a child boy at school began to paint out of lines, vibrant colors, putting together a collage of shapes without clear images for the best of his knowledge. The teacher comes and says: What are you doing? What is wrong with you? You should paint like everyone else! This is not the first time, and I'm tired of repeating myself to you. I should tell your parent to send you to a special needs school. The teacher and other children laugh at him. We all know this song.

The boy had Synesthesia (also spelled synæsthesia or synaesthesia; from the Ancient Greek σύν syn, "together," "sensation") is a neurological stimulation of one sensory or cognitive pathway that leads to automatic, involuntary experiences in a second sensory or cognitive pathway. People who report a lifelong history of such experiences are known as synesthetes. Unfortunately for Vincent Van Gog, the teacher took this as a sign of insanity and forced him to leave.

Today famous people like Billy Joel musician, Geoffrey Rush Actor, and many others, after some struggles in their life's become famous with their gifts.

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Like many with an amazing voice, A Girl is singing; her mother works all day as a nurse one day. She came earlier to pick up her daughter from daycare; she was excited and happy to see her mom since she only sees her mom when she wakes up and goes to sleep.

She began to move around jumping, talking, doing anything to get her mom's attention; she wanted the now moment to be special for her mom, and she began to sing. "Could you stop that? Please, you have an ugly voice, and you are giving me a headache!" the mother said. The girl stopped; she sat beside her mom quite, figuring out which language to speak to her mom. Many heartbreaking realities are going on right now.

The following lines are for all millions of divine mothers, women with children of planet earth. Share your Love from the ONE heart frequency into their energy across the world. I am transmitting telepathically to them to state into their space.

Feel unconditional Love and compassion without ego or judgment. To all our children, trust them, and let them teach us what already has been forgotten. To their minds and hearts of these babies already born and those new ones ready to be born. LOVE, these children, their pure consciousness, created, carrying unconditional Love of the Creator of all beings. Love them all shifting their realities to set and be accepted by their new parents for what they are Beautiful ANGELS.

Right now, as we visualize many babies in the womb of their moms. Close your eyes, love them, feel them, and tell them. I know you all, I feel the frequency of your pure hearts, and I bow to you all to honor your pure essence. I respect your decision to incarnate at this time of ascension in the now reality. Thank you for coming to help us shift our beloved mother, Aria, into the 5Dimension. Thank you for your loving frequency and pure hearts that remind us all that once we were you. Love those born and those who are feeling your heart-loving frequency in the womb. Feel this light language from the Creator of all beings, the One Heart; you all are beloved beings of

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light. I welcome you with open hearts and arms, and I salute you from my Christos Avatar self to your Christos Avatar self-beloved diamond light and crystalline children of the new world. For your arrival and commitment to our planet now. I commit to assisting you wherever you are, encouraging those who feel this frequency from the One Heart of all. To accept the beauty of your soul and the gifts you had for all of us.

Through your eyes, I am committed to loving you when you are in pain and having a difficult time; even without physical gesture, I am sending you all unconditional Love from the ONE Heart of the Multiverse to your Hearts. Beloved and Divine babies on Earth, I love you very much, and I welcome you on this planet. To all of you grown-up people of Earth, remember your gifts and your missions because you were once these newborn babies, those who are here right now.

It is clear now that many parents would allow them not to go through the conventional learning or ordinary schools to learn the matrix's programs. Learning to support your children and homeschool them, and raise them with Love in many unconditional ways is the key to a new reality in the now. Connecting with your true purpose, dear ones is it not so that this is the big question mark for many of you.

Why am I here at this time?

You understand already that you are here at this time to be of service to assist others, assist the Earth Mother to assist with the transition into expanded consciousness; 5th-dimensional vibration, which we also call Christ or Unity Consciousness. For many of you, this is as clear as day that overall, this is your purpose.

Humanity is moving to the reality of freedom, seeking to achieve this on an individual level. Perhaps through becoming a healer or as being the best expression of yourself. Perhaps learn to use sound to heal others, perhaps channeling your gifts of creativity, painting, bringing your Love through making food for the rejuvenation of others.

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Those who do not have spiritual occupations, ask yourself if there is another way of being of service for the highest good of yourself and all others, from my part as a DNA practitioner. I am assisting those ready to be the new leaders of the new Earth Aria, to lead a new generation of beings of the light with unconditional love. If you are interested or want to know more about DNA activations, follow the link below. It will be an honor to be part of your exited new reality and awakening the God or Goddess within from their sleeping dream.

<https://www.bestdnaregenesis.com/>

I am a Pleiadian; I like to share this message I receive from my star family, the Pleiadians; to you all dear hearts;

You all are part of something much bigger than you can understand. You have experienced and know that help has been granted to those who are true within their hearts. Each of you, beloved children, has access to a vast vault of knowledge and riches available in divine right and divine order. To ask for assistance, you only can make it happen by using your heart's conviction to better and open the portal where your pure Heart will guide you to reach for your own star.

Dear, people of the Earth, worrying about an inexistent future only creates fear and an imbalance within your etheric field. Trust, follow your heart desires to surrender to your higher self, the closest part of God within you. Let your ego-mind in the 3D and allow your spirits to soar the seas of the 5Dimensional consciousness, the unlimited potential of your multidimensional being to BE!

We are the Pleiadians,



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What is DNA activation?

As a DNA practitioner, once I activate the DNA, a person's brain cells and brain patterns begin to respond, and each chakra starts spiraling bursts of energy throughout both sides of each chakra. Once these frequencies totally anchor, it is not uncommon to notice detoxification of the physical body - most likely in about a week after the session.

Since the activations increase a person's frequency significantly, it is essential to get the proper nutrients, vitamins, and supplements during the integration time after the sessions. Minimally, consider taking a multivitamin and a daily calcium supplement to help with this, and drink lots of pure water. As far as diet goes, you should use your intuition and listen to your body's cravings. The changes from the sessions don't just happen overnight. Yes, you feel enlightened not as the light of a candle instead as a feather since all demons, elementals, reptilians, attachments, and much more are out of your mind and field. You will notice continued subtle and not-so-subtle experiences for the next year, at least. Always in the best way possible for your self-actualization.

Moreover, the benefits of activating your DNA are the law of evolution of time and space; Your DNA carries the multitude's secrets of the Multiverse, magnificent creation. The law of evolution of time and space is immutable and therefore perpetual, always unlimited as your divine truth according to the creator's divine plan of all sentient beings. Always in Vibrational Alignment with Source, and therefore in alignment with well-being, and therefore consistently feeling GOOD (which is how you know you are IN alignment). Creative evolution is always ongoing, providing lessons for those willing to become ONE with the whole.

Every evolutionary mortal is at birth given a divine blueprint capable of reaching higher vibrations of unlimited possibilities. According to each individual free will of choice and a functional mindset, some effort can be enlarged upon your present reality. The sublime divine birthright to become the light of truth and multiversal omnipotent love.

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The following is an analogy to help you understand the relationship between DNA Activation, Spiritual Evolution, and the AT-ONE-MENT with Source if the information above seems to be elusive.

Below is an example used by my mentor to describe and understand how DNA activation works on a person;

Imagine that you as a being are a HOUSE, with 12 rooms (which represent the 12 strands of DNA). Each room represents a different level of your consciousness when the lights are turned ON in that room. Each room has a light switch which has a dimmer switch attached. The dimmer switch has 12 different levels to it (representing the 12 fire letters between each strand of DNA).

Imagine that Source or God is the Source of all Electricity. It is like the POWER PLANT that generates electricity for ALL. In order for the electricity to get to YOU, the HOUSE, the electricity has to pass through many grids, lines of energy, transmission and distribution channels, and has to be stepped DOWN to where you can USE the energy without it blowing up the wires in your "house."

It has to travel through a transmission substation (Universal and Galactic grids), next through a power substation (Planetary Earth Grids), high voltage transmission lines (Axiatonal and Ley Lines), and then through a TRANSFORMER before it comes to YOU, the "house."

Presently, the electricity to all 12 rooms is possible, but 9 of the rooms are BLOCKED in your house because there is a problem with the transformer in your "neighborhood" (Earth). You were leaving to begin with only 3 of the rooms accessible to the electricity, So it is only possible to turn the lights on in 3 rooms of your house, which allows you only 3 levels of consciousness. And in these 3 rooms that HAVE light, out of the 12 possible settings on the DIMMER SWITCH, the problem ONLY allows you to turn the light up to LEVEL 4.

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This represents only being able to turn on 4 of your 12 fire letters of each DNA strand. This only allows 4 chemicals to MANIFEST in the PHYSICAL DNA (A-T-C-G). Normally if there WASN'T a blockage, 12 chemicals would physically manifest. So all of the "houses" on the planet, even plants and animals, falsely appear to have Base-4 DNA. The blockage also only allows 46 chromosomes to physically MANIFEST, whereas 144 chromosomes would be there if there weren't a problem.

This has affected how everything in your "house" works (your brain, metabolic rate, LIFESPAN, and makes the house DETERIORATE extremely RAPIDLY. So for the MAJORITY of houses in your "neighborhood" (Earth), there is not much LIGHT since you can only TURN ON the light in 3 of your 12 available rooms, and only up to level 4 in some rooms within your house.

And after a while, due to the DISTORTIONS in the TRANSFORMER of the "neighborhood" (Earth), the rooms' electrical outlets would eventually just SHORT OUT, and ALL of the lights would go OFF. The house would just COLLAPSE (biological DEATH, which is unnatural for humans).

And it has been this way for a VERY, VERY LONG TIME. Recorded in history as long as most of the "houses" can remember (since 25,500 B.C.), and today we are moving, shifting, and ascending through the process of stellar cycle activation. So most of the "houses" have actually ACCEPTED it and think that this is the natural way by which their houses are supposed to WORK... They are USED to only have so much LIGHT and think that this "turning off" of ALL the lights after a certain time (death) is a natural thing.

They FORGOT that ORIGINALLY, they were able to turn on ALL 12 rooms of their "house" and thus ALL 12 levels of their consciousness, become more ILLUMINATED houses and that the LIGHT should NEVER turn off because they are constantly connected to the SOURCE of all electricity (energy) and can RECEIVE this from Source.

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The indigo beings on planet earth are different beings from those on Earth; for the purpose of this analogy, I have called them Indigo-colored houses. NOW, There ARE some houses that DID remember this. Most of them were INDIGO colored houses, and thus THEY worked to RESTORE their ABILITY to RECEIVE the electricity in THEIR houses by rewiring it and removing various blockages in the "transformer" (Earth) that were preventing the electricity from being RECEIVED from the Power Plant (Source).

So THEY were able to TURN ON MORE of the "rooms" of THEIR houses, and this provided more LIGHT to the whole neighborhood (Earth). It ALSO gave hope to the OTHER houses of what their potential WAS because they saw how much MORE light these "Indigo Houses" had ACTIVATED. So it gave them the MOTIVATION to do the SAME, and thus they decided to LEARN how this was DONE from the more ILLUMINATED houses (the Indigos).

As more and more of the houses figured out how to ACTIVATE the ability to bring more "electricity" into themselves and TURN ON more of their "rooms" (higher levels of consciousness), they eventually met CRITICAL MASS where the whole "neighborhood" (Earth) was shining extremely BRIGHT, and this actually OVERRODE the original problem in the neighborhood transformer, and allowed MORE of the electricity from the Power Plant (SOURCE), to flow in.

Eventually, ALL of the "houses" were able to TURN ON not only all the 12 rooms of their "houses" but all the levels of the DIMMER SWITCH as well, to where ALL 12 rooms were at their highest light holding ability. This was when all of the houses REALIZED (self-realization) that they were ABLE to hold ALL the electricity (energy) from SOURCE in their houses (bodies), so they FELT and KNEW that they were AT-ONE-WITH Source.

And they finally also REALIZED that this Source Energy would ALWAYS shine brightly and that they ALWAYS had accessed to it, no matter whom or WHAT veiled or tried to BLOCK the electricity from flowing NATURALLY. This is how they were able to FEEL

The Awakening of the ONE downloads from the fifth dimension.

the EXTREME LOVE from Source and live ETERNALLY, always basking in Source's light.

If the "electricity" in YOUR "house" is ACTIVATED in ALL "rooms" (DNA strands) and running the way it SHOULD be, you have your "I AM" consciousness with you at ALL times. You KNOW yourself FULLY as Source, and FULLY in INDIVIDUATION, all at the SAME TIME, and the experience is a JOYFUL one.

And there is no such thing as "bad" or "evil" in that experience because you UNDERSTAND the Law of ONE and what it is all about, Unconditional Omni-Love. I trust this analogy helps you to understand the importance of DNA activation and how it works.

<https://www.bestdnaregenesis.com/>



<https://www.oracleprojectearth.com/>

I thank you for considering the words I have offered. Let your heart's intelligence guide you. May all lives be the magnificent presence of LOVE throughout your hearts, desires, and requirements to make the difference in the now reality. Whenever you venture in time and space, I always wish you the best.

I am you; you are me, and we are ONE.

Namaste!

Always, Sonia



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